

Carolina Launches Heels Care Network

New website to serve as central hub for mental health and well-being resources for campus community.

On Feb. 9, 2022, UNC-Chapel Hill launched the Heels Care Network website at care.unc.edu [1], which Chancellor Kevin M. Guskiewicz [first announced was in development in October 2021](#) [2]. The website will serve as a hub for mental health and well-being resources available to Carolina students, staff and faculty, including links to 24/7 support and suicide prevention resources. It also features a live chat and a link to an anonymous care referral form for anyone to report concerns they have for a student.?

?The Heels Care Network is a campus-wide collaboration that truly embodies our goal of creating a culture of care and compassion at Carolina,? said Guskiewicz in his October announcement. ?It is designed to help students, families, staff - anyone - find the resources they need to support their mental health and overall wellbeing.?

The central feature of the website is a comprehensive searchable and filterable database of [mental health resources](#) [3] to support all members of the campus community ? students, family, staff and faculty.

?What we consistently hear from students, parents and our campus partners is that there is a real desire to access mental health and well-being resources in addition to Counseling and Psychological Services (CAPS),? said Student Affairs Vice Chancellor Amy Johnson. ?There are many avenues to find the right support, and our hope is that the Heels Care Network coordinates the numerous resources from across campus into one easy-to-navigate website.?

The Heels Care Network website is supported by multiple campus partners to make sure the most timely and relevant resources and information are available to the campus community. The student peer supporters group [LSN \(Listen, Support, Navigate; pronounced ?listen?\)](#) [4], created by [Peers for Progress](#) [5], contributed to the site and will respond to the live chat.

To request more information or to offer additions to the mental health resources, organizations or educational content, you can provide feedback at care.unc.edu [6].

Source URL: <https://nsfp.unc.edu/news-events/news/carolina-launches-heels-care-network>

Links

[1] <http://care.unc.edu/>

[2] <https://www.unc.edu/posts/2021/10/10/a-message-from-chancellor-guskiewicz-on-world-mental-health-day/>

[3] <https://care.unc.edu/resources/>

[4] <https://care.unc.edu/lsn/>

[5] <http://peersforprogress.org/>

[6] <https://care.unc.edu/about/feedback>