WELCOME

TAR HEELS

A HEARTFELT WELCOME FROM THE CAROLINA UNION
About Student Life & Leadership

About SLL
The Office of Student Life & Leadership (SLL) brings together student leaders, student organizations, and student activities under one umbrella; making the campus a better community and home for students, staff, and faculty. Being involved in SLL programs gives students opportunities to enrich their academic and social experience at UNC.

Vision
Our vision is a world where all people are empowered to create positive change.

Mission
The mission of Student Life & Leadership is to create an inclusive Carolina community through engagement and intentional educational opportunities.

We are an office that values Authentic Connections, Collaboration, Integrity, Life-Long Learning, and Social Justice.

Follow SLL:

Facebook: UNCSLL
Twitter: @UNC_SLL
Instagram: @SLLUNC

For more information:
W: carolinaunion.unc.edu/departments/student-life-leadership
E: studentlife@unc.edu
Leadership Development

Academic Leadership Courses
EDUC 309 and EDUC 317 are leadership courses offered that help students develop their leadership style and skills through meaningful class dialogue, self-reflection, and practical application.

Leadership Week & Bell Student Leadership Symposium
Leadership Week (held in October) is a series of interactive and engaging workshops, lectures, panels, and one-on-one consultations for students at any stage in their leadership development. The week kicks-off with a day of service in The Triangle community and will end with the annual Bell Student Leadership Symposium, a one-day leadership conference teaching students practical skills and how to put them in action on UNC’s campus and beyond. Be on the lookout for a complete schedule in Fall 2020.

Carolina United
A four-day intergroup dialogue program that offers a brave and accepting environment for UNC students to explore diversity and identity within and between themselves.

LeaderShape
A six-day experience focused on leading with integrity and developing a vision while maintaining a healthy disregard for the impossible.

NC Fellows Program
Founded in 1967, the NC Fellows Program is a three-year cohort based program whose mission is to reimagine traditional understandings of leadership by engaging in meaningful dialogue, creating a supportive community, increasing self-awareness amongst its members, and encouraging positive change.

Spark Program
The mission of the Spark program is to assist self-identified undergraduate women of color in their transitions into and through Carolina, and to enhance the overall success of women of color on campus by creating a supportive community and providing opportunities for leadership and self-discovery.

L.E.A.D. Workshop Series
The Leadership, Education, Action, Development (L.E.A.D.) workshop series provides UNC students with the opportunity to participate in leadership workshops throughout the year that focus on leadership development within the context of academic, personal, and professional environments. Some of the topics include, but are not limited to the following: emotional intelligence, implicit bias, conflict management, inclusive language and values based leadership.
Student Involvement

Student Organizations
With more than 900+ student organizations, getting involved can be fun, easy, and a transformational way to make the most of your Carolina experience. Whether it’s competing in a sport club, joining a fraternity or sorority, focusing on cultural awareness, volunteering through community service, or taking up a new hobby, there is something for every Tar Heel to enjoy. Check out UNC-CH’s registered student organizations (RSOs) via Heel Life (HeelLife.unc.edu)!

Answering these questions for yourself will help you think about what opportunities you want to pursue:

- Do I want to work on something I believe in?
- Should I be in a group that relates to my major or career interest?
- What skills do I want to learn?
- How much time do I have for an organization?

Heel Life
Looking for an easy way to get involved? Heel Life is your hub to find upcoming events on campus, to join student organizations, and to track your outside-the-classroom experiences while at UNC. At its core, Heel Life is about connecting students through organizations and getting new students involved on campus. It inspires students to stay involved while at Carolina.

For more information: heellife.unc.edu
Carolina Union Activities Board

The Mission of the Carolina Union Activities Board (CUAB) is to create fun, diverse, inclusive, and stress-relieving student-programmed events that unite the Carolina Community.

As the second largest student organization at UNC, we strive to provide events that appeal to a wide array of Carolina students. Our 150+ programs include:

- Free Lectures
- Slam Poetry
- Trivia Nights
- Free Films
- Game Nights
- Concerts
- Comedians
- Art Galleries
- Roller Skating
- Bubble Soccer
- Performances
- and a whole lot more!

For event alerts and info, follow us:

Text @cuab to 81010  unccuab
@CUAB  @cuab_unc  @cuab_unc
ABOUT the UNION

CONTACT INFORMATION
carolinaunion@unc.edu
919-962-2286 | NC Relay 711

FOOD IN THE BUILDING
Wendy’s: first floor, South Road entrance
Alpine Bagel: second floor, Pit entrance
Vending: first floor, Underground Lounge & second floor, 2500 hallway

HOURS OF OPERATION
Regular Building Hours for Fall and Spring Semesters

Monday–Friday: 7:30am–1:00am
Saturday: 9:00am–1:00am
Sunday: 11:00am–1:00am

Please visit carolinaunion.unc.edu for the most up-to-date building hours.