This introductory course serves to develop a foundation in the breadth and depth of public health, locally and globally. Students will develop an understanding of the basic concepts of the public health disciplines and how they are used to promote health at a population level.

**Course Objectives:**
- Demonstrate an understanding and awareness of the diverse fields of public health including biostatistics, epidemiology, health policy, global health, environmental health, etc.
- Have an awareness of the difference between practitioner oriented health and public health.
- Compare public health in the U.S. to other countries to realize the global nature of the discipline.

This is a seminar-based course where students have the opportunity to learn about public health topics, research, academic paths, and careers. Each week there are different speakers who represent different disciplines within public health, community organizations, and national agencies and will provide current examples of how research and practice are integrated to promote health locally and globally.

**Previous speaker topics have included** America’s opioid crisis, field epidemiology, biostatistics and pharmaceutical drug trials, refugee mental health, HIV & AIDS, global health, our aging population and nutrition, healthcare systems and administration, medical doctors who practice public health, peer support and maintaining healthy behaviors, etc.