Week of Welcome (WOW) kicks off Tar Heel Beginnings, intentionally designed fall programs seeking to introduce new first-year and transfer students to the expectations, resources, and involvement opportunities during their first semester at Carolina. Throughout WOW, new students are invited to attend a diverse array of academic and community-building programs to help them through their transition to Carolina. Below is a key to help you identify WOW events by the three elements of the Carolina community. The competencies of each element are displayed throughout the WOW schedule of events on pages 3–26.

Carolina Excellence is a unique way to help you connect across people, ideas and experiences through programs and opportunities. You can maximize your involvement to explore who you are, discover your personal brand and develop a record of your accomplishments. It inspires transformative learning and skill development to assist you in taking your next steps and changing the world. Connect, discover, and transform. Carolina Excellence...the legacy is yours.

Carolina Excellence fosters learning and success by engaging you in learning opportunities designed to help you develop critical skills or competencies. The initiative emphasizes Dynamic Learning, Personal Growth, and Community Engagement.

**Dynamic Learning**
Dynamic Learning is the process of intellectual exploration that leverages communication skills, creativity and critical thinking to express one’s commitment and capacity to address real world challenges.

- Communication
- Creativity
- Critical Thinking

**Personal Growth**
Personal Growth is the process through which one achieves authenticity, balance, and purpose while creating a path toward a congruent wholehearted life.

- Integrity
- Self-Awareness
- Wellness

**Community Engagement**
Community Engagement is the process of taking action with members of a community to positively impact conditions and/or the quality of community life.

- Intercultural Experience
- Interpersonal Development
- Public Service
Hey Tar Heels, get ready for the Week of Welcome Photo Challenge! Every day during WOW, tag your photos with that day’s hashtag and tag @THB_UNC from a public Twitter or Instagram account. Prizes will be awarded every day! Don’t forget to follow @THB_UNC on Twitter and Instagram!

**FRIDAY, AUGUST 17**
#UNCWELCOMEHOME

**SATURDAY, AUGUST 18**
#UNCROOMIES

**SUNDAY, AUGUST 19**
#UNCFALLFEST

**MONDAY, AUGUST 20**
#TARHEELSSUNSET

**TUESDAY, AUGUST 21**
#OLDWELLFIE

**WEDNESDAY, AUGUST 22**
#UNCRAHRAHRAH

**THURSDAY, AUGUST 23**
#HEELSGOGREEN

**FRIDAY, AUGUST 24**
#UNCPITPOPPIN

**SATURDAY, AUGUST 25**
#BEYOUbecAROLINA

**SUNDAY, AUGUST 26**
#GDTBATH
WEEK OF WELCOME
SCHEDULE OF EVENTS

FRIDAY, AUGUST 17

WOW PHOTO CHALLENGE
ALL DAY
#UNCWELCOMEHOME
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

WELCOME TENTS
9:00 AM – 4:00 PM
THE PIT & STUDENT AND ACADEMIC SERVICES BUILDING (SASB) COURTYARD
Need a bus map? Want to know where to eat? Have a question about your first class? Stop by one of our information tents to have all your UNC questions answered by student leaders. Sponsored by New Student & Family Programs.

MOVE-IN DAY LUNCH AT THE NORTH CAROLINA STUDY CENTER
12:00 PM – 3:00 PM
NC STUDY CENTER: 203 BATTLE LANE
Come enjoy a delicious lunch on the front lawn of the North Carolina Study Center, a center for Christian life and thought at UNC. There will be opportunities to learn about Study Center programming as well as how to engage in the broader UNC community. We hope that you can come relax, enjoy good fellowship, and meet other new and returning students and their families! Sponsored by the NC Study Center.

INTERNATIONAL STUDENT MEET & GREET
1:00 PM – 2:30 PM
FPG STUDENT UNION ART GALLERY
You’ve traveled across the globe to become a Tar Heel, now meet others who’ve done the same! All international students are invited to join us for ice cream and conversation. Get to know other international students and learn tips from current students on adjusting to American culture and life at Carolina. Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.

NEW STUDENT AND FAMILY WELCOME DINNER
5:00 PM – 7:00 PM
CHASE DINING HALL
Enjoy a complimentary dinner with staff from New Student & Family Programs and the General Alumni Association (GAA) at Chase Dining Hall. Families should preregister for this event; there will only be on-site registration if capacity permits. Seating is limited and will be available on a first-come, first-served basis. Sponsored by the General Alumni Association and New Student & Family Programs.

HYPNOTIST PETER MAMOS
9:00 PM – 10:30 PM
FPG STUDENT UNION GREAT HALL
You are getting very sleepy...get ready to be put under the spell of hypnosis in this captivating comedy show! Sit back and enjoy, or volunteer yourself to be a performer. Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.
SATURDAY, AUGUST 18

WOW PHOTO CHALLENGE
ALL DAY
#UNCROOMIES
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

WELCOME TENTS
9:00 AM – 4:00 PM
THE PIT & STUDENT AND ACADEMIC SERVICES BUILDING (SASB) COURTYARD
Need a bus map? Want to know where to eat? Have a question about your first class? Stop by one of our information tents to have all your UNC questions answered by student leaders. Sponsored by New Student & Family Programs.

CAROLINA THRIFT SHOP
9:00 AM – 4:00 PM
FPG STUDENT UNION GREAT HALL
Carolina Thrift is a one-day, student-run thrift shop for all your college essentials! Come see us for unbeatable prices, student performances, and a chance to meet student environmental organizations. We will have everything from mini fridges to clothes and costumes so don’t miss out on our inaugural sale! All profits will benefit sustainable student initiatives on campus. Check our website carolinathrift.org for more information and see what items will be there. Sponsored by Carolina Thrift.

HEEL HUNT
11:00 AM – 12:45 PM
GLOBAL FED EX BUILDING, AUDITORIUM
Are you interested in really getting to know your UNC campus? If so, join us at Heel Hunt for an interactive scavenger hunt! You can form teams with old and new friends, or we’ll help you find a team when you arrive! Prizes will be given to winners of both the scavenger hunt and photo challenge. Also, free food! Bring a water bottle — it may be pretty hot on the hunt! Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.

CHILL ON THE HILL
11:00 AM – 4:00 PM
VARIOUS RESIDENCE HALLS AROUND CAMPUS AND THE ALUMNI CENTER
Moving in is tiring. Take a break and chill with your UNC General Alumni Association (GAA) as we bring all the fun to you. Popsicles, stickers and swag — we’ve got it all. We will be set up at Craige, Hinton James, Hinton James, Granville Towers, and Eringhaus from 1:00 – 3:00 PM and the Alumni Center from 3:00 – 4:00 PM ready to meet you. Sponsored by the UNC General Alumni Association.

MOVE-IN DAY LUNCH AT THE NORTH CAROLINA STUDY CENTER
12:00 PM – 3:00 PM
NC STUDY CENTER, 203 BATTLE LANE
Come enjoy a delicious lunch on the front lawn of the North Carolina Study Center, a center for Christian life and thought at UNC. There will be opportunities to learn about Study Center programming as well as how to engage in the broader UNC community. We hope that you can come relax, enjoy good fellowship, and meet other new and returning students and their families! Sponsored by the NC Study Center.

PLAYMAKERS BLOCK PARTY
12:00 PM – 5:00 PM
JOAN H. GILLINGS CENTER FOR DRAMATIC ART
Join PlayMakers Repertory Company for a big season kickoff! Celebrate our nine-show season with food trucks, games, and special performances by PlayMakers company members. Find out about student discounts, auditions, and work-study opportunities! Sponsored by PlayMakers Repertory Company and the Department of Dramatic Art.

EVENT KEY
- COMMUNICATION
- CREATIVITY
- CRITICAL THINKING
- INTEGRITY
- SELF-AWARENESS
- WELLNESS
- INTERCULTURAL EXPERIENCE
- INTERPERSONAL DEVELOPMENT
- PUBLIC SERVICE
3D DESIGN WITH FEELIN’ DNA
1:00 PM – 3:00 PM
FPG STUDENT UNION, ROOM 3206 A/B

This event is perfect for potential STEM majors and/or anyone interested in 3D design and printing. Feelin’ DNA is a non-profit organization devoted to providing STEM resources to visually-impaired students. We 3D model and print interactive scientific models (such as an animal cell or cochlear implant) to help the visually-impaired community better conceptualize STEM material. This is a good opportunity to meet students from a variety of backgrounds, from engineering to humanities. Sponsored by Feelin’ DNA.

WELCOME RECEPTION FOR FIRST-YEAR STUDENT-ATHLETES, PARENTS, AND GUARDIANS
4:00 PM – 5:00 PM
LOUDERMILK CENTER FOR EXCELLENCE (UPPER CLUB LEVEL-5TH FLOOR)

The Department of Athletics Welcome Reception for First-Year Student-Athletes, Parents, and Guardians will provide an overview and understanding of Carolina Athletics and its role in the mission of the University. You will be informed about the resources provided by the Department to assist students with their development. Administrators, coaches, staff, and returning student members of our sports programs will be available to answer questions. We look forward to meeting you! Sponsored by UNC Athletics.

RUF COOKOUT
5:00 PM – 7:00 PM
BELL TOWER AMPHITHEATER

Nothing to do after the move-in? Come to a cookout at the Bell Tower Amphitheater (between Kenan Stadium and the Stone Center) and enjoy live music and games! All are welcome and the food is free, so come get it while it lasts! Sponsored by Reformed University Fellowship (RUF).

MINI GOLF IN THE UL
5:30 PM – 7:30 PM
UNDERGRADUATE LIBRARY

Get to know the Undergraduate Library (UL) and some fellow Tar Heels through a game of mini golf! A nine-hole course will guide players through all the UL has to offer. We’ll help you find a team when you arrive. Always a WOW favorite! Sponsored by University Libraries, the Tar Heel Beginnings Board, and New Student & Family Programs.

GLOW-IN-THE-DARK FRISBEE
7:00 PM – 9:00 PM
POLK PLACE

It’s a nice summer night before school starts...join us for an epic game of glow-in-the-dark Frisbee at the Genome Courtyard and bring your best game! Sponsored by Klesis Christian Fellowship.

STARGAZING ON THE QUAD
8:30 PM – 10:00 PM
POLK PLACE

Come look at the Carolina night sky with a telescope built by MakNet, the student maker group on campus! We will be looking at different stars, constellations, and planets that are out that night. Sponsored by MakNet.

NEW STUDENT PICTURE
7:15 PM – 7:45 PM
KENAN STADIUM, GATE 3
RAIN LOCATION: CARMICHAEL ARENA

New first-year and transfer students are invited to wear their Carolina Blue and join us for the first-ever new student picture in Kenan Stadium. The picture will be taken promptly at 8:00PM. Sponsored by Carolina Athletics and New Student & Family Programs.

CAROLINA GAME DAY EXPERIENCE
8:45 PM – 9:30 PM
KENAN STADIUM, GATE 3
RAIN LOCATION: CARMICHAEL ARENA

Join fellow Tar Heels in the newly renovated Kenan Stadium to learn game day cheers, find out about upcoming athletic events, and meet members of the football team. Sponsored by Carolina Athletics, New Student & Family Programs, the Tar Heel Beginnings Board, and Carolina Fever.

MOVIE NIGHT IN KENAN STADIUM
Directly after the Carolina Game Day Experience (APPROXIMATELY 9:45 PM)
BLUE ZONE IN KENAN STADIUM, GATE 3
RAIN LOCATION: CARMICHAEL ARENA

Come experience Black Panther in Blue Zone seating in Kenan Stadium. Sponsored by Carolina Athletics, New Student & Family Programs, and the Tar Heel Beginnings Board.
SUNDAY, AUGUST 19

WOW PHOTO CHALLENGE
ALL DAY
#UNCFALLFEST
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

CATHOLIC MASS WITH A FRIEND
8:15 AM – 8:30 AM AND 10:15 AM – 10:30 AM
MEET IN SASB COURTYARD
Don’t go to Mass alone! Look for Pope Francis in SASB Courtyard. We’ll leave at 8:30am for the 9:00am Mass, and 10:30am for the 11:00am Mass. You’ll meet up with friends to walk together to Catholic Mass at the Newman Center, 218 Pittsboro Street (across from the Carolina Inn). Sponsored by Catholic Campus Ministry.

WELCOME TENTS
9:00 AM – 1:00 PM
THE PIT & STUDENT AND ACADEMIC SERVICES BUILDING (SASB) COURTYARD
Need a bus map? Want to know where to eat? Have a question about your first class? Stop by one of our information tents to have all your UNC questions answered by student leaders. Sponsored by New Student & Family Programs.

BAGELS ON THE QUAD
11:00 AM - 1:00 PM
POLK PLACE
Come join UNC Hillel on the Quad for free bagels, live music and lawn games. Sponsored by UNC Hillel.

A TASTE OF ASIA AND THE MIDDLE EAST
11:00 AM - 1:00 PM
NEW WEST
Come to New West to learn about the course offerings and cultural activities of the Department of Asian Studies. Asian studies teaches eight languages and diverse cultures from a geographic area stretching from Japan in the East to the Middle East and North Africa in the west. Faculty and students from the Department of Asian Studies will be on hand to offer information about our programs as well as calligraphy, media and dance, and food. Sponsored by the Department of Asian Studies.

THR DANCE WORKSHOP
12:00 PM – 1:00 PM
MCCORKLE PLACE
Come out to a dance workshop with Tar Heel Raas! We’re UNC’s premiere raas-garba dance team, and we’ll be teaching some of the basics of our dance before our Fall Tryouts. Come out if you’re interested in joining the team, or if you just want to learn some new dance moves. No experience required! Sponsored by Tar Heel Raas.

FIRST SUNDAY LUNCH:
UNC WESLEY CAMPUS MINISTRY
12:00 PM – 1:00 PM
UNIVERSITY UMC FELLOWSHIP HALL
(150 E. FRANKLIN STREET)
Enjoy a FREE lunch while learning about all the mission and ministry opportunities of UNC Wesley Campus Ministry. Wesley offers weekly worship, small groups, retreats, mission trips, tailgates, social events, and so much more. Vegetarian, Vegan, and Gluten Free options provided! Sponsored by the United Methodist Church. Wesley welcomes students of all faiths, no faith, and everywhere in between. More details at uncwesley.org Sponsored by UNC Wesley.

FIRST FLOOR MEETINGS
12:00 PM – 6:00 PM
VARIOUS RESIDENCE HALLS
Start off the year getting to know your RA and the people you live with! Come out to get a fun introduction to living in the residence halls. You’re going to love your new home! Sponsored by Carolina Housing.
TRANSFER STUDENT KICKOFF
5:30 PM – 6:30 PM
FPG STUDENT UNION GREAT HALL

Calling all new transfer students! Put on your Carolina blue and join us for snacks and games, and the opportunity to connect with fellow Tar Heels. Learn about transfer student resources and life on campus. After the event, we will walk over to Convocation and sit together! Sponsored by Transfer Student Ambassadors, New Student & Family Programs, Undergraduate Admissions, Undergraduate Retention, and the Residence Hall Association.

CATHOLIC MASS WITH A FRIEND
6:15 PM – 6:30 PM
MEET IN SASB COURTYARD

Don’t go to Mass alone! Look for Pope Francis in SASB Courtyard. We’ll leave at 6:30pm for the 7:00pm Mass. You’ll meet up with friends to walk together to Catholic Mass at the Newman Center, 218 Pittsboro Street (across from the Carolina Inn). Sponsored by Catholic Campus Ministry.

CONVOCATION
7:00 PM – APPROXIMATELY 8:00PM
CARMICHAEL ARENA

Put on your Carolina Blue and attend this great induction ceremony for transfer students and first-year students of the Class of 2022. Join Chancellor Carol Folt and distinguished guests in a ceremony marking your beginning as a Tar Heel. Doors open at 6:00pm. Sponsored by New Student & Family Programs.

FALLFEST
IMMEDIATELY FOLLOWING CONVOCATION
(APPROXIMATELY 8:15 PM) – 2:00 AM
HOOKER FIELDS

FallFest is a true Tar Heel tradition and how we kick off the school year! Learn about all the different student organizations, volunteer activities, club sports, and recreational league teams on campus. Enjoy free food, live performances, prizes, games, and much more! Sponsored by the Carolina Union.

MONDAY, AUGUST 20

WOW PHOTO CHALLENGE
ALL DAY
#TARHEELSUNSET

Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

ACADEMIC ADVISING DROP-INS
8:00 AM – 5:00 PM, STEELE BUILDING
8:00 AM – 7:00 PM, HARDIN HUB

Academic advisors are available on a drop-in basis to address any urgent issues that may arise with your fall schedule. Visit advising.unc.edu for more information. Sponsored by the Academic Advising Program.

CAROLINA SUMMER READING PROGRAM BOOK DISCUSSIONS
10:30 AM – 12:00PM

First-year students will check in at their residence hall unless they receive an email stating otherwise. Transfer students will check in at the FPG Student Union.

Join other incoming students over doughnuts to discuss and reflect on this year’s reading selection, Popular by Mitch Prinstein. Students have found the Carolina Summer Reading Program to be an excellent introduction to academic life at Carolina and a valuable opportunity to connect with peers. Sponsored by Student Affairs and the Office of Undergraduate Education.

CAROLINA LATINX COLLABORATIVE OPEN HOUSE
11:00 AM – 1:00 PM
CRAIGE NORTH RESIDENCE HALL SEMINAR WING

Come explore the various resources and opportunities within the Latinx community at UNC. You will learn more about specific student organizations and receive tips and advice from current students, faculty, and staff on how to navigate Carolina. Refreshments will be served. Sponsored by Carolina Latinx Collaborative and the Office for Diversity and Inclusion.
WELCOME TENTS
12:00 PM – 4:00 PM
THE PIT & STUDENT AND ACADEMIC SERVICES BUILDING (SASB) COURTYARD
Need a bus map? Want to know where to eat? Have a question about your first class? Stop by one of our information tents to have all your UNC questions answered by student leaders. Sponsored by New Student & Family Programs.

GET PLUGGED INTO ENTREPRENEURSHIP AND INNOVATION AT CAROLINA
12:00 PM – 1:30 PM
LAUNCH CHAPEL HILL, 306 WEST FRANKLIN STREET
Are you interested in entrepreneurship? Have an idea you’d like to build out into a company or social venture? Currently running your own business? Interested in a career in venture capital or impact investing? Want to learn helpful skills for innovation within a larger company or organization? In this session we'll share the resources you can utilize as an entrepreneur during your time at Carolina! Representatives from across campus will be present with more information. Sponsored by UNC Kenan-Flagler Entrepreneurship Center, Innovate Carolina, Campus Y Social Innovation Initiatives, Reese News Lab, The Shuford Program, and UNC Libraries.

THINGS I WISH I KNEW BEFORE CAROLINA
12:00 PM – 1:30 PM
WILSON LIBRARY, PLEASANTS ROOM
Do you have any questions you really want to ask before classes start? What do successful students say are the things they wish they knew before they started college? Come to this session to ask a panel of students all of your last minute questions, and learn some tips for success in your first year and beyond! Open to all Transfer and First Generation College Students. Sponsored by Undergraduate Education/Undergraduate Retention.

LGBTQ CENTER WELCOME EVENT
12:00 PM – 2:00 PM
SASB NORTH, UPENDO LOUNGE
Come join that LGBTQ Center for our Welcome Event. This is a great time to reconnect with friends or to meet new people as well as to learn more about the staff, programs, and services of the LGBTQ Center. We will have information about other LGBTIQA+ resources on campus and in the surrounding community. Sponsored by the LGBTQ Center.

CONQUERING OBSTACLES WITH ADVOCATES FOR CAROLINA
12:00 PM – 2:00 PM
THE PIT
Have you ever considered that the age-old Carolina tradition of drinking from the Old Well isn’t accessible to all students? Come grab an Insomnia Cookie while tackling our interactive obstacle course, and gain new perspectives on accessibility through experiencing different challenges that people with disabilities overcome daily! Advocates for Carolina is a group of students with and without disabilities who aim to raise disability awareness and achieve the equality that all students deserve. Sponsored by Advocates for Carolina.

STEP
12:15 PM - 1:00 PM
STUDENT RECREATION CENTER (SRC), STUDIO B
Designed specifically for the participant with little step experience, this basic step class is easy to follow, fun, and the perfect starting point for those looking to step up the intensity of their traditional cardio workout! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

RHA 2018 WOW EVENT
12:30 PM – 4:00 PM
CARMICHAEL RESIDENCE HALL
What better way to kick off the beginning of the semester than celebrating it with the Carolina community? Come alone or with friends to meet new people and kick off the Fall semester with RHA! Join us for free food, swag, activities, and a lot of fun! Sponsored by Residence Hall Association.
FIND YOUR CLASS
1:00 PM – 2:00 PM
MEET IN SASB PLAZA

Where is my first class? How do I get there from my residence hall? Do you know your bus routes? Join members of the THB Board and your OL Leaders to learn your way around campus by riding the bus with us to North campus, where we will guide you through your class schedule. Cookies and drinks will be provided! Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.

UNDERGRADUATE LIBRARY TOUR
2:00 PM – 3:00 PM
UNDERGRADUATE LIBRARY

Learn about the services and spaces the UL offers to help you make the most of your study time! Sponsored by University Libraries.

BUSING YOUR WAY AROUND CAMPUS
2:00 PM – 3:00 PM
FPG STUDENT UNION, ROOM 3206 A/B

Why walk when you can ride? Come learn more about UNC’s sustainable transportation options from Chapel Hill Transit and fellow Tar Heels. Learn how to navigate Chapel Hill and the surrounding area using the bus navigation app. Sponsored by Transportation and Parking, Chapel Hill Transit, the Tar Heel Beginnings Board, and New Student & Family Programs.

UNC OUT-OF-STATE STUDENT ASSOCIATION INTEREST MEETING
2:00 PM – 3:30 PM
FPG STUDENT UNION, ROOM 3407

Calling all out-of-staters! While moving far from home can be intimidating, there are plenty of others in your shoes. Whether you’re from Alabama, Alaska, or anywhere in between, OSSA is a great opportunity for you to get involved on campus and meet others. This meeting will give you the opportunity to meet our executive board and learn about our organization. You can pay your dues and buy a t-shirt, and light refreshments will be served. Sponsored by UNC Out-of-State Student Association.

SNACKS AND CRAFTS FOR THE KIDS
2:00 PM – 4:00 PM
FPG STUDENT UNION, ROOM 3205

Join Carolina For The Kids, the largest student-run nonprofit in the state of North Carolina, to make crafts and cards for the patients at the N.C. Children’s Hospital! Snacks will be provided, as well as information on how to get involved with CFTK and the UNC Dance Marathon. Sponsored by Carolina For The Kids Foundation.

SOCIAL JUSTICE OPEN MIC COFFEEHOUSE
2:00 PM – 4:00 PM
ANNE QUEEN LOUNGE, CAMPUS Y BUILDING

Come out to the Campus Y to listen to students’ experiences with social justice or injustice through the lens of artwork — slam poems, narratives, visual art, and more — at UNC’s home for social justice initiatives, the Campus Y! Make friends, form communities, and learn what the Campus Y is all about. Sponsored by Campus Y First-Year Council.

FIRST QUIDDITCH PRACTICE!
2:00 PM – 4:00 PM
HOOKER FIELDS

Are you looking to play a sport in college? Do you want to be a part of an amazing community here at UNC and across the nation? If you answered yes to any of the above, come try quidditch! Returning players will show interested people the ropes of this high-intensity, full-contact, gender-inclusive sport, based on the sport from the Harry Potter series. All are welcome, no experience required. Please wear athletic clothing and bring water. Sponsored by UNC Quidditch.

ECOREPS INFO FAIR
3:00 PM – 5:00 PM
THE PIT

EcoReps is a student outreach organization that is dedicated to promoting sustainability on campus. We will be hosting an information fair where interested students can learn about the organization and sustainability on campus. Contact ecoreps.uncch@gmail.com with questions! Sponsored by UNC EcoReps.

[FREEZE] POP INTO THE NEW SCHOOL YEAR WITH COLLEGE LIFE
3:00 PM – 5:00 PM
HOOKER FIELDS

Come learn about Young Life College! Meet new friends, enjoy freeze pops and play outdoor games like corn hole and spike ball. Sponsored by College Life.
WANDERING JEWS: SCHEDULE WALK-THROUGH
3:30 PM – 4:30 PM
THE PIT
Walk through your class schedule with Hillel leaders while getting a feel for your new schedule and campus buildings. Join us after for a trip to the Hillel building and interest meeting about Jewish life on campus. Sponsored by UNC Hillel.

CYCLE
4:00 PM – 5:00 PM
FETZER CYCLE STUDIO
Take bike riding to a whole new level! Now you can have the same fun riding a bike you had as a kid with the health and fitness benefits you need as an adult. Let our instructors motivate you in this exhilarating class, combining strength and endurance drills designed to meet your workout goals! Visit campusrec.unc.edu/special-event for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

PROFESSOR MEET & GREET
4:00 PM – 5:00 PM
FPG STUDENT UNION, ROOM 3206 A/B
Nervous about classes starting? Come socialize with professors over free food before classes begin. Students will have the opportunity to network, connect with professor outside of a classroom setting, and learn about opportunities offered by a variety of disciplines. Sponsored by Meals with Heels, the Tar Heel Beginnings Board, New Student & Family Programs, and Carolina Housing.

PAINT A PICTURE OF YOUR CAROLINA
4:00 PM – 6:00 PM
SASB COURTYARD
Welcome to Carolina! Stop by SASB Courtyard to paint a picture of one of your favorite University symbols and keep the painting as a decoration for your room. While you’re there, you’ll have the chance to learn more about the University’s commitment to an inclusive and welcoming campus that is free from discrimination, harassment, and violence. Co-sponsored by the Equal Opportunity and Compliance Office and Heels United for a Safe Carolina.

BEAM OPEN HOUSE — MURRAY HALL
4:00 PM – 6:00 PM
BeAM @ MURRAY HALL
The Be A Maker (BeAM) network is a system of makerspaces across campus where you can explore exciting new tech like 3D printers and laser cutters. During Week of Welcome, we’ll rotate “open house” hours through each makerspace where you can get a tour of available tools, hear about BeAM happenings, and make unique buttons to take home. Today’s “open house” is at the BeAM makerspace in Murray Hall. Sponsored by BeAM.

MAKING BAD DECISIONS IN COLLEGE
5:00 PM – 6:00 PM
CALDWELL HALL, ROOM 105
Is it wrong to skip class? Should you sneak into that party? Is it okay to disagree with your professor? Should you rat out your roommate for cheating on their midterm? Do you still need to listen to your parents even though they’re miles away? Join the Parr Center for Ethics as we dive into ethical questions about being a college student! Sponsored by UNC’s Parr Center for Ethics.

NEW STUDENT WELCOME NIGHT
5:00 PM – 6:00 PM
STONE CENTER THEATRE
New to UNC Campus? Looking for a place to belong? A home away from home? Join us for an unforgettable night of free food, music, laughter, and an engaging talk and meet some friends! Sponsored by Klesis Christian Fellowship.

INTEREST MEETING
5:00 PM – 6:00 PM
UNC HILLEL
Come out to Hillel to learn more about Jewish life on campus and meet our student leaders and staff. Free pizza and dessert provided. Sponsored by UNC Hillel.

EMPOWER KICKBOXING
5:15 PM – 6:15 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
This high intensity, empowering fitness kickboxing workout will focus on punches, kicks, and boxing maneuvers designed to increase aerobic and anaerobic fitness. A great cardio, core, and total body workout. Visit campusrec.unc.edu/special-event for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.
AN EVENING WITH THE AUTHOR:
THE POWER OF LIKEABILITY
6:00 PM – 7:00 PM
MEMORIAL HALL

Join Dr. Mitch Printstein, faculty member of Clinical Psychology at Carolina and author of the 2018 Carolina Summer Reading Program selection, Popular, for a discussion on why popularity influences our happiness and success. This lecture commemorates the 20th anniversary of the Carolina Summer Reading Program and provides students the opportunity to reflect on their social interactions, as well as how to make meaningful relationships at Carolina. Sponsored by Student Affairs and the Office of Undergraduate Education.

BELL TOWER RELIGHTING
9:00 PM – 9:45 PM
BELL TOWER

UNC’s official student ambassadors and tradition keepers, the Order of the Bell Tower (OBT), invite you to join your new Carolina family for a relighting of the Morehead-Patterson Bell Tower, which will serve as the opening to the academic year. Visit alumni.unc.edu/obt for more information. Sponsored by the General Alumni Association.

SUNSET SERENADE
7:00 PM – 9:00 PM
POLK PLACE

Let some of Carolina’s best a cappella groups entertain you on the eve of the new school year. Presented by the Student Alumni Association. Visit alumni.unc.edu/saa for more information. Sponsored by the General Alumni Association.

GLOW IN THE DARK CAPTURE
THE FLAG
9:00 PM – 11:00 PM
HOOKER FIELDS

Grab your friends, roommates, and classmates for a friendly game of capture the flag on Hooker Fields. Capture the Flag is a game of freeze tag and the object is to capture the opposing team’s flag and bring it back to your team’s base – glow-in-the-dark style! If you don’t have a team, don’t worry about it! We can create teams throughout the event. No skills are required for the event just show up and play. More information at campusrec.unc.edu/special-events! Sponsored by Campus Recreation.

BRING IT OM YOGA
7:30 PM – 8:30 PM
RAMS HEAD REC CENTER MULTIPURPOSE ROOM

Gear up for a new semester by stretching out and grounding down! Moving with each breath, flowing from one pose to the next in a smooth, meditative, breath-centered sequence, this class will both invigorate and relax the body. This challenging class is appropriate for all levels, developing strength, endurance, flexibility, and balance with an emphasis on mindfulness of breath throughout. Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

GENERAL DANCE INTEREST MEETING
7:30 PM – 8:30 PM
MURPHY HALL

This is a general interest meeting for anyone interested in dancing in one of Carolina’s many diverse Dance Organizations on campus! More information about each organization will be provided. There will be refreshments and snacks! Sponsored by Carolina Dance Project

WOW PHOTO CHALLENGE
ALL DAY
#OLDWELLFIE

Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

EVENT KEY

COMMUNICATION
CREATIVITY
CRITICAL THINKING
INTEGRITY
SELF-AWARENESS
WELLNESS
INTERCULTURAL EXPERIENCE
INTERPERSONAL DEVELOPMENT
PUBLIC SERVICE
**ACADEMIC ADVISING DROP-INS**
8:00 AM – 5:00 PM, STEELE BUILDING
8:00 AM – 7:00 PM, HARDIN HUB

Academic advisors are available on a drop-in basis to address any urgent issues that may arise with your fall schedule. Visit advising.unc.edu for more information. Sponsored by the Academic Advising Program.

**WELCOME TENTS**
9:00 AM – 4:00 PM
DAVIS COURTYARD & STUDENT AND ACADEMIC SERVICES BUILDING (SASB) COURTYARD

Need a bus map? Want to know where to eat? Have a question about your first class? Stop by one of our information tents to have all your UNC questions answered by student leaders. Sponsored by New Student & Family Programs.

**FDOC BREAKFAST AT THE CWC**
9:00 AM – 11:30 AM
CAROLINA WOMEN’S CENTER: STONE CENTER, SUITE 101

Celebrate FDOC with the Carolina Women’s Center! Come enjoy a free breakfast and learn how you can get involved with the CWC. This is a great opportunity to meet other students who are interested in gender equity on our campus. Drop by at any time during the event and stay as long as you’d like. We welcome students of all gender identities. We look forward to meeting you! The CWC is located in suite 101 of the Stone Center (next to the Bell Tower). Sponsored by Carolina Women’s Center.

**POP BY THE WRITING AND LEARNING CENTERS**
11:00 AM – 3:00 PM
SASB COURTYARD

Collect the tools needed for a successful transition to Carolina—we’ll have semester calendars and must-have info to keep you organized and productive. Find out the many resources offered by the Writing Center and Learning Center. Meet academic and writing coaches and create an action plan so you can meet your semester goals. Come by, enjoy some free treats, and kick-off a great semester! In case of rain, find us in the Writing Center (0127 SASB North). Sponsored by Writing and Learning Centers.

**CUAB RECRUITMENT**
12:00 PM – 2:00 PM
THE PIT

Come learn about the Carolina Union Activities Board, one of the largest groups on campus! We host a ton of events throughout the year and we’re always looking for new members. We’ll have free t-shirts, stickers, and more! Sponsored by CUAB.

**TAR HEEL ART TAKE OVER**
12:00 PM – 7:00 PM
HANES ART CENTER, ACKLAND ART MUSEUM, HILL HALL, MEMORIAL HALL, CENTER FOR DRAMATIC ART, BEAM MAKERSPACE AT MURRAY HALL, SWAIN, AND THE STONE CENTER

An explosion of all things Arts at Carolina! Join us over 3 days for artmaking, performances, backstage tours, and free food! Details in the Arts Everywhere App (getartseverywhere.com) Sponsored by ArtsEverywhere.

**MUSCLE CUT**
12:15 PM – 1:00 PM
STUDENT RECREATION CENTER (SRC) STUDIO B

Strengthen and define every major muscle group. Whether you are working with the plate-loaded bar, free weights, resistance bands, or body weight, be assured that you will get a challenging total body workout! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

**CYCLE**
12:15 PM – 1:00 PM
FETZER CYCLE STUDIO

Take bike riding to a whole new level! Now you can have the same fun riding a bike you had as a kid with the health and fitness benefits you need as an adult. Let our instructors motivate you in this exhilarating class, combining strength and endurance drills designed to meet your workout goals! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

**CAREER SERVICES: SWIPE RIGHT!**
2:00 PM – 3:00 PM
HANES HALL, ROOM 239 A/B

University Career Services offers a number of intuitive, mobile career tools that aid in your career and professional development. Join us for an interactive overview on how plugging into your smart devices aides your career readiness. Whether on the go, during work breaks, or riding the bus to and from campus, UCS has you covered. Sponsored by University Career Services.
UNDERGRADUATE LIBRARY TOUR
2:00 PM – 3:00 PM
UNDERGRADUATE LIBRARY
Learn about the services and spaces the UL offers to help you make the most of your study time! Sponsored by University Libraries.

CAROLINA CAMPUS COMMUNITY GARDEN TOUR AND WORKDAY
3:00 PM – 5:00 PM
218 WILSON ST., ACROSS FROM GRANVILLE TOWERS
“Wish I’d known about this place in my freshman year!” is a common refrain. Don’t make the same mistake. The CCCG is UNC’s community garden where all produce is given to UNC’s housekeeping staff. Volunteer, engage in a healthy activity, learn about food and gardening and give back. Visit anytime between 3:00 – 5:00 p.m. Tuesday for a tour, to volunteer or just to see the garden. It can be a beautiful and magical place! Sponsored by Carolina Campus Community Garden, a program of the North Carolina Botanical Garden.

APPLES OPEN HOUSE
3:00 PM – 5:00 PM
FPG STUDENT UNION, ROOM 3514
Come learn about educational experiences in service with APPLES Service-Learning. This open house styled event is drop-in and drop-out, so stop by throughout to learn about service opportunities at Carolina, and receive some APPLES goodies! Sponsored by APPLES Service-Learning.

BEAM OPEN HOUSE – HANES ART CENTER
4:00 PM – 6:00 PM
BeAM @ HANES ART CENTER
The Be A Maker (BeAM) network is a system of makerspaces across campus where you can explore exciting new tech like 3D printers and laser cutters. During Week of Welcome, we’ll rotate “open house” hours through each makerspace where you can get a tour of available tools, hear about BeAM happenings, and make unique buttons to take home. Today’s "open house" is at the BeAM makerspace in the Hanes Art Center. Sponsored by BeAM.

LOWER BODY SCULPT
4:15 PM – 5:00 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
Focus on strengthening your lower body and core muscles with this action packed, 45-minute class! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

INTRO TO CYCLE
4:30 PM – 5:00 PM
FETZER CYCLE STUDIO
Spend time with your cycle instructor so you can set up your bike properly, learn how to cycle with good form and alignment, then test ride some basic drills to introduce you to this class format. This 30-minute class will introduce you to the fundamentals of indoor cycling while improving your confidence on the bike. No cycling experience required. All levels welcome! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

CAMPUS Y 101
5:00 PM – 6:00 PM
CAMPUS Y, ANNE QUEEN LOUNGE
Are you a first-year interested in social justice? Are you unsure how to get started? Have you heard about the Campus Y, but are still wondering how you can get involved during your first semester at UNC? If you answered yes to any of these questions, come to Y101, where a panel of returning students will tell you about their time in the Y, how they got involved, and the ways in which they strive to impact the Chapel Hill community! Sponsored by Campus Y.

ZUMBA DANCE PARTY
5:15 PM – 6:15 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
A fusion of Latin and international music- dance themes creating a dynamic, exciting, effective fitness system! The routines combine easy dance moves with aerobic interval training, using both fast and slow rhythms to tone and sculpt the body. Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.
BARRE SO HARD
5:15 PM – 6:15 PM
RAM’S HEAD REC CENTER MULTIPURPOSE ROOM
A high-energy, fun and challenging workout that will get your heart rate up, strengthen your muscles, and improve posture. Utilizing the ballet barre, this class incorporates isometric movements, Pilates, yoga, cardio, and resistance training for a complete body workout. The effectiveness of barre is second to none; you’ll challenge your body to the max while the low-impact movements protect the joints. Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

CHABAD BBQ
5:30 PM – 7:00 PM
CHABAD HOUSE: 127 MALLETTE STREET
Come check out the Chabad house and enjoy BBQ and other kosher homemade food! Connect with students here at UNC and unwind in a relaxed environment. Sponsored by Chabad Student Group at UNC-Chapel Hill.

SPORT CLUBS AND INTRAMURAL SPORTS INTEREST FAIR
5:30 PM – 7:30 PM
RAM’S PLAZA (RAIN LOCATION: RAM’S HEAD RECREATION CENTER)
Interested in joining a Sports Club or figuring out how to play Intramural Sports? Come meet club representatives and Sport Programs staff to see which sport or activity is right for you. UNC has over 50 Sport Clubs and offers a wide variety of team and individual Intramural Sports each year. Sponsored by Campus Recreation.

SHOWTUNES CYCLE
6:00 PM – 7:00 PM
FETZER CYCLE STUDIO
Take bike riding to a whole new level with this themed class! A motivating themed playlist combined with an exhilarating class, our instructor will lead you through strength and endurance drills designed to meet your workout goals! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

TASTE OF NEWMAN!
6:00 PM – 7:30 PM
NEWMAN CATHOLIC CENTER:
218 PITTSBORO STREET
Celebrate the first day of classes by meeting fellow new students and your student ministers at our annual taco bar meet and greet at the Newman Catholic Center (across from the Carolina Inn). Learn about spiritual and wellness resources, programs, and opportunities to get involved in Catholic Campus Ministry at Carolina. Free for all first-year and transfer students. Sponsored by Catholic Campus Ministry.

INTERVARSITY CHRISTIAN FELLOWSHIP SODA FLOAT SOCIAL
6:30 PM – 9:00 PM
MORRISON BASKETBALL COURTS
Join InterVarsity Christian Fellowship for one last summer bash filled with ice cream soda floats, and outdoor sports. Meet new people, learn about InterVarsity’s love and vision for the campus, and get involved in a deeper community. Sponsored by InterVarsity Christian Fellowship.

DIPHI DEBATE: UNC SHOULD GET RID OF GEN EDS
7:30 PM – 9:00 PM
NEW WEST, THIRD FLOOR
The Dialectic and Philanthropic Societies, the nation’s oldest public student organization, cordially invites you to join us to debate the following: UNC should get rid of its general education requirements. Meet us on the third floor of New West in the senate chamber. No debate experience required. Sponsored by The Dialectic and Philanthropic Societies.
WEDNESDAY, AUGUST 22

WOW PHOTO CHALLENGE
ALL DAY
#UNCRAHRAHRAH
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

ACADEMIC ADVISING DROP-INS
8:00 AM – 5:00 PM, STEELE BUILDING
8:00 AM – 7:00 PM, HARDIN HUB
Academic advisors are available on a drop-in basis to address any urgent issues that may arise with your fall schedule. Visit advising.unc.edu for more information. Sponsored by the Academic Advising Program.

WELCOME TENTS
9:00 AM – 4:00 PM
DAVIS COURTYARD & STUDENT AND ACADEMIC SERVICES BUILDING (SASB) COURTYARD
Need a bus map? Want to know where to eat? Have a question about your first class? Stop by one of our information tents to have all your UNC questions answered by student leaders. Sponsored by New Student & Family Programs.

LEARN HOW TO FIGHT A FIRE
10:00 AM – 2:00 PM
THE PIT
Deadly fire can happen anytime, anywhere. Protect yourself, family, home, and vehicle. Stop by our drop-in event and learn to become a Fire Extinguisher Master! Five minutes of training could change your life. Sponsored by Environment, Health & Safety.

COOKIES WITH COMPUTER SCIENCE
10:00 AM – 2:00 PM
THE PIT
Grab a cookie and chat with Computer Science students about clubs, classes, and the department! Sponsored by the Department of Computer Science.

POP BY THE WRITING AND LEARNING CENTERS 📖📝
11:00 AM – 3:00 PM
SASB COURTYARD
Collect the tools needed for a successful transition to Carolina—we’ll have semester calendars and must-have info to keep you organized and productive. Meet academic and writing coaches and create an action plan so you can meet your semester goals. Sponsored by Writing and Learning Centers.

HONOR AT CAROLINA MEANS...
12:00 PM – 2:00 PM
THE PIT
Come learn about an interactive social media campaign designed to teach students about Honor at Carolina. Sponsored by Honor System Outreach.

ALCOHOL AND THE LAW
12:00 PM – 1:00 PM
FPG STUDENT UNION, ROOM 3512
Carolina Student Legal Services, a nonprofit law firm housed on-campus at UNC since 1976, invites new Tar Heels to learn about the numerous legal services we provide to students at no extra charge. We will also be presenting on the subject of North Carolina alcohol laws, your rights as a citizen when interacting with law enforcement, how to avoid criminal liability under North Carolina law, and safe socialization. Free food and drinks will be provided. Sponsored by Student Legal Services.

TAR HEEL ART TAKE OVER 🔝
12:00 PM – 7:00 PM
HANES ART CENTER, ACKLAND ART MUSEUM, HILL HALL, MEMORIAL HALL, CENTER FOR DRAMATIC ART, BEAM MAKERSPACE AT MURRAY HALL, SWAIN, AND THE STONE CENTER
An explosion of all things Arts at Carolina! Join us over 3 days for artmaking, performances, backstage tours, and free food! Details in the Arts Everywhere App (getartseverywhere.com) Sponsored by ArtsEverywhere.
PILATES 12:15 PM – 1:00 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
Lengthen and strengthen your body using core muscle groups through a series of non-impact exercises designed to focus on deep muscles of the abdominals, back, hips, and glutes. Benefits of Pilates include better posture, injury prevention, increased strength, and flexibility. Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

PRIDE FLAG PAINTING AND ICE CREAM SOCIAL 1:00 PM – 4:00 PM
CAMPUS Y COURT YARD
Eager to become involved with UNC’s LGBTQ community? Come join the Sexuality and Gender Alliance (SAGA) for an afternoon of Pride Flag painting and ice cream! You’ll get to meet members of SAGA’s Board along with fellow LGBTQ folks and allies. Come alone or bring a friend — everyone’s welcome! Sponsored by Sexuality and Gender Alliance (SAGA).

INTERNATIONAL RELATIONS DISCUSSION 2:00 PM – 3:00 PM
FPG STUDENT UNION, ROOM 3407
Carolina International Relations Association is UNC’s premier international relations organization. We invite Ambassadors to speak about their careers abroad, we organize and publish an undergraduate research journal, and we host hundreds of students at our two Model UN conferences. If you’re interested in international relations or political science and want an opportunity to get involved on campus right away, this is the club for you. Stop by to learn more! Sponsored by Carolina International Relations Association.

DEPARTMENT OF COMMUNICATION OPEN HOUSE – BINGHAM HALL 3:00 PM – 4:00 PM
BINGHAM HALL, ROOM 203
Come learn first-hand why Communication is one of the most exciting and popular areas of study today. There will be a Faculty and Student Panel discussion about the Department of Communication and the programs offered, as well as a classroom and performance space tour. Meet and talk with faculty and have all of your questions answered. Concentrations and Minors featured include Rhetorical Studies, Interpersonal and Organizational Communication, Performance Studies, Media and Technology Studies and Media Production, Cultural Studies, and Writing for the Screen and Stage. Refreshments provided. Sponsored by the Department of Communication.

BEAM OPEN HOUSE – KENAN SCIENCE LIBRARY 4:00 PM – 6:00 PM
BEAM @ KENAN SCIENCE LIBRARY
The Be A Maker (BeAM) network is a system of makerspaces across campus where you can explore exciting new tech like 3D printers and laser cutters while designing and making all kinds of awesome things. During Week of Welcome, we’ll rotate “open house” hours through each makerspace where you can get a tour of available tools, hear about BeAM happenings, and make cool stuff to take home. Today’s “open house” is at the BeAM makerspace in the Kenan Science Library. Sponsored by BeAM.

ASK A TRAINER 4:00 PM – 7:00 PM
STUDENT RECREATION CENTER (SRC) LOBBY
A certified personal trainer will be available in the SRC lobby, ready to answer your fitness questions. Trainers will also be available to give tours of the Tar Heel Training Center and the Functional Movement and Fitness Center! Don’t miss out on this opportunity! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.
STUDENT LIFE & LEADERSHIP OPEN HOUSE
4:00 PM – 6:00 PM
FPG STUDENT UNION, ROOM 2501

Come learn about leadership opportunities, student organizations, and student activities you can get involved with at the University. Sponsored by Student Life & Leadership.

STUDENT GOVERNMENT OPEN HOUSE
4:00 PM – 6:00 PM
FPG STUDENT UNION, ROOM 3109

Do you want to have an impact on student self governance? Come learn about Student Government and how to get involved. Student Government includes our Executive Branch, Undergraduate Senate, Student Supreme Court, and Policy Areas. Sponsored by Student Life & Leadership.

CAROLINA UNION ACTIVITIES BOARD OPEN HOUSE
4:00 PM – 6:00 PM
FPG STUDENT UNION, ROOM 2518

Want to be a part of deciding what type of comedians, artists, lectures, fun events, and concerts we have on campus? Come learn about the Carolina Union Activities Board (CUAB) and how to get involved. Sponsored by Student Life & Leadership.

DEPARTMENT OF COMMUNICATION OPEN HOUSE — SWAIN HALL
4:00 PM – 5:00 PM
SWAIN HALL, ROOM 001A

Watch live performances and videos spotlighting the Media Production and Performance Studies concentrations, as well as others programs including the Writing for Screen and Stage minor. Tour classrooms and media labs and get a first-hand look at the television production stage, green screen studio, video editing room, video and camera equipment, and the performance theatre. Ask faculty and staff questions to help you find your place in an academic environment that challenges student to Engage, Critique, and Create. Refreshments provided. Sponsored by the Department of Communication.

OFF-CAMPUS TRANSFER STUDENT SOCIAL
4:00 PM – 6:00 PM
PIZZA PRESS (123 WEST FRANKLIN ST. SUITE #120)

Join fellow off-campus students and community leaders at Pizza Press restaurant for a meet-and-greet and a welcome to the Chapel Hill community. This is a great way to meet your new Chapel Hill neighbors. Sponsored by the Office of Off-Campus Student Life, Transfer Student Ambassadors, and New Student & Family Programs.

INTRO TO CYCLE
4:30 PM – 5:00 PM
FETZER CYCLE STUDIO

Spend time with your cycle instructor so you can set up your bike properly, learn how to cycle with good form and alignment, then test ride some basic drills to introduce you to this class format. This 30-minute class will introduce you to the fundamentals of indoor cycling while improving your confidence on the bike. No cycling experience required. All levels welcome! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

CAROLINA PERFORMING ARTS OPEN HOUSE
4:00 PM – 6:00 PM
MEMORIAL HALL

Drop by Memorial Hall for an open house hosted by Carolina Performing Arts, with free food, swag, and backstage tours! Learn about the upcoming 2018/2019 season at CPA and CURRENT ArtSpace + Studio—including $10 student tickets! Sponsored by Carolina Performing Arts.

EVENT KEY
- COMMUNICATION
- CREATIVITY
- CRITICAL THINKING
- INTEGRITY
- SELF-AWARENESS
- WELLNESS
- INTERCULTURAL EXPERIENCE
- INTERPERSONAL DEVELOPMENT
- PUBLIC SERVICE
ZETA BETA TAU COOKOUT
5:00 PM – 7:00 PM
CONNOR QUAD

Burgers, hot dogs, chips and drinks provided by the brothers of Zeta Beta Tau! We encourage you to come and mingle with us in the Connor Community Quad. Relaxed, fun, and entirely free! Sponsored by Zeta Beta Tau.

GROUP FITNESS SAMPLER
5:00 PM – 8:00 PM
STUDENT RECREATION CENTER (SRC) STUDIO B

Always wanted to try a group fitness classes but don’t want to commit to the full hour long class? Come try out our class offerings at the Group Fitness sampler! Each 20 minute class will give you a taste of each format on this semester’s schedule - Zumba, Kickboxing, Doonya, Step and Tone, Muscle Cut, 3-2-1, Insanity, Muscle Cut Barbells - Stay for one or stay for them all! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

CAROLINA CATHOLIC NIGHT
5:00 PM – 8:00 PM
NEWMAN CATHOLIC CENTER:
218 PITTSBORO STREET

Join us for our first CCN of the year at the Newman Catholic Center (across from the Carolina Inn) with Luau on the Lawn! We’ll start with Mass at 5:00pm, and the Luau kicks off at 5:45pm. There will be Carolina BBQ with all the fixin’s, water games, and prizes to be won. All are welcome as we connect spirituality with community! Jesus is free, and so is the Luau! Sponsored by the Newman Center and the Catholic Campus Ministry.

NOT FROM NC?
5:30 PM – 7:00 PM
FPG STUDENT UNION, ROOM 3206 A/B

Not from around here? No problem! Join us and meet other students, both new and current, who have traveled far distances to get to Carolina. Enjoy some southern food (hint: biscuits) and hear what UNC is all about from other students that are not from North Carolina. Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.

UNC INSTITUTE OF POLITICS
OPEN HOUSE
5:30 PM – 6:30 PM
GRAHAM MEMORIAL

If you are interested in politics or public service, come join the Institute of Politics for an open house in Graham Memorial to figure out ways to get involved. Discover more about the programs the IOP offers: Civics in the Triangle, Tech Team, Carolina Political Review, and the weekly Fellows Program. Meet the leadership team and hear from our resident Fellows for the Fall 2018 semester. Food will be provided! Sponsored by UNC Institute of Politics.

EROT PRESENTS:
WEEK OF WELCOME SLAM
6:30 PM – 8:00 PM
FPG STUDENT UNION WEST LOUNGE

UNC’s premiere spoken word group, EROT (Ebony Reader’s Onyx Theatre) a subgroup of the Black Student Movement, will provide a space for students to experience the art of spoken word poetry through participation in a slam poetry competition. Students will have the opportunity to learn more about the art-form and create and perform works of their own. Sponsored by Ebony Readers/Onyx Theatre.

WHAT UNC DOESN’T WANT YOU TO KNOW
6:30 PM – 8:00 PM
FPG STUDENT UNION, ROOM 3203

Welcome to UNC! Here’s what no one will tell you. Come learn about the secret history of UNC, from student occupations and worker uprisings to the lingering legacy of white supremacy on our campus. Join the ongoing activism around anti-racist, anti-patriarchy, and other liberation struggles at UNC. Presented by the UNControllables, UNC’s radical political student group. Sponsored by UNControllables.
ART STUDIO FOR EVERYONE!  
6:30 PM – 8:00 PM  
HANES ART CENTER, ROOM 227  

The Undergraduate Art Association is hosting an open studio for all students regardless of their history in the studio arts. There will be tons of free art supplies for everyone to use however you want so all you have to do is bring yourself! We will also be taking votes for future workshops and talking about guest artists we will be having over the course of the semester! Sponsored by Undergraduate Art Association.

MEZUZAH MAKING AND POPSICLES ON SOUTH CAMPUS  
7:00 PM – 8:00 PM  
SASB COURTYARD  

Come join UNC Hillel, the home for Jewish students on campus, as we make Mezuzahs and eat popsicles! Sponsored by UNC Hillel.

CAMPUS Y GAME NIGHT WITH PIZZA  
7:00 PM – 9:00 PM  
CAMPUS Y, QUEEN ANNE LOUNGE  

Are you interested in social justice or public service at UNC? Whether you’re an experienced activist or eager to learn, come to the Campus Y for a relaxed evening of games, pizza, and socialization. You can drop in for a few minutes or stay the whole time. There will be board and cards games for both introverts and extroverts! Bring your friends and don’t miss the game of Kahoot about the committees, programs, and history of the Campus Y (with gift cards as prizes!). Sponsored by Campus Y.

THURSDAY, AUGUST 23

WOW PHOTO CHALLENGE  
ALL DAY  
#HEELSGOGREEN  

Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

ACADEMIC ADVISING DROP-INS  
8:00 AM – 5:00 PM, STEELE BUILDING  
8:00 AM – 7:00 PM, HARDIN HUB  

Academic advisors are available on a drop-in basis to address any urgent issues that may arise with your fall schedule. Visit advising.unc.edu for more information. Sponsored by the Academic Advising Program.
**TAR HEEL ART TAKE OVER**
12:00 PM – 7:00 PM
HANES ART CENTER, ACKLAND ART MUSEUM, HILL HALL, MEMORIAL HALL, CENTER FOR DRAMATIC ART, BEAM MAKERSPACE AT MURRAY HALL, SWAIN, AND THE STONE CENTER
An explosion of all things Arts at Carolina! Join us over 3 days for artmaking, performances, backstage tours, and free food! Details in the Arts Everywhere App (getartseverywhere.com) Sponsored by ArtsEverywhere.

**MUSCLE CUT**
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**CYCLE**
12:15 PM – 1:00 PM
FETZER CYCLE STUDIO
Take bike riding to a whole new level! Now you can have the same fun riding a bike you had as a kid with the health and fitness benefits you need as an adult. Let our instructors motivate you in this exhilarating class, combining strength and endurance drills designed to meet your workout goals! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

**STUDY ABROAD OFFICE OPEN HOUSE**
2:00PM – 4:00 PM
FEDEX GLOBAL EDUCATION CENTER, ROOM 2009
You can expand your campus and UNC experience. Come learn about the various programs and opportunities available through the Study Abroad Office. This will include information about the Phillips Ambassador Program. Advisors and program directors will be on hand to address your questions and discuss the steps to study abroad Sponsored by the Study Abroad Office.

**PHILLIPS AMBASSADORS PROGRAM OPEN HOUSE**
2:00PM – 4:00 PM
FEDEX GLOBAL EDUCATION CENTER, ROOM 2009
The Phillips Ambassadors Program combines a scholarship award for study in Asia with additional programming so that students are uniquely prepared for their study abroad experience. The program's goal is to put the undergraduate experience in a greater global context and to challenge students to share their experiences in Asia with others upon returning to North Carolina. Come see us at the Study Abroad Office's open house to learn more. Think Study Abroad. Think Asia. Sponsored by Phillips Ambassadors Program.

**CAROLINA FIRSTS WELCOME BACK DESSERT RECEPTION**
2:30 PM – 3:45 PM
WILSON LIBRARY, PLEASANTS ROOM
Are you the first one in your family to go to college? We proudly call our first-generation college students “Carolina Firsts.” Come meet other new first-generation Tar Heels, talk to older students who have been in your shoes, and enjoy some dessert. Sponsored by Carolina Firsts.

**LIVE/LEARN ENTREPRENEURSHIP AND INNOVATION AT CAROLINA’S BLUE COMMUNITY**
3:00 PM – 4:00 PM
BLUE, 1ST FLOOR CARMICHAEL RESIDENCE HALL
Are you interested in entrepreneurship? Have an idea you’d like to build out to become a company? Are you currently running your own business? Does the thought of eating, sleeping, and breathing entrepreneurship excite you? The BLUE community may be for you! In this session we’ll share more about the programming and opportunities with the entrepreneurship based live/learn community, BLUE, in Carmichael Hall, including the application process. Sponsored by UNC Kenan-Flagler Entrepreneurship Center.
WORKDAY IN THE EDIBLE CAMPUS GARDEN
3:00 PM – 5:00 PM
EDIBLE CAMPUS GARDEN (BETWEEN DAVIS LIBRARY AND THE ATMS)

Join us for a fun day of planting, harvesting, mulching, watering, and snacking in the Edible Campus gardens across campus! Sponsored by Edible Campus UNC - North Carolina Botanical Garden.

ENJOY BAKING AND SOCIAL JUSTICE? COME BAKE WITH CHALLAH FOR HUNGER
4:00 PM – 6:00 PM
UNC HILLEL

Come join us at UNC Hillel to bake and eat delicious challah (Jewish bread). Challah for Hunger is a local nonprofit that raises money for national and local hunger relief organizations. We bake a variety of flavored challah including plain, Nutella, chocolate chip, cinnamon sugar, and everything bagel. Everyone is welcome and encouraged to come bake with us, regardless of religious background, as most of our volunteers are not Jewish!! See you then! Sponsored by Challah for Hunger.

BEAM @ CARMICHAEL RESIDENCE HALL
4:00 PM – 6:00 PM
BEAM @ CARMICHAEL RESIDENCE HALL

The Be A Maker (BeAM) network is a system of makerspaces across campus where you can explore exciting tech like 3D printers and embroidery machine. Today’s open house is at the BeAM makerspace in Carmichael Residence Hall. Come check out this space and make your own unique button! Sponsored by BeAM.

ASK A TRAINER
4:00 PM – 7:00 PM
RAMS HEAD RECREATION CENTER (RHRC) LOBBY

A certified personal trainer will be available in the Rams Head Recreation Center (RHRC) lobby, ready to answer your fitness questions. Trainers will also be available to give tours of the Personal Training Studio and Weight and Cardio Floor! Don’t miss out on this opportunity! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

TRANSFER STUDENT AMBASSADOR MENTOR MEET-UP
4:00 PM – 5:00 PM
FPG STUDENT UNION, ROOM 3209

New transfers, come meet your Transfer Student Ambassador mentor! Take advantage of this time to connect with your mentor in person and meet fellow transfers. Receive tips and advice from current transfers on how to navigate Carolina and meet new people. Refreshments will be served. Sponsored by Transfer Student Ambassadors and New Student & Family Programs.

MIND BODY SAMPLER
4:30 PM – 6:00 PM
RAMS HEAD REC CENTER, MULTIPURPOSE ROOM

Always wanted to try a group fitness classes but don’t want to commit to the full hour long class? Come try out our mind body class offerings at the Mind Body sampler! Each 20 minute class will give you a taste of each format on this semester's schedule - Barre, Pilates Power Yoga, Sculpt - Stay for one or stay for them all! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

THE UNC STUDENT’S STRUGGLE TO JUGGLE
5:00 PM – 6:00 PM
LOUERMILK CENTER FOR EXCELLENCE

As a college student, you must master the ability to juggle your academic responsibilities (ball 1). At UNC in particular, it can be a struggle to do so. There are an assortment of distractions (ball 2): some you are already familiar; some will be entirely new as a college student living on campus. That said, there are campus resources (ball 3) available to help you keep your eye on the ball(s). Come learn to actually juggle in order to help inform your ability to figuratively do so. Sponsored by UNC Athletics.

SCOOPS AND SONGS WITH MUSICAL EMPOWERMENT
5:00 PM – 8:00 PM
RAMS PLAZA

Come cool down and jam out with some free Ben and Jerry’s and music with the Musical Empowerment Leadership Team! Do you know how to play an instrument or sing and want to share that talent with others? Join us and learn how to get involved with teaching music lessons to kids in the community. Sponsored by Musical Empowerment.
TAR HEEL TIE-DYE BASH
5:00 PM – 6:30 PM
SASB PLAZA
Come meet current members of the Heelraisers Student Giving Council, learn more about what it means to be a part of the award-winning Heelraisers, and tie-dye your very own Tar Heel t-shirt! Come find out how you can leave your HEELprint at Carolina. Sponsored by Heelraisers Student Giving Council.

CAMPUS Y OPEN HOUSE AND ICE CREAM SOCIAL
5:30 PM – 7:30 PM
CAMPUS Y COURTYARD
Get to know UNC’s center for Social Justice by visiting committee booths, talking to co-chairs of committees, meeting the Exec Board and Campus Y staff. Kickstart your social justice journey at UNC by having a tour of the Y building and meeting some amazing students passionate about creating change...all while eating ice cream! Sponsored by Campus Y.

TRANSFER NIGHT AT THE MUSEUM
5:30 PM – 7:30 PM
ACKLAND ART MUSEUM
All new transfer students and their families are invited to a night of free fun, food, and culture. Explore the beautiful Ackland Art Museum and its variety of fascinating exhibits. Sponsored by the Transfer Student Ambassadors, the Ackland Art Museum, the Tar Heel Beginnings Board, and New Student & Family Programs

PAINT YOUR VISION, CREATE YOUR FUTURE
6:00 PM – 7:00 PM
FPG STUDENT UNION, ROOM 3102
Start the semester off by getting creative, and have some fun and chat it up with other UNC students! Canvases and other supplies will be provided, but they will be limited so arrive early! Sponsored by Omega Phi Beta Sorority, Incorporated.

COLLEGE UNION POETRY SLAM INVITATIONAL (CUPSI) SHOWCASE
6:00 PM – 8:00 PM
FPG STUDENT UNION WEST LOUNGE
Every year, the Wordsmiths supports a team of poets to compete at the College Union Poetry Slam Invitational, a national collegiate spoken word competition. In 2018, the UNC team made it to the the semifinal round of the competition, and our Week of Welcome CUPSI showcase, you will be able to hear some of the groundbreaking poems this team shared in April at Philadelphia, Pennsylvania. Come out to this event not only for a chance to rub shoulders with some of UNC’s most talent spoken word poets, but also find out how YOU can get involved in the spoken word scene. After the performance, the Wordsmiths will stick around to answer any questions you may have! Sponsored by Wordsmiths.

BBQ DINNER:
UNC WESLEY CAMPUS MINISTRY
6:15 PM – 7:30 PM
WESLEY LOFT, LOCATED ON FRANKLIN ST., NEXT TO SUTTON'S
Enjoy a FREE BBQ dinner (vegetarian, vegan, and gluten free options too!) and make new friends, while learning about the mission and ministry opportunities of UNC Wesley Campus Ministry: including weekly worship, small groups, retreats, mission trips, tailgates, social events, and much more. The Wesley Loft is on Franklin Street (157 E. Franklin, up the alley steps next to Sutton's). Sponsored by the United Methodist Church, Wesley welcomes students of all faiths, no faith, and everywhere in between. Sponsored by UNC Wesley.

GLOWGA
6:30 PM – 7:30 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
Glowsticks and yoga... need we say more? Join us for an energizing yoga class to kick off the new semester! Moving with each breath, flowing from one pose to the next, this challenging class is appropriate for all levels, developing strength, endurance, flexibility, and balance with an emphasis on mindfulness of breath throughout. Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

FLIX ON THE BRICKS
8:30 PM – 10:30 PM
SASB COURTYARD
Looking for a fun and unique way to spend your Saturday evening? Come join us for an outdoor screening of Game Night! Don’t worry — we’ll have free popcorn available! We’ll also have fun games to play like cornhole and ladder golf! Feel free to bring a chair or a blanket for comfort. In case of rain, head to the FPG Student Union Auditorium! Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.
FRIDAY, AUGUST 24

WOW PHOTO CHALLENGE
ALL DAY
#UNCPITPOPPIN
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

ACADEMIC ADVISING DROP-INS
8:00 AM – 5:00 PM
STEELE BUILDING & HARDIN HUB
Academic advisors are available on a drop-in basis to address any urgent issues that may arise with your fall schedule. Visit advising.unc.edu for more information. Sponsored by the Academic Advising Program.

POP BY THE WRITING AND LEARNING CENTERS
11:00 AM – 1:00 PM
SASB COURTYARD
Collect the tools needed for a successful transition to Carolina—we’ll have semester calendars and must-have info to keep you organized and productive. Find out the many resources offered by the Writing Center and Learning Center. Meet academic and writing coaches and create an action plan so you can meet your semester goals. Come by, enjoy some free treats, and kick-off a great semester! In case of rain, find us in the Writing Center (0127 SASB North). Sponsored by Learning and Writing Centers.

CYCLICIOUS
11:00 AM – 2:00 PM
THE PIT
Come roll with us at Cyclicious, a celebration of bicycling! Get free bike accessories, play games, win prizes, and get a free bike check. Learn about UNC’s bike share program Tar Heel Bikes, or bring your own bike for free registration to receive 50% off a U-lock. Check out what UNC and the Chapel Hill community have to offer in the world of biking! Sponsored by UNC Transportation & Parking.

COOL DOWN WITH CUAB
12:00 PM – 2:00 PM
THE PIT
Come learn more about joining the Carolina Union Activities Board, one of the largest groups on campus! We’ll be giving out free ice cream and more CUAB gear! Sponsored by Carolina Union Activities Board.

ZUMBA
12:15 PM – 1:00 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
A fusion of Latin and international music — dance themes creating a dynamic, exciting, effective fitness system! The routines combine easy dance moves with aerobic interval training, using both fast and slow rhythms to tone and sculpt the body. Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec. Sponsored by Campus Recreation.

BEAM OPEN HOUSE — MURRAY HALL
4:00 PM – 6:00 PM
BEAM @ MURRAY HALL
The Be A Maker (BeAM) network is a system of makerspaces across campus where you can explore exciting new tech like 3D printers and laser cutters. During Week of Welcome, we’ll rotate “open house” hours through each makerspace where you can get a tour of available tools, hear about BeAM happenings, and make unique buttons to take home. Today’s “open house” is at the BeAM makerspace in Murray Hall. Sponsored by BeAM.

THEMED CYCLE CLASS
4:00 PM – 5:00 PM
FETZER CYCLE STUDIO
Take bike riding to a whole new level with this themed class! A motivating themed playlist combined with an exhilarating class, our instructor will lead you through strength and endurance drills designed to meet your workout goals! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.

3-2-1
4:15 PM – 6:00 PM
STUDENT RECREATION CENTER (SRC) STUDIO B
Try a new spin on intervals with this combination of cardio, strength and core training broken down into set time limits to maximize your workout! Visit campusrec.unc.edu/special-events for more info on Week of Welcome with Campus Rec! Sponsored by Campus Recreation.
VIT (VERY IMPORTANT TAR HEEL)  
5:00 PM – 8:00 PM  
STONE & LEAF CAFE (INSIDE STUDENT STORES)  
Join us for a kickoff celebration with activities, prizes, and the best deals of the semester! Sponsored by Student Stores.

INTERNATIONAL STUDENT WELCOME DINNER  
6:00 PM – 8:00 PM  
NORTH CAROLINA STUDY CENTER  
ON BATTLE LANE  
Are you an international student? Are you hoping to build cross-cultural friendships? Chi Alpha welcomes you to come share an excellent meal, play games, and meet students from all over the world. Sponsored by Chi Alpha Christian Fellowship.

VETERANS WELCOME DINNER  
5:00 PM – 9:00 PM  
CAROLINA VETERANS RESOURCE CENTER  
Join the Carolina Veterans Organization in a welcome dinner at the Carolina Veterans Resource Center (211 Branson St)! We will enjoy some good food and good conversation as we seek to connect student veterans both new and old. This will be an informal event, food will be provided, and families are welcome! Sponsored by Carolina Veterans Organization.

INTERVARSITY CHRISTIAN FELLOWSHIP LARGE GROUP  
6:30 PM – 8:30 PM  
TEAGUE MULTIPURPOSE ROOM  
Come and join us for worship and fellowship at the first Large Group of the year! Hang with us after hours to meet new students and drink coffee! Sponsored by InterVarsity Christian Fellowship.

TRIVIA NIGHT  
6:30 PM – 8:30 PM  
FPG STUDENT UNION 3200 WING  
Harry Potter! Disney! Come out and enjoy team trivia with your friends, or join a table and meet new ones. Brush up on your random facts, enjoy snacks, and have the chance to win some great prizes! Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.

CAROLINA FEMINIST COALITION MIX AND MINGLE  
6:30 PM – 8:30 PM  
STONE CENTER, HITCHCOCK ROOM  
Join feminist on- and off-campus feminist organizations as we start the year off with a fun night of food, drinks, and making new friends! This is a great event to learn about all the different feminist organizing opportunities that UNC has to offer surrounding issues like reproductive justice, gender-based violence prevention, gender equity, and so much more! Sponsored by Carolina Feminist Coalition.

CULTURE ON THE LAWN  
5:30 PM – 7:30 PM  
NORTH CAROLINA STUDY CENTER: SASB COURTYARD  
Come out to celebrate the new school year with the Black Student Movement with performances from our subgroups and more! Sponsored by the Black Student Movement.

WELCOME SHABBAT AT CHABAD  
7:30 PM – 9:30 PM  
CHABAD HOUSE: 127 MALLETTE STREET  
Celebrate the end of your first week with a family style Shabbat at Chabad. Enjoy a five-course dinner in a warm and welcoming environment. Meet fellow students, schmooze with the rabbi, and make yourself at home! Sponsored by Chabad Student Group at UNC-Chapel Hill.
UNC CLIMBING PROGRAMS
NEWBIE NIGHT 🎉
8:00 PM – 11:00 PM
RAMS HEAD RECREATION CENTER
Start the school year off with some adventure! If you would like to try climbing, but aren’t ready to make the commitment, this event is for you. UNC Climbing staff will show you the ropes and get you climbing in no time. Come solo or with friends to Rams Head Climbing Wall to try out a new sport. Sponsored by Campus Recreation.

JUST DANCE
9:00 PM – 10:30 PM
FPG STUDENT UNION GREAT HALL
Put on your dancing shoes and head on over to the Great Hall! Get ready for a giant game of Just Dance with prizes including t-shirts and ice pops. First 100 students will receive WOW sunglasses. Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs.

SATURDAY, AUGUST 25

WOW PHOTO CHALLENGE
ALL DAY
#BEYOUBECAROLINA
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

BIG WESLEY BEACH BASH:
UNC WESLEY CAMPUS MINISTRY
8:30 AM – 11:00 PM
SKIPPER BOWLES PARKING LOT
Join new Wesley friends for one last day at the beach before the school year takes off. Meet at the Skipper Bowles Parking Lot at 8:30 AM, and we’ll have you back by 11:00 PM. Cost is $20, and includes a FREE t-shirt, transportation, lunch, dinner, and a day at the beach, concluding with evening worship. To go, you must sign-up at uncwesley.org by noon on Fri. Aug. 24 (by 8:00 AM, Mon. Aug. 20 to guarantee your shirt size. Sponsored by UNC Wesley.

UNC WOMEN’S RUGBY
NEW PLAYER CAMP 🏉
10:00 AM – 2:00 PM
HOOKER FIELDS
Interested in playing one of the fastest growing sports in the US? Come join current players and coaches for our annual New Player Camp on Saturday, August 25th to learn the basics and get to know your future teammates! We’ll be playing 10-12 followed by a social cookout (food provided) from 12-2. No prior rugby experience required, just wear athletic clothing and bring water/sunscreen. Sponsored by UNC Women’s Rugby.

MODEL UN INFO SESSION AND SIMULATION
12:00 PM – 3:30 PM
FPG STUDENT UNION, ROOM 3102
Come to learn more about Model UN at UNC. As a part of our travel team, you would have the opportunity to compete at conferences across the country — for free! You’ll participate in committees that cover topics related to and beyond international relations. At this event, we’ll discuss how you can get involved, highlight the benefits to your debate, public speaking, and creative skills, and provide an example of what Model UN is really like. Sponsored by Carolina International Relations Association.

BEAM OPEN HOUSE EXTRAVAGANZA 🎈
4:00 PM – 6:00 PM
BEAM @ MURRAY HALL, BEAM @ HANES ART CENTER, BEAM @ KENAN SCIENCE LIBRARY, BEAM @ CARMICHAEL RESIDENCE HALL
The Be A Maker (BeAM) network is a system of makerspaces across campus where you can explore exciting new tech like 3D printers and laser cutters. During Week of Welcome, we’ ll rotate ”open house” hours through each makerspace where you can get a tour of available tools, hear about BeAM happenings, and make unique buttons to take home. Today, all four BeAM makerspaces will have ”open house” hours from 4pm to 6pm! Sponsored by BeAM.

MAKING MEMORIES AT THE MAKERSPACE 🎈
6:00 PM – 8:00 PM
MURRAY MAKERSPACE
Join MakNet, the UNC student maker group, for our first meeting of the year! Students will become BeAM oriented and will learn how to make their own laser-cut picture frames. There will be a photo booth with an Instax Camera. No making experience necessary. Sponsored by MakNet.
SUNDAY, AUGUST 26

WOW PHOTO CHALLENGE
ALL DAY
#GDTBATH
Tag your photos with today’s hashtag and tag @THB_UNC. Prizes will be awarded every day!

FLY THE CAROLINA SKY
3:00 PM – 7:00 PM
CAROLINA OUTDOOR EDUCATION CENTER
Drop by the Carolina Adventures Challenge Course for a chance to experience three high flying elements on the all new Tar Heel Towers high ropes course. Stretch your comfort zone on the Giant Swing, take a leap of faith off of the Power Pole, or zoom with a friend down Blackbeard, our 1,200’ tandem zip line. Meet some new friends and start the semester off with an adventure! Sponsored by Campus Recreation.

CATHOLIC MASS OF THE HOLY SPIRIT
6:15 PM – 6:30 PM
MEET IN SASB COURTYARD
Join us for our annual celebration of the Mass of the Holy Spirit as students, faculty, and staff gather to ask God’s blessings on our academic endeavors and university life. Meet up with friends to walk together to this special liturgy at the Newman Center, 218 Pittsboro Street (across from the Carolina Inn). Look for Pope Francis in the SASB Courtyard. We’ll leave at 6:30pm for the 7:00pm Mass. Sponsored by Catholic Campus Ministry.

FIRST WESLEY WORSHIP:
UNC WESLEY CAMPUS MINISTRY
7:00 PM – 8:00 PM
UNIVERSITY UMC CHAPEL (150 E. FRANKLIN)
Join Wesley for our first student-led worship service of the year in the chapel of University UMC (150 E. Franklin Street, across from Sutton’s). Interested in getting involved in worship, small groups, or other ministries and missions? We’ll give you all the information at this worship service! Sponsored by the United Methodist Church, Wesley welcomes students of all faiths, no faith, and everywhere in between. Hope to see you there! More details at uncwesley.org. Sponsored by UNC Wesley.

DIVE-IN MOVIE
7:30 PM – 11:15 PM
KESSING OUTDOOR POOL
Wind down from the first week of classes in Kessing Outdoor Pool as we relax and watch Avengers: Infinity War on the big screen. Open swim starts at 7:30, and the movie will start around 8:30. Sponsored by Campus Recreation, CUAB, the Tar Heel Beginnings Board, and New Student & Family Programs.
STUDENT GROUPS

The following events are particularly helpful for specific student populations. You are encouraged to attend all Week of Welcome activities, but these events are especially valuable to attend.

### FIRST-GENERATION STUDENTS

**CAROLINA SUMMER READING PROGRAM DISCUSSION**
**Monday, August 20, 10:30 AM–12:00 PM**
First Year Students will check-in at the Residence Hall unless they receive an email otherwise. Transfer students will check in at the FPG Student Union. Sponsored by Student Affairs and the Office of Undergraduate Education

**THINGS I WISH I KNEW BEFORE CAROLINA**
**Monday, August 20, 12:00 PM–1:30 PM**
Wilson Library, Pleasant Room
Sponsored by Carolina Firsts

**CAROLINA FIRSTS WELCOME RECEPTION**
**Thursday, August 23, 2:30 PM–3:45 PM**
Wilson Library, Pleasant Room
Sponsored by Carolina Firsts

### OUT-OF-STATE STUDENTS

**CAROLINA SUMMER READING PROGRAM DISCUSSION**
**Monday, August 20, 10:30 AM–12:00 PM**
First Year Students will check-in at the Residence Hall unless they receive an email otherwise. Transfer students will check in at the FPG Student Union. Sponsored by Student Affairs and the Office of Undergraduate Education

**UNC OUT-OF-STATE STUDENT ASSOCIATION INTEREST MEETING**
**Monday, August 20, 2:00 PM–3:30 PM**
FPG Student Union, Room 3407
Sponsored by UNC Out-of-State Student Association

**NOT FROM NORTH CAROLINA?**
**Wednesday, August 23, 5:30 PM–7:00 PM**
FPG Student Union Room 3206A-B
Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs

### INTERNATIONAL STUDENTS

**INTERNATIONAL STUDENT MEET & GREET**
**Friday, August 17, 12:30 PM – 2:00 PM**
FPG Student Union Aquarium Lounge
Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs

**CAROLINA SUMMER READING PROGRAM DISCUSSION**
**Monday, August 20, 10:30 AM–12:00 PM**
First Year Students will check-in at the Residence Hall unless they receive an email otherwise. Transfer students will check in at the FPG Student Union. Sponsored by Student Affairs and the Office of Undergraduate Education

**UNC OUT-OF-STATE STUDENT ASSOCIATION INTEREST MEETING**
**Monday, August 20, 2:00 PM–3:30 PM**
FPG Student Union, Room 3407
Sponsored by UNC Out-of-State Student Association

**NOT FROM NORTH CAROLINA?**
**Wednesday, August 22, 5:30 PM–7:00 PM**
FPG Student Union Room 3206A-B
Sponsored by the Tar Heel Beginnings Board and New Student & Family Programs

### TRANSFER STUDENTS

**TRANSFER STUDENT KICK-OFF**
**Sunday, August 19, 5:30 PM–6:30 PM**
FPG Student Union Great Hall
Sponsored by Transfer Student Ambassadors, the Tar Heel Beginnings Board, and New Student & Family Programs

**CAROLINA SUMMER READING PROGRAM DISCUSSION**
**Monday, August 20, 10:30 AM–12:00 PM**
First Year Students will check-in at the Residence Hall unless they receive an email otherwise. Transfer students will check in at the FPG Student Union. Sponsored by Student Affairs and the Office of Undergraduate Education

**OFF-CAMPUS TRANSFER STUDENT SOCIAL**
**Wednesday, August 22, 4:00 PM–6:00 PM**
Pizza Press (123 W. Franklin St., Suite 120)
Sponsored by the Office of Off-Campus Student Life, Transfer Student Ambassadors, and New Student & Family Programs

**TRANSFER STUDENT AMBASSADOR MENTOR MEET-UP**
**Thursday, August 23, 4:00 PM–5:00 PM**
FPG Student Union, Room 3209
Sponsored by Transfer Student Ambassadors and New Student & Family Programs

**TRANSFER NIGHT AT THE MUSEUM**
**Thursday, August 23, 5:30 PM–7:30 PM**
Ackland Art Museum (101 S. Columbia Street)
Sponsored by the Ackland Art Museum, Transfer Student Ambassadors, the Tar Heel Beginnings Board, and New Student & Family Programs
All placement exams will be held on Monday, August 20, 2018, unless otherwise noted.

**ARABIC**
8:00AM – 10:15AM, CAROLINA HALL 220
*Please visit asianstudies.unc.edu/placement to register online in advance.*

**BIOLOGY**
11:00AM – 1:00PM, COKER HALL 201
For BIOL 101/101L only. *Please visit tinyurl.com/placement101 or bio.unc.edu/undergraduate/biology-101-placement-exam/ to register online in advance.*

**CHEMISTRY**
8:30AM
For CHEM 101/101L & 102/102L only. Bring hand-held calculator and pencils. May only attend each exam once. *Please visit chem.unc.edu/undergrad/credit.html to register online in advance.*

**CHINESE**
9:00AM – 10:15AM OR 3:15PM – 4:30PM, PHILLIPS HALL 332
Students may register for either exam time. Students wishing to enroll in Chinese language courses must take the departmental placement exam, regardless of any by-examination credit. *Please visit asianstudies.unc.edu/placement to register online in advance.*

**MODERN HEBREW**
8:00AM – 10:00AM, PHILLIPS HALL 212
*Please visit asianstudies.unc.edu/placement to register online in advance.*

**HINDI-URDU**
3:00PM – 4:00PM, PHILLIPS HALL 224
*Please visit asianstudies.unc.edu/placement to register online in advance.*

**JAPANESE**
2:00PM – 4:00PM, NEW WEST HALL 219
Students wishing to enroll in Japanese language courses must take the departmental placement exam, regardless of any by-examination credit. *Please visit asianstudies.unc.edu/placement to register online in advance.*

**KOREAN**
8:15AM – 10:15AM, NEW WEST HALL 219
Students wishing to enroll in Korean language courses must take the departmental placement exam, regardless of any by-examination credit. *Please visit asianstudies.unc.edu/placement/placement-signup-form/ to register online in advance. Online portion to be completed prior to test date; the link is on placement registration website.*

**MATH (CALCULUS)**
1:00PM – 3:00PM OR 3:30PM – 5:30PM, PHILLIPS HALL 334
For placement out of MATH 231 and/or MATH 232 only. Students may choose a time slot for the placement test. For more information, email Linda Green at linda.green@unc.edu. *Please visit go.unc.edu/calculus-placement-exam to register online in advance.*

**MUSIC KEYBOARD SKILLS**
12:30PM – 2:30PM, KENAN MUSIC BLDG 2011
For intended Bachelor of Music students only; for placement out of MUSC 136 and/or MUSC 236. Sample Keyboard tests available at https://music.unc.edu/areas/piano/bm-keyboard-requirement/. *Please visit docs.google.com/spreadsheets/d/1iAfopVJGesd9XdpBPydp079AzjLg4mn1Jd_MevYcPZA/edit#gid=0 to register online in advance.*

**MUSIC THEORY**
**TAKEN ONLINE**
For placement out of MUSC 121; required for students intending to enroll in MUSC 130/131 in Spring 2019. Online registration not required. *Please visit go.unc.edu/music-theory-placement to take the assessment.*

**RUSSIAN**
9:00AM – 11:00AM, DEY HALL 416
Preregistration is not required.

**TURKISH**
1:45PM – 3:00PM, NEW WEST HALL 103
*Please visit asianstudies.unc.edu/placement to register online in advance.*

**PHYSICS**
1:30PM – 4:30PM, PHILLIPS HALL 215
For PHYS 116 & 117. *Please visit go.unc.edu/physics-placement-exam*
ABOUT THE BOOK

No matter how old you are, there’s a good chance that the word “popular” immediately transports you back to your teenage years. Most of us can easily recall the adolescent social cliques, the high school pecking order, and which of our peers stood out as the most or the least popular teens we knew. Even as adults we all still remember exactly where we stood in the high school social hierarchy, and the powerful emotions associated with our status persist decades later. This may be for good reason. Popular examines why popularity plays such a key role in our development and, ultimately, how it still influences our happiness and success today. In many ways—some even beyond our conscious awareness—those old dynamics of our youth continue to play out in every business meeting, every social gathering, in our personal relationships, and even how we raise our children. Our popularity even affects our DNA, our health, and our mortality in fascinating ways we never previously realized. More than childhood intelligence, family background, or prior psychological issues, research indicates that it’s how popular we were in our early years that predicts how successful and how happy we grow up to be. But it’s not always the conventionally popular people who fare the best, for the simple reason that there is more than one type of popularity—and many of us still long for the wrong one. As children, we strive to be likable, which can offer real benefits not only on the playground but throughout our lives. In adolescence, though, a new form of popularity emerges, and we suddenly begin to care about status, power, influence, and notoriety—research indicates that this type of popularity hurts us more than we realize. Realistically, we can’t ignore our natural human social impulses to be included and well-regarded by others, but we can learn how to manage those impulses in beneficial and gratifying ways. Popular relies on the latest research in psychology and neuroscience to help us make the wisest choices for ourselves and for our children, so we may all pursue more meaningful, satisfying, and rewarding relationships.

Book information provided by mitchprinstein.com

ABOUT THE AUTHOR

Mitch Prinstein, Ph.D. is a husband, a father, board certified in clinical child and adolescent psychology, and serves as the John Van Seters Distinguished Professor of Psychology and Neuroscience, and the Director of Clinical Psychology at the University of North Carolina at Chapel Hill. Mitch’s Peer Relations Lab has been conducting research on popularity and peer relations for almost 20 years, and has been funded by the National Institute of Mental Health, the National Institute of Child and Human Development, and several private foundations, resulting in over 100 scientific works, including a slew of scientific journal articles, book chapters, a set of encyclopedias on adolescent development, and even a textbook on the field of clinical psychology.


About the Author provided by mitchprinstein.com

- Book discussion: Monday, August 20, 2018
  10:30am – 12:00pm in residence halls and the FPG Student Union
- Author lecture: Monday, August 20, 2018
  6:00pm – 7:00pm in Memorial Hall
GREETINGS FROM THE DEAN
OF THE COLLEGE OF ARTS & SCIENCES

Dear New Tar Heel:

Welcome to the greatest public research university in the world. I am thrilled that you are joining Carolina’s extended family.

The College of Arts & Sciences is the home for all students beginning their undergraduate studies at UNC-Chapel Hill, as well as for transfer students who have selected majors within the fine arts, humanities, social sciences or natural and mathematical sciences.

Although a few students will go on to graduate from other schools at UNC-Chapel Hill, more than three-quarters will graduate from the College with a major from one of our approximately 40 academic departments and curricula. You can read more about the exciting choices that await you elsewhere in this guide and online at college.unc.edu

At Carolina, students will be exposed to breadth, depth and practice in their educational experiences—as well as all the benefits of a highly ranked, internationally recognized global public research university. Our mission statement for the College is: Think. Communicate. Collaborate. Create … for meaningful lives.

I am confident that you will begin to feel the connection to this mission from the day you arrive on campus. You will have endless opportunities to work closely with outstanding faculty who excel in both teaching and scholarship. Our innovative programs and experiences include:

- First-year Seminars
- Honors Carolina
- MayMester
- Study Abroad
- Undergraduate Research
- Makerspaces
- Entrepreneurship

In addition, the College provides a range of important Academic Advising and Academic Success services through the Office of Undergraduate Education to assist and guide you during your time at Carolina.

Once again, welcome to our exceptional academic community.

Best,

Kevin M. Guskiewicz
Dean, College of Arts and Sciences
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P.S. Follow me on Twitter at @unccollegedean and stay current on College news by following @unccollege on Facebook, Twitter, Instagram and YouTube.