
2021 FIRST-YEAR FAMILY ORIENTATION SCHEDULE *DAY ONE*

All sessions will operate on Eastern Time (ET). For all Zoom and video links, please refer to the UNC Family Experience portal, uncfamilies.campusesp.com.

Note: Sessions marked with an asterisk () will be attended by both students and family members/guests.*

- 9:00–10:45AM*** **STUDENT & ACADEMIC SERVICES INFORMATION FAIR** | Browse content from campus resources and representatives to learn about the services and opportunities available to help you maximize your Carolina experience.
- 11:00–11:30AM*** **THRIVE @ CAROLINA** | Join other new students and families in an overview of orientation expectations and learn how to best help your student thrive at Carolina.
- 11:40–12:10PM** **FAMILY SMALL GROUP 1** | Connect with other Carolina family members in a discussion led by Family Orientation Leaders (FOLs) about how to best support your student as you navigate this transition together.
- 12:15–12:45PM*** **PROFESSOR'S PERSPECTIVE** | Faculty members will discuss their expectations for the Carolina classroom and strategies to facilitate student success.
- 12:45–2:45PM** **BREAK + VIDEO VIEWING**
- ACADEMIC ADVISING** | 25 MIN
Gain insight on the Academic Advising Program with an overview of academic expectations, the undergraduate curriculum, and students' academic responsibilities.
- ACADEMIC SUCCESS** | 15 MIN
Learn how to support your student's academic excellence. The Center for Student Success and Academic Counseling (CSSAC) will offer insight on how you can help your student take advantage of resources at Carolina to develop helpful habits, lower their stress, and meet all of their academic goals.
- MORE THAN JUST A MAJOR** | 20 MIN
Your student's academic experience is "more than just a major," it's a journey of growth and self-exploration. Academic advisors, career coaches, and Orientation Leaders share their insight on academic resources and co-curricular activities in your student's area of interest.
- 2:45–3:20PM*** **CAROLINAREADY: CAMPUS PREPAREDNESS AND SAFETY**
Education and awareness is a critical element of promoting campus safety and proper implementation of crisis and emergency response plans. The Office of the Dean of Students and leaders from Risk Management and Campus Safety departments explain Alert Carolina, safe transportation, methods for reporting concerns, and other valuable resources for practicing safety on campus.
- 3:25–4:05PM** **PARTNERS IN TRANSITION** | Sending a student to college is a transition for the entire family. Senior leadership from Student Affairs will discuss ways in which you can partner with Carolina to support your student towards graduation. Orientation Leaders offer student perspectives on typical challenges that new students and family members face during the first year.
- 4:10–4:45PM** **FAMILY SMALL GROUP 2** | Reconnect with your small groups to discuss your Day 1 programs and prepare for a successful Day 2!

2021 FIRST-YEAR FAMILY ORIENTATION SCHEDULE *DAY TWO*

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9:00-10:45AM*	CAMPUS LIFE & FAMILY INVOLVEMENT INFORMATION FAIR Browse content from campus representatives to learn about the services and opportunities available to help you maximize your Carolina experience.
9:00-9:45AM*	INTEREST SESSION 1 See pages 3-4 for sessions and descriptions.
10:00-10:45AM*	INTEREST SESSION 2 See pages 3-4 for sessions and descriptions.
11:00-11:45AM	PARTNERS IN TRANSITION, PART II: BUILDING COMMUNITY An overview of pertinent policies that set the expectations for student behavior at Carolina. Presenters will also review available campus resources that support student well-being and overall student success. Strategies and tips will be provided for engaging with your student about making responsible decisions around alcohol, personal conduct, and utilizing campus resources.
11:45AM- 1:00PM	BREAK
1:00-1:20PM	HEATH & MENTAL HEALTH RESOURCES The health and mental health of your student is critical to their success at Carolina. Learn about the resources available to your student, what is covered under the Campus Health fee, which insurance plans are in network, and more.
1:25-2:05PM	HOUSING AT CAROLINA Your student's transition to a successful first year starts with their living environment. This session will give families an overview of what Carolina Housing and Granville Towers have to offer your student in terms of support, safety, resources, and learning opportunities.
2:10-2:45PM	FAMILY SMALL GROUP 3 Debrief your Orientation experience and celebrate the completion of your student's first step as an official member of the Carolina community.
3:00-3:45PM	CAROLINA PARENTS COUNCIL INFORMATION SESSION The Carolina Parents Council is a leadership engagement opportunity for families of current UNC students. Drop-in this live session to ask questions to a veteran Carolina family and learn more about membership on the council. For more information, visit go.unc.edu/parentscouncilinfosession .

FIRST-YEAR FAMILY ORIENTATION LIVE INTEREST SESSIONS

CAROLINA COVENANT SCHOLARS

This session is designed specifically for Carolina Covenant Scholars and their families to gain more insight on the Covenant Scholarship Package. It features information related to the financial aid award process, student billing, work-study opportunities, and programming activities and services that are unique to Covenant Scholars.

ACADEMIC SUPPORT AND THE VARSITY ATHLETE

Parents of Carolina varsity student-athletes' are invited to listen to this student-centered presentation to learn valuable academic information.

**This session will span both Sessions 1 and 2*

EARLY COLLEGE AND STUDENTS WITH COLLEGE CREDIT

This session is for Early College Students (students who were dually enrolled in high school and college) or students who have a large amount of college credit through transfer credit, AP credit, IB credit, etc (30+ credit hours) and their families. Academic Advising will offer insight and strategies on how your student can manage their college credit, how to approach registration when they already have several semesters of coursework, and how they can maximize their first-year for a more effective transition to the academic expectations at Carolina. The session will include information about how course equivalencies can fulfill general education and major requirements, as well as provide suggestions to increase academic success by appropriately balancing the first-year academic course load.

**This session will be offered in Session I only.*

STUDENT BILLING

The Office of the University Cashier will provide basic information about Student Accounts & Billing, Authorized Users, Financial Aid Deferments, Payment Options, and Refunds.

FIRST-YEAR FAMILY ORIENTATION RECORDED INTEREST SESSIONS

CAROLINA'S GLOBAL GUARANTEE

UNC-Chapel Hill guarantees that a global education is available to every student. No matter what your student's major, a global education will help them develop the skills, knowledge, and mindset to succeed at Carolina and beyond. UNC-Chapel Hill offers a wide-ranging menu of global education opportunities on campus and abroad. Join us to learn how your student will benefit from a global education at Carolina!

CAMPUS RECREATION

Find out all the ways Tar Heels Stay Active during their time at Carolina! Campus Rec offers facilities and services to enhance your student's mental, physical, and social well-being. Discover how your student can participate in our wide variety of programs, including: Fitness & Wellness, Aquatics, Carolina Adventures (climbing, expeditions, and challenge course), Intramural Sports, and Sport Clubs. On-campus, off-campus, in-person or virtually, Campus Rec will help your student stay active at UNC.

EAT LIKE A TAR HEEL

UNC Chapel Hill is rated as one of the "Top 75 Best Colleges for Food in America" by the Daily Meal (2017). Learn about Meal Swipes, Plus Swipes, Flex, and how we will keep your student well fed on campus.

FRATERNITY & SORORITY LIFE

Come learn about what Fraternity and Sorority Life has to offer here at UNC! Come learn about our organizations, what we stand for, and the process for your student joining one of our organizations.

PUBLIC SERVICE

Discover how your student can connect their academic interests with public service and community engagement across North Carolina and throughout the world. The Carolina Center for Public Service offers opportunities through the APPLS Service-Learning and Buckley Public Service Scholar programs. Alternative breaks, service-learning courses, paid internships with course credit, project-based fellowships and other opportunities connect students with the community, strengthening Carolina's tradition of service and engagement.

THE ARTS AT CAROLINA

Learn about all the ways to connect with the Arts at Carolina. Whether your student participates in the art making process or just enjoys art as an audience member, UNC has much to offer. Come to the session and learn how your student can become involved with the Arts at Carolina.

UNDERGRADUATE RESEARCH

Has your student ever wanted to research art history in Spain, study ecology in the South Pacific, or even help find cures for cancer right here in Chapel Hill? The Office for Undergraduate Research can help students achieve these goals. Students at UNC can conduct research in humanities, social sciences, and natural sciences beginning their first year. Speak with an office representative about how to get started.

UNIVERSITY CAREER SERVICES

Your student will begin their Carolina journey by exploring aspects of their personality, values, and skills and how they can support their major and career decision making. University Career Services (UCS) will assist your student in aligning their interests and strengths to campus involvement, internships, and other work experiences that will prepare them to become career-ready.