Please note that participation in all Orientation activities is expected and required in order for students to register for courses after Orientation. Additionally, the assigned time of Orientation activities, including Academic Advising and Laptop Distribution & Configuration are not able to be requested, adjusted, or switched.

Students should plan to be on campus until 4:00pm on Orientation Day Two. This includes spending the night in Carmichael Residence Hall.

Note: Sessions marked with an asterisk (*) will be attended by both students and family members/guests.

8:15–9:45AM
**HOUSING CHECK-IN** | Carmichael Residence Hall
All students must check-in to their Orientation residence hall during this time.

8:30–10:00AM
**ORIENTATION CHECK-IN** | West Lounge, FPG Student Union
Receive your Orientation materials and, if needed, your CCI laptop pick-up time.

8:30–10:50AM*
**UNC ONE CARD** | 3rd Floor, Student Stores
All students must pick up their One Card during this time in order to eat New Student Orientation meals.

**STUDENT & ACADEMIC SERVICES INFORMATION FAIR** | Student Stores
Connect with campus representatives to learn about offices and departments that are here to support you through your Carolina career.

**STUDENT STORES OPEN HOUSE** | Student Stores
Take a few minutes to get to know your official University Bookstore, home to Bull’s Head Bookshop, the Pit Stop, the Print Stop, Student Stores’ Pharmacy, the Tech Shop, and more.

**CCI LAPTOP DISTRIBUTION & CONFIGURATION, PART 1** | 1st Floor, Student Stores
Students who purchase computers through the Carolina Computing Initiative will pick up their laptop from UNC Student Stores staff and will have their computer set up for campus network use by ITS Service Desk personnel.

**NON-CCI LAPTOP CONFIGURATION** | UNC Service Desk, Lower Level, Undergraduate Library
Students who brought a laptop from home will have their computer set up for campus network use by ITS Service Desk personnel.

11:00–11:35AM*
**THRIVE @ CAROLINA** | Great Hall, FPG Student Union
Join other new students and families to learn what to expect from your Orientation and how to best prepare to thrive at Carolina. In addition, you will be introduced to your Orientation Leaders (OLs).

11:40–12:30PM
**SMALL GROUP 1** | Follow your OL
Meet with your fellow classmates and learn about your Carolina community.

12:40–1:30PM
**LUNCH** | Top of Lenoir Dining Hall
Enjoy lunch with your small group and your OL.

1:40–2:40PM*
**MORE THAN JUST A MAJOR** | Various Rooms, FPG Student Union
Come learn about how your academic journey at Carolina is “more than just a major.” Through the lens of academic exploration, faculty, academic advisors, and Orientation Leaders will share their insights in these sessions which will include first-year expectations for your area of interest, co-curricular activities, academic resources, and more.
**Business Interest** | 3408, FPG Student Union
At this session, you will learn about the required prerequisite courses to apply to the Kenan-Flagler School of Business. Information about the application process and co-curricular activities will also be presented. You will also learn about other majors that can lead to careers in the business field.

**Fine Arts and Humanities Interest** | 2420, FPG Student Union
Whether you are studying Music or English, explore opportunities that can complement and enhance your major coursework, and help you prepare for a career or graduate studies. Related majors: American Studies, Art History, Classics, Communication Studies, Comparative Literature, Dramatic Art, English, Germanic & Slavic Languages & Literatures, Linguistics, Media & Journalism, Music, Philosophy, Religious Studies, Romance Languages, Studio Art, Women's & Gender Studies.

**Pre-Health Interest** | Great Hall, FPG Student Union
Interested in being a healthcare professional? Here you will learn about health-related majors, required and suggested courses, co-curricular opportunities, and resources to assist you with the application process. Related graduate school paths: Medicine, Dentistry, Nursing, Pharmacy, Physician’s Assistant, Physical Therapy, Radiologic Science, and other health-related professions.

**Science, Not Pre-Health Interest** | Auditorium, FPG Student Union
In this session, science majors who do not intend to enter a profession in a health-related field will learn about academic opportunities, resources, and suggested coursework for their first year. Related majors: Biology, Biomedical Engineering, Biostatistics, Chemistry, Clinical Lab Science, Computer Science, Pre-Dental Hygiene, Environmental Studies & Sciences, Exercise & Sport Science, Geological Sciences, Health Policy & Management, Mathematics, Mathematical Decision Sciences, Neuroscience, Nutrition, Physics & Astronomy, Psychology.

**Social & Behavioral Sciences Interest** | 3411, FPG Student Union

2:50–3:20PM*  **PROFESSOR’S PERSPECTIVE**  | Great Hall, FPG Student Union
A Carolina faculty member will discuss faculty expectations for the Carolina classroom and strategies to facilitate student success.

3:20–4:00PM  **BREAK**

4:00–4:30PM  **REGISTRAR 101**  | Auditorium, FPG Student Union
In this workshop, the Registrar’s Office will introduce you to the basic terminology of Registration and provide an in-depth understanding of FERPA and your rights under FERPA.
4:30–4:50PM  HEELS UNITED: TITLE IX AND ANTI-HARASSMENT POLICIES | Auditorium, FPG Student Union
This session will review important UNC policies prohibiting identity-based harassment and discrimination, including Title IX and sexual misconduct. The session will focus on Carolina’s definition of consent, resources available on campus and in the community, and reporting options through the Equal Opportunity and Compliance Office. The session will also highlight opportunities to get involved in violence prevention efforts at Carolina.

4:50–5:20PM  HEALTHY HEELS | Auditorium, FPG Student Union
How will you stay healthy and well as a Carolina student? This session will encourage reflection on your plan for self-care in college and go over where to go and what services are offered when you need health and mental health care at Carolina.

5:20–5:30PM  EAT LIKE A TAR HEEL | Auditorium, FPG Student Union
UNC Chapel Hill is rated as one of the “Top 75 Best Colleges for Food in America” by the Daily Meal (2017). Learn about Meal Swipes, Plus Swipes, Dining Flex, and how we will keep you well fed on campus!

5:30–6:30PM*  DINNER | Top of Lenoir Dining Hall
Eat dinner with your Class of 2026 classmates, Carolina families, and OL staff.

6:45–7:45PM  SMALL GROUP 2 | Follow your OL
What will your Carolina experience look like? Take some time to reflect on today's sessions and prepare for tomorrow with your OL and small group.

8:00–8:45PM  THE HEEL WORLD | Auditorium, FPG Student Union
Relax with the OLs while they show you a humorous glimpse into “The Heel World.”

8:45-10:00PM  LATE NIGHT CAROLINA | Follow your OL, FPG Student Union
Kick off your first night on campus experiencing a taste of what the Carolina Union has in store for you this fall! Dancing, food, games, and more; we will have a bit of everything. Enjoy a fun night with your new Carolina family in the Student Union.
The following are descriptions of sessions occurring on Day Two of Orientation. Your Day Two schedule is based on your group number (1–20). It is very important that you follow your schedule to ensure that you attend your Registration & Advising Workshop, Exploring Our Stories session, and Lunch at your assigned times.

*Note: Sessions marked with an asterisk (*) will be attended by both students and family members/guests.*

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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| 7:00–8:15AM   | RESIDENCE HALL CHECK-OUT | Carmichael Residence Hall  
You must check out of Carmichael Residence Hall between 7:00 and 8:15am or you will incur an improper check-out fee. This fee covers the cost of rekeying your room due to the quick turnaround of the room so that it is ready for the next Orientation student. Please discard all trash and return your key and flex pass to the lobby. Upon check out, you should bring your luggage to your vehicle before proceeding to the Carolina Union. |
| 7:30–8:15AM*  | BREAKFAST                     | Top of Lenoir Dining Hall |
| 8:00–9:30AM   | LAPTOP DISTRIBUTION & CONFIGURATION, PART 2 | 1st Floor, Student Stores  
Pick up your laptop and configure it for use on the Carolina campus if not done on Day 1. |
| 8:15–8:40AM*  | Groups 1–13: INTEREST SESSION 1 | All Interest Sessions are located in the FPG Student Union  
See pages 6–7 for Interest Session descriptions. |
|               | Groups 14–20: CAMPUS LIFE & FAMILY ENGAGEMENT INFORMATION FAIR | Student Stores  
Meet campus representatives to learn more about opportunities to maximize your Carolina experience. |
| 8:45–9:10AM*  | Groups 1–7, 14–20: INTEREST SESSION 2 | All Interest Sessions are located in the FPG Student Union  
See pages 6–7 for Interest Session descriptions. |
|               | Groups 8–13: CAMPUS LIFE & FAMILY ENGAGEMENT INFORMATION FAIR | Student Stores  
Meet campus representatives to learn more about opportunities to maximize your Carolina experience. |
| 9:15–9:40AM*  | Groups 8–20: INTEREST SESSION 3 | All Interest Sessions are located in the FPG Student Union  
See pages 6–7 for Interest Session descriptions. |
|               | Groups 1–7: CAMPUS LIFE & FAMILY ENGAGEMENT INFORMATION FAIR | Student Stores  
Meet campus representatives to learn more about opportunities to maximize your Carolina experience. |
| 9:50–10:15AM  | FINDING YOUR HEEL PRINT: INVOLVEMENT AT UNC | Auditorium, FPG Student Union  
Feeling overwhelmed about finding involvement opportunities to join at UNC? We are here to help! This session will focus on guiding you to get connected to student organizations, leadership development opportunities, and much more. You will get the opportunity to hear from current students about how they navigated the first-year experience at UNC, and they will offer advice on how to leave your Heel Print at Carolina. |
| 10:25–10:55AM*| CAROLINAREADY: CAMPUS PREPAREDNESS AND SAFETY AT UNC-CHAPEL HILL | Great Hall, FPG Student Union  
Campus education and awareness is a critical element of promoting campus safety and the implementation of the University’s crisis and emergency response plans. The Dean of Students Office and leaders from Risk Management and UNC Police departments will share valuable information, including overviews of Alert Carolina, safe transportation, methods for reporting concerns, safety tips, and valuable resources for new students. |
11:10–1:15PM  Groups 1–10: READY SET REGISTER: ADVISING & REGISTRATION WORKSHOP  |  Follow your OL
In this hands-on workshop, Academic advising will provide step-by-step instruction to help you determine your course placements, identify courses that satisfy general education requirements, and choose courses related to your field of interest so that you can plan your fall schedule. You will participate in a live demonstration of helpful resources and learn how to register for courses. Advisors will also provide important suggestions to make the home registration process go smoothly. You will leave this workshop with a list of potential courses in your enrollment shopping cart and an understanding of how to use ConnectCarolina effectively.

11:10–12:20PM  Groups 11–20: EXPLORING OUR STORIES  |  Follow your OL
Exploring Our Stories will be an interactive workshop facilitated by Orientation Leaders and professional staff where you will engage in reflection and discussion about your identities and your stories, and how they are an integral part of the Carolina community.

12:25–1:15PM  Groups 11–20: LUNCH  |  Top of Lenoir Dining Hall

1:25–2:15PM  Groups 1–10: LUNCH  |  Top of Lenoir Dining Hall

2:20–3:30PM  Groups 1–10: EXPLORING OUR STORIES  |  Follow your OL
Exploring Our Stories will be an interactive workshop facilitated by Orientation Leaders and professional staff where you will engage in reflection and discussion about your identities and your stories, and how they are an integral part of the Carolina community.

1:25–3:30PM  Groups 11–20: READY SET REGISTER: ADVISING & REGISTRATION WORKSHOP  |  Follow your OL
In this hands-on workshop, Academic advising will provide step-by-step instruction to help you determine your course placements, identify courses that satisfy general education requirements, and choose courses related to your field of interest so that you can plan your fall schedule. You will participate in a live demonstration of helpful resources and learn how to register for courses. Advisors will also provide important suggestions to make the home registration process go smoothly. You will leave this workshop with a list of potential courses in your enrollment shopping cart and an understanding of how to use ConnectCarolina effectively.

3:40–4:05PM*  HARK THE SOUND CLOSING CEREMONY  |  Great Hall, FPG Student Union
Lux Libertas. You are now part of the light and liberty that is Carolina. Join us as we celebrate the completion of your first step as an official member of the Carolina community.

4:15–5:00PM*  OPTIONAL CAMPUS TOUR  |  Meet by the Orientation Help Desk in the FPG Student Union
Learn more about campus, including a visit to the Carolina Housing Model Room, through this informative tour led by current students.
# FIRST-YEAR STUDENT ORIENTATION

## INTEREST SESSIONS

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<tr>
<th>INTEREST SESSION TIMES AND LOCATIONS</th>
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<tr>
<td>Sessions are located in the FPG Student Union on Day Two from 8:15–9:40am</td>
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<tr>
<td>The Arts at Carolina</td>
<td>2420</td>
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<td>Campus Recreation</td>
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<td>Carolina Covenant Scholars</td>
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<td>Carolina, the NCAA, and the Varsity Student-Athlete*</td>
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<tr>
<td>Early College and Students with College Credit*</td>
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<td>Public Service</td>
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<td>Undergraduate Research</td>
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<tr>
<td>University Career Services</td>
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</tbody>
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## THE ARTS AT CAROLINA | Room 2420

Learn about all the ways to connect with the Arts at Carolina. Whether you participate in the art making process or just enjoy art as an audience member, UNC has much to offer. Come to the session and learn how you can become involved with the Arts at Carolina.

## CAMPUS RECREATION | Union Auditorium

Find out all the ways Tar Heels Stay Active during their time at Carolina! Campus Rec offers facilities and services to enhance your mental, physical, and social well-being. Discover how you can participate in our wide variety of programs, including Fitness & Wellness, Aquatics, Carolina Adventures (climbing, expeditions, and challenge course), Intramural Sports, and Sport Clubs. On-campus, off-campus, in-person or virtually, Campus Rec will help you stay active at UNC.

## CAROLINA COVENANT SCHOLARS | Room 2422

This session is designed specifically for Carolina Covenant Scholars and their families to gain more insight on the Covenant Scholarship Package. It features information related to the financial aid award process, student billing, work-study opportunities, and programming activities and services that are unique to Covenant Scholars.

## CAROLINA, THE NCAA, AND THE VARSITY STUDENT-ATHLETE* | Room 3203

Carolina varsity student-athletes must attend this session to learn valuable academic information.

*This session will span over Interest Session Blocks 1, 2, and 3

## EARLY COLLEGE AND STUDENTS WITH COLLEGE CREDIT* | Room 2518AB

This session is for Early College Students (students who were dually enrolled in high school and college) or students who have a large amount of college credit through transfer credit, AP credit, IB credit, etc. (30+ credit hours). Academic Advising will offer insight and strategies on how to manage your college credit, how to approach registration when you already have several semesters of coursework, and how you can maximize your first-year for a more effective transition to the academic expectations at Carolina. The session will include information about how course equivalencies can fulfill general education and major requirements, as well as provide suggestions to increase academic success by appropriately balancing the first-year academic course load.

*This session will be offered in Session I only. Those attending this session should arrive at 8:15 a.m.
HONORS CAROLINA* | Room 3205
Honors Carolina students and their families are encouraged to attend this session to meet Honors Carolina staff, learn about Honors Carolina course offerings and registration procedures, and get an inside look at how to maximize all that Honors Carolina offers.

Note: This session is only for members of Honors Carolina and their families.

*Only offered in Interest Session Blocks 1 and 2

PUBLIC SERVICE | Room 3206AB
Discover ways to connect your academic interests with public service and community engagement across North Carolina and throughout the world. The Carolina Center for Public Service offers opportunities through the APPLES Service-Learning and Buckley Public Service Scholar programs. Alternative breaks, service-learning courses, paid internships with course credit, project-based fellowships and other opportunities connect students with the community, strengthening Carolina’s tradition of service and engagement.

STUDENT BILLING | Room 3209
The Office of the University Cashier will provide basic information about student billing procedures, deferments, refunds, and payments.

UNC GLOBAL & STUDY ABROAD | Room 3408
Chart a global learning journey at Carolina that meets your unique academic, professional, and personal goals. Through Study Abroad and on-campus programs, increase your foreign language proficiency, experience different cultures, and travel the world. Come learn about the different program types, scholarship/funding options, and other transformative global education opportunities.

UNDERGRADUATE RESEARCH | Room 3409
Have you ever wanted to research art history in Spain, study ecology in the South Pacific, or even help find cures for cancer right here in Chapel Hill? The Office for Undergraduate Research can help students achieve these goals. Students at UNC can conduct research in humanities, social sciences, and natural sciences beginning their first year. Speak with an office representative about how to get started.

UNIVERSITY CAREER SERVICES | Room 3411
Begin your Carolina journey by exploring aspects of your personality, values, and skills and how they can support your major and career decision making. Allow University Career Services (UCS) to assist in aligning your interests and strengths to campus involvement, internships, and other work experiences that will prepare you to become career-ready.