NEW
STUDENT
Guide to Carolina

UNC
STUDENT AFFAIRS

New Student &
Family Programs
UNC-Chapel Hill believes all admitted students can thrive in college, graduate, and grow into lifelong learners.

Components of Student Success
We believe student success includes:

1. Exploring & growing intellectually
2. Appreciating diverse perspectives as well as developing one’s own identity
3. Developing social & emotional skills
4. Engaging in meaningful activities, roles, & relationships
5. Cultivating a sense of purpose or vocation

Encouraging Student Success
Success is likely in an environment that:

1. Fosters self-advocacy & resiliency
2. Promotes a growth mindset understanding of intelligence
3. Affirms cultural identities & advances inclusive excellence
4. Encourages academic excellence, integrity, & leadership
5. Demonstrates concern for the well-being of the whole student

UNC-Chapel Hill wants every student to make steady academic progress and graduate on time. But success does not look the same for every student. There are different pathways to success.

WE BELIEVE STUDENTS SUCCEED WHEN THEY:

• Take full advantage of the breadth and depth of our curriculum
• Set academic and personal goals
• Take responsibility for their education, choices, & decisions

Undergraduate student success advances higher learning and discovery as well as individual competency development and academic achievement.
# TABLE OF CONTENTS

## INTRODUCTION
- A Welcome from New Student & Family Programs: 6
- Carolina Jargon and Traditions: 7

## HEALTH, WELLNESS, & SAFETY
- Campus Health: 10
- Counseling & Psychological Services: 11
- Student Wellness: 12
- UNC Campus Recreation: 12
- Equal Opportunity and Compliance (EOC) Office: 13
- University Ombuds: 13
- Dean of Students Office: 14
- Office of Student Conduct: 14
- Alert Carolina: 15
- UNC Police: 16

## STUDENT INVOLVEMENT: FINDING YOUR HEELPRINT
- Carolina Union: 18
- Carolina Center for Public Service: 19
- Office for Undergraduate Research: 20
- UNC Athletics: 21

## EATING & LIVING
- Carolina Housing: 23
- Granville Towers: 23
- Carolina Dining Services (CDS): 24
- Information Technology Services (ITS): 25
- UNC Student Stores: 25
- Transportation and Parking: 26

## MONEY MATTERS
- Office of Scholarships & Student Aid: 28
- Office of University Cashier: 28

## EXPLORING YOUR CAMPUS COMMUNITY
- University Office for Diversity & Inclusion (UODI): 30
- Campus Y: 30
- Carolina Women’s Center: 31
- LGBTQ Center: 31
- Carolina Latinx Center: 32
- American Indian Center: 32
- Campus Faith, Religious & Spiritual Life: 32
- Study Abroad: 33
- UNC Global: 33
- International Student & Scholar Services: 33

## GETTING CREATIVE
- Arts Everywhere: 35
- Ackland Art Museum: 35
- Carolina Performing Arts: 36
- UNC Department of Music: 36
- Playmakers Repertory Company: 37
- UNC Bands: 37

## ACADEMIC ESSENTIALS
- Center for Student Success: 39
- The University Libraries: 40
- Accessibility Resources and Service: 41
- Honors Carolina: 41
- Summer School: 42
- Carolina Student Legal Services: 43
- University Career Services: 43
- Academic Planning: 44

## WHAT’S NEXT?
- Weeks Of Welcome: 47
- Academic Calendar: 48
- Campus Map: 48
- Common Contacts For New Students: 49
WELCOME TO THE TAR HEEL FAMILY!
Welcome to your new home, The University of North Carolina at Chapel Hill!

We are excited to support you in your transition as a Tar Heel and look forward to showing you what makes Carolina special.

As you make your way through Orientation and course registration, we have no doubt that your excitement will increase. Orientation is FULL of great information, and it can be a lot in a short amount of time. And with that, we expect you to have questions as you get closer to August and beyond. Let us be a resource to help you in this transition — it’s what we do!

This digital New Student Guide builds on the Transitions Guide you received at Orientation. It dives a little more deeply into resources, offices, and people that are here to help you. Use it and in no time, you will know plenty to make your transition a smooth one.

Find our office contact information below. Reach out!

And again, welcome to Carolina!

New Student & Family Programs
CAROLINA JARGON AND TRADITIONS

for familiarizing yourself as you begin your journey at UNC. We try not to use all this jargon at Orientation, but you’ll definitely hear it as you get to campus. Start here with some common “Tar Heel Terms”

B-School — Established in 1919 as the Department of Commerce of UNC-Chapel Hill’s College of Arts, the School was renamed the Kenan-Flagler Business School in 1991.

The DTH — The Daily Tar Heel is the University’s award-winning student newspaper. The publication, along with its website, keeps students up-to-date on the latest news while offering outlets for opinionated expression.

E-haus and HoJo — Common nicknames for Ehringhaus and Hinton James Residence Halls.

#GDTBATH — A popular hashtag used by UNC students. It stands for it’s a Great Day to be a Tar Heel.

LDOC — A popular acronym that stands for the Last Day of Class.

MJ-School — The Hussman School of Media and Journalism, located in Carroll Hall and home to one of the nation’s most competitive and critically acclaimed journalism programs.

Old Well — For many years, the Old Well served as the sole water supply for Old East and Old West Residence Halls. Students can bring good luck with a drink from the Old Well on the first day of classes.

One Card — This identification card serves as students’ key to campus events, concerts, recreational games, and fitness classes. It also functions as a library card, debit card for expense accounts, and digitally maintains the balance on meal plans.

ONYEN — An acronym for The Only Name You’ll Ever Need, ONYEN (pronounced like “onion”) is the personal log-in for students’ various resources on campus such as UNC email, ConnectCarolina, and computer lab printers.

P2P — This late-night bus, known as the Point-to-Point shuttle, runs across campus to residence halls, campus libraries, Franklin Street, and Fraternity Court. For After-Dark Service, 7:00 pm–6:00 am, students can call 919-962-7867 for areas not served by the P2P.

PID — This personal ID number is essential for registering for classes, accessing course information online, as well as for a number of other business validations on campus.
CAROLINA JARGON AND TRADITIONS

The Pit — The central meeting place for events, performances, and all other gatherings, located in the middle of campus. Bordering the Carolina Union, Daniels Student Stores, Lenoir Dining Hall, and the House Undergraduate Library, the brick-lined area derived its name from the pit-like indentation that it makes in the ground.

Polk Place — Another popular meeting place, located in the middle of campus in front of Wilson Library. The grassy area is known for student demonstrations, outdoor concerts, and speeches, as well as the casual afternoon game of ultimate frisbee.

RA — Also commonly known as a Resident Advisor, these undergraduate peers serve as live-in, supportive leaders of the residence hall communities. RAs serve as a point person for University information and general questions or concerns and work to foster a sense of community among residents.

SASB — Short for Student & Academic Services Building. SASB North and SASB South are located at the corner of Manning and Ridge Road.

SRC — The Student Recreation Center, located in the middle of campus, is a hub for health and wellness, offering fitness classes like power yoga, cycling, and dance lessons.

Top-of-Lenoir (TOL) — The upper section of Lenoir Dining Hall. It is the swipe-accessed all-you-care-to-eat space.

Bottom-of-Lenoir (BOL) — The lower section of Lenoir Dining Hall. It is where various fast-casual restaurant options exist. In this section, you will find open-eating and hangout spaces.

The U, RU, and NU — The three main bus routes that serve UNC’s campus. The U, RU, and NU each make stops on north and south campus, while the NU makes extended stops beyond campus.

The UL — A common name for the Robert B. House Undergraduate Library. The renovated facility is open 24 hours a day and houses a computer lab, reading resource rooms, study lounges, and the Media Resource Center.

WOW — Weeks of Welcome is an annual celebration that takes place at the beginning of the fall and spring semesters to welcome new students to UNC.
Successful UNC students make time for health, mental health and wellness. Set yourself up for success! Schedule time to sleep well, move your body in ways you enjoy, and sit down to eat a variety of yummy, nutrient-dense foods.
When you need health care at UNC, Campus Health provides expert, student-centered, and inclusive care. Campus Health is in-network with 95% of UNC students’ health insurance plans. In addition to in-person visits, telemedicine is available when clinically appropriate.

**Services provided:**
- Primary Care
- Counseling and Psychological Services
- Gynecology
- Sports Medicine
- Two Pharmacies
- Laboratory
- Nutrition Counseling
- Orthopedics
- Physical Therapy
- Radiology
- International Travel Clinic
- Psychiatric Medication Management
- Allergy Injections
- Immunizations
- Diabetes Services and Education
- Dental Services provided on-site by Campus Smiles

**Immunization compliance is required** by North Carolina state law. This is a one-time requirement and does not need to be completed each year. All students must submit documentation through the ConnectCarolina To Do List which will be available once matriculated into the university. If you fail to meet immunization requirements by the 30th day of class, you will be withdrawn from UNC. Details at campushealth.unc.edu/immunizations.

**Health insurance is required** for all students within the UNC System. Each semester you must provide proof of your health insurance through an online system. If you do not receive an approved waiver through this process, you will be enrolled in and billed for UNC System Student Health Insurance. Details at campushealth.unc.edu/insurance.
**COUNSELING & PSYCHOLOGICAL SERVICES**

**Mental Health**

*How you navigate your mental health and wellbeing at UNC-CH has a big impact on your ability to be successful as a student.*

Counseling and Psychological Services (CAPS) is the primary mental health provider at UNC-CH. Providers at CAPS can assist students in managing academic and personal demands more effectively. Talking with a concerned professional can go a long way toward resolving problems.

CAPS offers initial assessments, brief individual psychotherapy, group therapy, medication management, community referral coordination, academic intervention, and after hours phone support. A first visit to CAPS is both free and confidential.

You can call or come to CAPS speak with a mental health provider about any problem that is causing you concern. While you might not think the problem is serious enough to seek help, consider how much it interferes with your activities or leads to difficult thoughts and feelings. Initial visits are offered without any appointment needed - just come at your convenience M-F 9am–12pm, 1pm–4pm. At that visit, you’ll complete some paperwork and speak to a caring mental health provider to determine what services might best fit your needs. When CAPS is not open, the CAPS 24/7 phone number is answered by mental health professionals to support non-emergency concerns that can’t wait for office hours.

If your needs fall outside of the brief therapy that CAPS provides — some students need specialized testing or would be best served with open-ended treatment — providers at CAPS can help get you connected with a mental health professional in Chapel Hill or surrounding areas.

**Students Helping Students**

Friends are usually the first to notice when a peer is in distress. Expressing your concern to a friend and encouraging them to seek help may be the first step in their healing. Remember your own limits — your role is to provide support. Other supportive adults can help too — a resident advisor, or Community Director, a trusted UNC-CH staff or faculty member, a family member, a medical provider, or a spiritual leader.

**UNC-CH boasts multiple student groups working to reduce mental health stigma and increase awareness of mental health impacts. We encourage you to consider getting involved with any of these organizations:**

- Active Minds at Carolina
- Carolina Recovery Group
- Embody Carolina
- Healthy Heels Ambassadors (hha!)
- Mental Health Ambassadors
- P.E.A.C.E (Processing Emotions & Communicating Effectively)
- Peer2Peer
- Peers for Progress
- Rethink Psychiatric Illness
- Sexuality and Gender Alliance (SAGA)
- TarHeel Navigators
- UNC Wellness Network
- We Are Saath
- We Wear the Mask
- Rethink: Psychiatric Illness
- Veteran Student Organizations

<table>
<thead>
<tr>
<th>CAPS HOURS OF OPERATION</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Office &amp; Urgent Needs Hours</strong></td>
</tr>
<tr>
<td>8:00AM – 5:00PM</td>
</tr>
<tr>
<td>M – F</td>
</tr>
<tr>
<td>9:30AM – 12:00PM</td>
</tr>
</tbody>
</table>

CAPS.UNC.EDU | CAPS@UNC.EDU | @UNCHEALTHYHEELS
STUDENT WELLNESS

Student Wellness (Wellness) envisions a thriving campus culture that is safe, equitable, and well. They promote wellness as a journey rather than a destination and believe that an individual’s choices, as well as the community around them, involve a dynamic integration of eight dimensions of wellness: physical, emotional, spiritual, social, career, environmental, intellectual, and financial wellness.

They educate the University community about relevant health and wellness matters that impact students’ personal and academic success. They also advocate for student needs, spread health messages to facilitate positive choices towards healthier behavior, and promote health equity and access through their work.

Programs that Wellness offers are:

- Dimensions of Wellness and Self-Care
- Bystander Skills
- Healthy Relationships
- Stress and Resilience
- Alcohol & Other Drug education
- Wellness Coaching
- Events such as LDOC S.N.A.C.K.S. and Carolina After Dark

UNC CAMPUS RECREATION

From Aikido to Zumba, Campus Recreation serves students by providing fun, active programs that enhance your health and quality of life, and opportunities to learn outside the classroom. This is where Tar Heels Stay Active!

The Student Recreation Center and Rams Head Recreation Center offer state-of-the-art weight training and cardio equipment. Add to that a variety of group fitness classes, motivational programs, fitness assessments and orientations, two indoor climbing walls, and personal training. Campus Recreation typically sees nearly 4,000 students come through the doors each day.

Campus Recreation has plenty of programs for you:

- Intramural (IM) Sports offer a variety of team and individual sports leagues and tournaments for all. Games are played Sunday –Thursday evenings
- Approximately 50 diverse, active Sports Clubs
- UNC Aquatics offers open lap and leisure swimming, as well as private and group swim lessons, year round in indoor and outdoor pools.
- The Outdoor Education Center offers a unique and exciting Challenge Course that has a giant swing, 1,500ft tandem zipline, other elements to encourage students to challenge themselves within, and sometimes beyond, their comfort zone.
- Expeditions offers outdoor pursuits across the state of North Carolina including hiking, kayaking, rock climbing, stand up paddle boarding, and more.
- Climbing offers two indoor rock climbing walls. Equipment and climbing shoes are available for rent at both walls.
HEALS UNITED

EQUAL OPPORTUNITY AND COMPLIANCE (EOC) OFFICE

Our Commitment To Equity in Educational Opportunities

The Equal Opportunity and Compliance (EOC) Office ensures that Carolina remains committed to equity in educational opportunities and abides by federal and state laws including Title IX of the Education Amendments of 1972. The University does not discriminate in offering access to its educational programs and activities on the basis of age, color, disability, gender, gender expression, gender identity, genetic information, national origin, race, religion, sex, sexual orientation, or veteran status.

This office also oversees the Policy on Prohibited Discrimination, Harassment and Related Misconduct and the Policy on Prohibited Sexual Harassment under Title IX. Prohibited harassment and discrimination includes sexual assault or sexual violence and sexual exploitation. The University also prohibits related misconduct, including interpersonal (relationship) violence, stalking, and retaliation. You can learn more about how EOC supports this commitment by visiting eoc.unc.edu.

If you have experienced discrimination or harassment, including sexual assault or sexual violence, sexual exploitation, interpersonal violence, or stalking, you are encouraged to report it to EOC. You can make a report by contacting EOC using the contact information below or by filling out an online form found on EOC’s website.

Get Involved On Campus

EOC encourages the campus community to get involved in prevention and awareness programs and trainings that are designed to help make a safer campus. Visit safe.unc.edu to learn more about how you can get involved.

UNIVERSITY OMBUDS

A Safe Place to Talk Through any Challenge or Concern

The University Ombuds Office is a safe place to talk openly and explore options concerning any Carolina-related issue, problem, or dispute. The Ombuds Office is a confidential, impartial, informal, independent resource. They keep no records and will not share details about your visit without your consent, except in emergencies or if required by law. As you navigate a challenging situation, the Ombuds Office can be a useful resource at any point along the way.

Ombuds will listen, help you evaluate your situation, and identify options to help you move forward. You will decide if you want to take any action. They can help you with addressing concerns with fellow students or employees, understanding University policies, untangling complicated situations, and finding available resources on campus. They offer coaching, facilitated conversations, informal mediation, and other services. They supplement, but do not replace, the University’s formal channels. The Ombuds Office does not accept formal complaints or notice for UNC-Chapel Hill. All services are free and voluntary.

TO LEARN MORE, VISIT OMBUDS.UNC.EDU OR EMAIL OMBUDS@UNC.EDU
HEALTH, WELLNESS, & SAFETY

OFFICE OF STUDENT CONDUCT

Guided by their four pillars; Care, Collaborate, Celebrate, and Empower, Dean of Students Office (DOS) is here to support and assist in your academic and personal success at Carolina. They help create a network of support by connecting you to resources and services across campus and in the community and empower you to be your best by helping you navigate University policies and processes that may apply to your situation. They also acknowledge all your hard work with programs that celebrate and encourage your persistence and resilience. Whatever is happening in your life, know that they are here for you.

Some of the ways they live out their pillars include, but are not limited to:

- Personal and Academic Support
- Critical Incident Response/Emergency Support for Students
- Student Emergency/Hardship Fund
- General Grievance Assistance
- Financial Literacy Education
- Partner with EOC in supporting interpersonal Violence and Sexual Assault Response
- University Approved Absence Office (UAAO)
- Carolina Veterans Resource Center (CVRC)

OFFICE OF STUDENT CONDUCT

The Office of Student Conduct administers the Honor System and Honor Code that prohibits lying, cheating, stealing, and any conduct that impairs the welfare or educational opportunity of others in the Carolina community. The UNC honor System is over 130 years old and is one of the few in the nation led by you, the student.

The Honor Code applies to both on and off-campus conduct. Carolina maintains an Honor Code because we believe that all members of our community should be responsible for upholding the values that have been agreed upon by the Carolina community. It is every student’s responsibility to review and abide by the Honor Code. The Honor Code can be found as part of the Instrument of Student Judicial Governance. The Instrument outlines prohibited conduct, policies, and procedures for adjudicating allegations of student misconduct.

Types of Honor Code Violations include:

- Academic cheating
- Lying
- Theft
- Assault
- Drug possession
- Damage to property
- Weapons possession
- Disorderly conduct
- Hazing
- Misuse of property
- Driving a motor vehicle while impaired
- Falsifying documents
At Carolina, we are committed to providing the safest campus environment we can for our entire community. The Alert Carolina safety awareness system for the campus community is an important part of that commitment. The system educates the campus about what to do in an emergency and where to find safety-related resources. A key part of Alert Carolina involves its emergency alert messaging system that sends both emails and text messages to students, faculty, and staff. In order to receive text messages, you need to register a cell phone number in the system online.

During an emergency, only call 911 or UNC Police if you are in need of assistance, see suspicious activity, or have information related to the ongoing situation. In order to keep the phone lines open, do not call 911 or UNC Police for general information.

When an emergency happens authorities will immediately investigate the situation, verify the facts, and provide the campus with instructions. The Alert Carolina website and Twitter page will have the most updated information.

In the event of an emergency, sirens will sound with instructions. These emergency sirens are designed to be heard outside on campus and will not be heard inside buildings or cars. When the threat is over, the sirens will sound with a different tone and an “all clear” message. The sirens will only sound for a significant emergency or dangerous situation involving an immediate threat to health or safety, or during a regularly scheduled sirens test. The sirens will also be accompanied by Alert Carolina text messages and emails with information and instructions.

During an emergency, you are encouraged to use the American Red Cross Safe and Well List to let your family know you are okay while keeping cell phone lines open for emergency calls.

The University will also communicate using the Adverse Weather and Emergency Phone Line with recorded information, campus cable television channels, local media, and official University Twitter and Facebook accounts.

Within the Alert Carolina system’s four types of notifications:

- **Emergency Warning**: issued if there is a significant emergency or immediate threat to the health or safety of people on campus. The emergency sirens will sound to alert people that they need to act now, accompanied by a text message, social media message, and email.

- **Crime Alert**: issued to notify the campus community of any Clery Act crime as soon as the information is available so people can protect themselves and/or their property from similar crimes. This type of warning is intended to tell people to be cautious, not to take immediate action, so communications may include a text message or email, but the emergency sirens will not sound.

- **Adverse Condition**: issued when circumstances exist that do not represent an immediate threat to health or safety, yet action may enable people to protect themselves and/or their property. These situations include adverse weather events such as approaching snowstorms or hurricanes, major campus utility outages, or other situations that would require a change in the University’s normal operating status.

- **Informational Message**: issued when a situation is not an emergency or nor does it pose an immediate threat to the campus community but is of significant interest to campus. This includes tornado watches and severe thunderstorm warnings. The University will send a campus-wide email message.

For more information:
[ALERTCAROLINA.UNC.EDU](http://ALERTCAROLINA.UNC.EDU)

To receive Alert Carolina messages:
[ALERTCAROLINA.UNC.EDU/REGISTER](http://ALERTCAROLINA.UNC.EDU/REGISTER)

For the Safe and Well List:
[REDCROSS.ORG/SAFEANDWELL](http://REDCROSS.ORG/SAFEANDWELL)

Adverse Weather and Emergency phone line:
[919-843-1234](tel:919-843-1234)
Safety is a shared responsibility between UNC Police and the campus community. The department employs a staff of sworn officers that hold the same authority as city police officers and sheriff’s deputies. The officers include a detective team, bike patrols and a community response unit that focuses on issues such as theft reduction and pedestrian safety, a silent witness program and mutual aid agreements with off-campus law enforcement agencies.

Help UNC Police by doing the following:

• Never assume that just because a friend may know someone that you are safe with that person. If something does not feel safe, it probably is not.
• Secure your valuables. Avoid leaving backpacks and laptops unattended. Make sure your electronic devices are equipped with a security app to help you find them should they become lost or stolen.
• Never share passwords associated with your Onyen or other personal sites. Avoid posting and sharing personal information that could be used to identify you or locate you offline. Report any unwanted or inappropriate communications to UNC Police.
• Be aware of your surroundings and never walk alone at night. Avoid wearing headphones, which can impede awareness.
• Walk with a group, stay on the lighted path. Consider biking or jogging during the day. Never stay in one spot if you feel you are being followed. If anyone approaches you that makes you feel uncomfortable, keep walking and call 911.
• Pay attention on your way home and have your key or flex pass ready.
• On an elevator, stand near the control panel and use the emergency alarm button if necessary.
• Note the condition of your home as you approach and before entering. If something appears out of the ordinary, leave immediately and call 911.
• Outside doors of campus residence halls are locked 24 hours a day to keep out people who do not reside there. Help keep your community secure by not holding the door open for unknown individuals behind you.
• Share your safety concerns with a Resident Advisor (RA), with police or with someone you can trust. When in doubt, call 911. Always file a report with UNC Police if a crime has occurred.

There are also many campus safety resources that can help keep you and campus more secure:

• Emergency Call Boxes are located across campus on black poles with blue lights on top. UNC Police respond to the call box location as soon as the call box is activated.
• SafeWalk provides a male-female pair of police-trained student walkers to accompany students Sunday – Thursday, 11 p.m. – 3 a.m. at all on-campus locations, including Granville Towers, and some off-campus locations, such as fraternity and sorority houses.
• The Carolina Ready Safety App is a University-wide mobile application that delivers useful content about the Carolina community which can be accessed anywhere in the world.
• Point-to-Point (P2P) is an express bus that is free to students during late evening hours.
• Chapel Hill Transit is free! Visit NextBus to see arrival times and reduce your outside wait time. Safe Ride routes are offered to serve parts of campus, Chapel Hill and Carrboro.
At UNC-Chapel Hill, there are hundreds of student organizations for you to explore. Whether you are attempting to put into practice what you are learning in the classroom or seek out new hobbies, there are a number of great places to start! Create your profile on heellife.unc.edu where you can learn about and connect with many student organizations!
**Student Life & Leadership**

The Carolina Union’s Office of Student Life & Leadership works with all student organizations to facilitate their use of university resources and to empower students in their provision of services, programs, and activities that enhance the academic experience, extend learning and build community at Carolina.

---

**Carolina Union Activities Board (CUAB)**

CUAB is a student organization, which through the events and activities it organizes, presents a home away from home for every UNC student from first-years to graduate and professional students.

---

**Student Government**

Student Government is the student body’s representative before administrators, faculty, the Board of Trustees and Governors, and even the state legislature. They exist to tackle the policy issues that matter to UNC and its students.

---

**WXYC Radio (89.3FM)**

WXYC is UNC’s non-commercial, student-run radio station. The station broadcasts at 1100 watts from the Union, 24 hours a day, 365 days a year.

---

**Heel Life Portal**

The Heel Life Portal, heellife.unc.edu, is the hub of student activity and involvement at Carolina. Individual students, student organizations, and university departments use the site to maximize the Carolina student experience. The portal houses a complete list of active student organizations at Carolina, as well as a calendar of events. Student organizations may use the portal to promote upcoming activities, manage membership rosters, store important documents and photos, and more.

The portal also offers tools to identify and track individual involvement experiences. Students can edit their individual profiles to include their areas of interest. The portal can then match students with organizations and upcoming events that align with their interests.
The Carolina Center for Public Service (CCPS) offers a variety of programs that provide you with direct service opportunities, new skills and connections between your academics and communities across North Carolina and throughout the world.

**Apples Service-Learning**

APPLES Service-Learning is a student-led program that transforms educational experiences by connecting academic learning and public service.

**Service-Learning Initiative**

SLI is a student-led introduction to service-learning and the local community. SLI: Launch, which is open to new Carolina students, takes place over three days in the week before classes start.

**Alternative Breaks**

Through APPLES, you can apply for a fall, winter, or spring Alternative Break. Working in teams, you’ll partner with community organizations for immersive service and learning experiences in the region.

**Service-Learning Internships**

As a student intern, you will work in a community organization and receive a stipend payment and enroll in a service-learning course offered through the UNC School of Social Work. Internships are offered during spring and summer breaks.

**Service-Learning Courses**

Each year, Carolina offers more than 80 service-learning courses in 29 different departments. The curriculum includes 30 hours of hands-on community service with local nonprofits.

**Buckley Public Service Scholars**

The BPSS program supports and strengthens your commitment to service, connects you to others who care about similar issues, and guides you through training and coursework that make your service more effective. BPSS encourages participants to complete 300 service hours, at least one service-learning course, four skills training, and a reflection project. Special opportunities available to BPSS participants include the Arts in Public Service Fellows, Outward Bound scholarships, enrollment in Philanthropy as a Tool for Social Change course, and the SMART Mentoring program.

**Fellowships & Scholarships**

CCPS offers you a variety of fellowship and scholarship opportunities. These include Community Service Scholarships, the Mingma Norbu Sherpa Fellowship, the Newman Civic Fellowship, and Robert E. Bryan Fellowship.

**Public Service News**

Sign up for the Public Service News email to learn about volunteer opportunities, find funding for service projects and discover other ways to connect with the community through public service.

SIGN UP AT bit.ly/subscribePSN
Undergraduate students in every year and every major — from art to history to biology — engage in research at UNC. The Office for Undergraduate Research (OUR) is here to help you join UNC’s research community.

Get Started

As a top-tier research university, Carolina offers unique opportunities for undergraduates to engage in innovation and discovery. Visit our website to learn the basics about research at Carolina, and then meet with an OUR staff member, faculty department liaison, or peer student ambassador to learn more about potential research opportunities. Even if you don’t expect to do research until later in your undergraduate career, it’s best to connect with us early to start thinking about your interests and to plan how to integrate research into your Carolina experience.

Get Informed

- Check our Database of Research Opportunities to connect with faculty who are looking for undergraduate research support.
- Meet with OUR staff, faculty department liaisons, or peer student ambassadors to learn more about undergraduate research at Carolina and how you can find opportunities to connect with faculty researchers and get involved.
- Take classes that teach you research methods or that include research projects as part of the course curriculum.
- Sign up for our newsletter to learn more about research opportunities.
- Participate in the annual Spring Celebration of Undergraduate Research to learn about great research that other Carolina students have done.
- Follow us on Instagram, Twitter, and Facebook to stay informed about opportunities, workshops, events, conferences, and publication venues.
- Participate in one of the dozens of events that are part of University Research Week each fall.

Get Funding

- Summer Undergraduate Research Fellowships: Up to $4,000 to conduct summer research.
- Summer Award for Research-Intensive Courses: Tuition coverage for summer research-intensive courses.
- Travel Award for Conference Presentation: Up to $500 for transportation and registration.

Get Recognized

The Carolina Research Scholar Program (CRSP) recognizes students who have made research a key part of their academic careers. If you fulfill the CRSP requirements, you will receive the official designation of Carolina Research Scholar on your transcript.
UNC ATHLETICS

How To Get Involved With UNC Athletics:

Carolina Fever

By joining the free Carolina Fever, the official student rewards program, students can accumulate points for attending Carolina Athletics events - including football! By attending designated UNC sporting events, students can earn prizes and rewards including men’s basketball tickets, autographed items, and chances to go to away football games.

Student Rams Club

Join thousands of Carolina students to enjoy exclusive access & ticket benefits while cheering on your favorite Tar Heels. Being a part of The Student Rams Club puts you right in the middle of the action! By joining the Rams Club as a Student Ram, you will join the team behind all 28 teams here at Carolina and will help provide opportunities for UNC student-athletes to continue a tradition of excellence! As a Student Ram, you will also begin to earn valuable priority points that can provide ticket privileges after your time at Carolina.

Student Ram membership is just $25 and includes these exclusive benefits:

- Student Rams Club t-shirt
- Priority Student Ram football ticket lottery access
- Invitation to Student Rams Club events including virtual facility tours, Coaches Q&As, and game nights
- Access to exclusive giveaways, including jerseys, signed items, and apparel
- Exclusive Heels Deals discounts at local participating businesses
- Membership card and car decal
- Valuable points for post-graduate membership in The Rams Club

“Tar Heels, you can help support our 28 great teams at the University of North Carolina!”

— Mack Brown, Head Football Coach

“I would not be here without Coach Dean Smith, Coach Bill Guthridge and Coach Roy Williams; They taught me so much — and I’m eager to walk their path in my shoes and with my personality.”

— Hubert Davis, Head Basketball Coach
At UNC-Chapel Hill, there are hundreds of student organizations for you to explore. Whether you are attempting to put into practice what you are learning in the classroom or seek out new hobbies, there are a number of great places to start! Create your profile on heellife.unc.edu where you can learn about and connect with many student organizations!
LIVING ON CAMPUS

CAROLINA HOUSING

As a first-year student, you will automatically be included in the First Year Experience (FYE). This program provides an academically and socially supportive environment where you can meet new people, become immersed in the Carolina culture, and establish valuable academic connections. FYE residence halls include: Traditional First Year buildings Craige, Ehringhaus, Hinton James, Koury, Everett, Graham, Lewis, Residence Hall One, Stacy and for the 2021-2022 academic year, Cobb, Grimes, Mangum, Manly and Thomas Ruffin, Jr. You are also offered unique opportunities to utilize Career Services, Academic Advising, and the Learning Center right in your own residence hall!

Residential Learning Programs (RLPs) are another unique, inclusive, residential learning experiences that connect your classroom studies with residence life.

Currently, UNC offers 4 RLPs and each has unique programs specific to their individual missions. If you are a transfer student, you are encouraged to explore the Transfer United RLP, located in Carmichael Hall. Transfer United is designed to promote a seamless academic and social transition for incoming transfer students to Carolina. This community strives to create a bridge between your previous college experiences to life at Carolina, build a network of student peers, connect students with campus resources and support, and help facilitate students’ understanding of academics at Carolina.

Mail Services

Your Mailing Address

Address all mail (letters, packages, and overnight deliveries) to you at your residence hall. Always use your full name and complete mailing address (including your room number). To find your address, a full list of all residence hall addresses, and other important mail information, visit https://housing.unc.edu/live/resident-resources/mail-packages/whats-my-address/.

Mail And Packages

Your mail (letters, packages, and overnight deliveries) is automatically routed to the package center zoned for your building (https://housing.unc.edu/live/resident-resources/mail-packages/package-pickup/). You will receive an email from Housing Package Centers when mail is available for pickup. It is your responsibility to pick up your mail within three business days.

Package refrigeration is available for medication. Before shipping, email Joanna Luke at joannaluke@unc.edu to arrange for proper handling. The University is not responsible for spoiled or ruined items.

Residents can drop off outgoing mail (pre-stamped letters and pre-paid packages) at any package center to be shipped.

Address Change/Mail Forwarding

When you move from campus, you must directly contact companies who routinely send mail and change your address. We recommend you begin this process early, as companies can take several weeks to process these changes. The Chapel Hill Post Office will not process address change requests for on-campus addresses nor provide forwarding services.

GRANVILLE TOWERS

Granville Towers, located adjacent to Franklin Street, is also considered a First Year Experience community and will host similar programs and events. Other amenities available to Granville residents include the Agora, an on-site dining facility, a 24-hour quiet study lounge, a fitness center, a community kitchen, a group meeting area, and much more!

Granville Towers is a separate entity, and housing contracts with Granville Towers are issued independently of Carolina Housing.

919.370.4500 | GRANVILLETOWERS@AMERICANCAMPUS.COM
EATING ON CAMPUS

CAROLINA DINING SERVICES (CDS)

CDS is proud to be one of the top dining programs in the country led by the Executive Chef and a team of eight classically trained chefs! With over 25 dining locations throughout campus CDS is dedicated to keeping our Tar Heels well fed, happy, and feeling at home!

- There are two dining halls, Chase and Top of Lenoir, both conveniently located in the center of campus. Daily dining options range from pizza to sushi and everything in between! Vegan, vegetarian, and made-without-gluten options are available at every meal period to help accommodate all Tar Heels.
- They are dedicated to local farmers, sustainable practices, and regional food purchasing — North Carolina is our home, and they are proud of it! Learn more at dining.unc.edu.
- They are committed to your wellness—the Registered Dietitian and Executive Chef work their magic to make sure that their food is delicious, healthy, and nutritionally complete. Digital screens in the dining halls and online menus provide easy access to finding nutritional content and allergens for all food options.
- They take your opinions seriously — a Student Dining Board oversees important dining decisions. Join CDS and help make the program even better!
- Campus dining locations include national brands, regional favorites, and on-campus markets for anything you’d need to grab on the run.
- They understand food isn’t all there is to dining — CDS constantly plans events, giveaways, contests, and tastings so you can get social with your fellow Tar Heels and try new things with over 200 events per year!

Behind the Food

Led by the Executive Chef, the team of classically trained chefs is committed to providing a tasty culinary experience for you. Whether trained at the Culinary Institute of America or in France, the chefs are here to guarantee you have a great dining experience.

They also have a Registered Dietitian (RD) on staff to make sure you are getting all the nutritional advice and information you need. With an open-door policy, the RD is always there to answer your questions.

Beyond the Food

CDS makes an effort to reduce its footprint to ensure the campus remains a greener place. They offer several sustainable food offerings from local partnerships and farmers’ markets that include local chicken, organic yogurt, grass-fed beef, local dairy, fair-trade organic coffee, and seasonal North Carolina produce whenever possible.

CDS provides more than 200 events and programs each year by scheduling partnerships with student groups. Come and enjoy!

Meal Plans | Plus Swipes | Flex

Each of our Meal Plans offers something different, so no matter who you are or how you eat, you can find a Meal Plan that works best for your schedule and lifestyle.

Students are not required to purchase a meal plan. All on-campus Meal Plans are fall-to-spring contracts, which are automatically billed by semester.

FOR MEAL PLAN POLICIES, HEALTH AND WELLNESS PRACTICES AND MORE VISIT DINING.UNC.EDU

FOR A COMPLETE LIST OF THE SUSTAINABILITY INITIATIVES, VISIT DINING.UNC.EDU/SUSTAINABILITY

@CDSATUNC @CDS_UNC

The Food

The two main dining halls, Chase and Top of Lenoir, are conveniently located in the center of campus. These locations offer diverse dining options that vary from week to week. They also offer entirely vegan stations, along with vegetarian and vegan dishes at other stations.

Every meal period at Chase Dining Hall and Top of Lenoir includes lean and complete proteins and whole grains, as well as made-without-gluten entrées and sides. At lunch and dinner, the menu is expanded to include vegan and vegetarian pizza, house-made soups, and a complete meal developed and approved by the Registered Dietitian (RD), highlighted on the menu as the RD’s Pick!

Digital screens located in the dining halls provide nutritional content and allergen information to make it easier for you to eat well and stay healthy. You can also check out dining.unc.edu to discover what’s being served when, filter the menu for allergens, or find a complete ingredient listing for each dish.
EATING & LIVING

UNC STUDENT STORES

Textbooks, Supplies, And More!

Conveniently located in the heart of campus next to the Pit, UNC Student Stores carries everything you need to help you succeed. At the store you can find books, school supplies, and electronics to prepare you for each semester.

Fuel your Carolina spirit with the store’s collection of UNC clothing, gifts, and accessories. Within the store, there are also locations perfect for a quick snack or drink, or to curl up and read your favorite book.

The store is also an affordable location to buy and rent textbooks. You can pay right away, or at a later date by charging to your student account. All proceeds from sales at the store support the general scholarship fund.

Download the app “UNC Student Stores” in your app store to stay up-to-date on what’s happening!

UNIVERSITY TECHNOLOGY SERVICES (ITS)

ITS oversees the University’s technology services. The ITS services students interact with most are the ITS Service Desk, ResNET, Educational Technologies, Software Distribution, and Carolina Computing Initiative (CCI).

ITS Service Desk provides you with accessible tech support via live chat, phone, submitting a ticket, in-person, and contactless lockers. Services include the following: software upgrades and installations, hardware troubleshooting (CCI computers only), and configuring mobile devices for UNC use. Reach us at help.unc.edu.

ResNET provides on-campus residents with on-site tech support and education. You are served by 40 live-in student techs for any academic and entertainment tech support you may need. Throughout the year, ResNET provides tech educational events focused on showing you new technology on campus. ResNET maintains the Carolina Gaming Arena for campus computer and console gameplay. Find more at resnet.unc.edu and carolinagaming.unc.edu.

Educational Technologies provides you with CCI printing, access to Virtual Lab software, and the Sakai learning management system. CCI printing enables you to print from print stations throughout campus, residence halls, and from your mobile device. Virtual Lab gives you virtual access to resource-intensive software normally found in computer labs (e.g. SAS, STATA) at virtuallab.unc.edu and cciprinting.unc.edu. You will find your course materials and grades, submit assignments, take tests, and contact your instructors through Sakai at sakai.unc.edu.

Software Distribution provides you with free software including Adobe Creative Cloud and LinkedIn Learning. See more at software.unc.edu.

CCI provides you with access to high-quality laptop options for sale at deeply discounted rates, computer repairs, and the use of loaner laptops. Learn more at cci.unc.edu.

For more details on setting up your devices as well as access to free tools and software, visit us online: ITS.UNC.EDU/GET-STARTED | ITS.UNC.EDU/SERVICES @UNCTARHEELTECH

UNC STUDENT STORES

FOR MORE DETAILS ON SETTING UP YOUR DEVICES AS WELL AS ACCESS TO FREE TOOLS AND SOFTWARE, VISIT US ONLINE:

ITS.UNC.EDU/GET-STARTED | ITS.UNC.EDU/SERVICES @UNCTARHEELTECH
UNC offers many transportation options!

- Local transit services are fare-free to all students. Chapel Hill Transit’s U & RU routes circulate campus during the day, and UNC’s Point-to-Point (P2P) Express runs the nighttime service. P2P also serves campus health, the libraries, RDU Airport during breaks, and more.

- GoTriangle, PART, and Chatham Transit connect UNC to surrounding cities. For more information, please visit move.unc.edu/transit.

- Share a ride with other students! Search for carpools by using your Onyen login, or reserve a Zipcar and invite friends to save money on the hourly rate. Zipcars are available by the hour or day (gas included) and may be reserved (must be 18+). For more information, please visit move.unc.edu/rideshare.

- UNC’s Commuter Alternative Program (CAP) rewards students living off campus who take transit, bike, walk, or carpool to campus. Registration for CAP is free! For more information, please visit move.unc.edu/cap.

- Parking on campus is not available to first-year students, but students with a qualifying hardship may be eligible for parking. For more information, please visit move.unc.edu/student-parking.

Ride Matching:  
MOVE.UNC.EDU/CARPOOL

Online Service Portal:  
MOVE.UNC.EDU/ACCOUNT

Hardship Parking:  
MOVE.UNC.EDU/STUDENT-PARKING

Commuters:  
MOVE.UNC.EDU/CAP OR 919-843-4414
From tuition to meals plans, to paying for housing and textbooks, finances will likely be on your mind. As you transition to Carolina, there are two main resources to help you navigate this part of every student’s life each academic year.
OFFICE OF SCHOLARSHIPS & STUDENT AID

From paying student bills and managing your account to understanding financial aid resources, the Office of Scholarships & Student Aid (OSSA) and the Office of the University Cashier have you covered.

The Office of Scholarships & Student Aid (OSSA) works hard to keep Carolina affordable for all students. Financial aid is based on the individual circumstances of each student and family, and it is reviewed every year.

To be considered for all types of aid and scholarships, complete the two items in the box below by March 1st.

THE FREE APPLICATION FOR FEDERAL STUDENT AID (FAFSA)
FAFSA.GOV | UNC CODE 002974

THE CSS PROFILE (FOR INSTITUTIONAL AID) CSSPROFILE
COLLEGEBOARD.ORG | UNC CODE 5816

You'll need to complete an updated FAFSA each year, but you only need to fill out the CSS Profile once, when you first enroll at Carolina.

Please report any outside scholarships and awards— college funding from foundations, community organizations, or companies — to OSSA.

You can check your aid status at any time through Connect Carolina. Financial aid counselors are always happy to help, so get in touch with OSSA if you have questions or if you have a major change in your financial circumstances. Visit studentaid.unc.edu/contact.

VISIT STUDENTAID.UNC.EDU/INCOMING/HOW-TO-APPLY FOR ADDITIONAL INFORMATION

VISIT STUDENTAID.UNC.EDU/CURRENT/WHAT-AID-IS-AVAILABLE/OUTSIDE-SCHOLARSHIPS TO REPORT OUTSIDE SCHOLARSHIPS AND AID

OFFICE OF UNIVERSITY CASHIER

The Office of the University Cashier bills and collects for tuition, fees, housing, meal plans, and other campus expenses. Electronic bills are generated monthly and are due approximately three weeks later. You will receive notifications of new billing statements at your UNC email address and are responsible for paying these charges when they are due. Billing for the fall semester generally takes place in mid-July. Payment for these bills will be due in mid-August. Check your email for updates.

In most cases, financial aid is disbursed during the first week of classes. If you are receiving financial aid after payment is due, you may need to defer your University bill through Connect Carolina.

The University Cashier can only discuss your student account with you and authorized users or proxies with student financial permission. You can designate authorized users so that family members or third parties can view and pay bills online.

VISIT CASHIER.UNC.EDU FOR INFORMATION ABOUT PAYMENT OPTIONS, REQUESTING DEFERMENTS, 1098-TS AND OTHER STUDENT ACCOUNT-RELATED INFORMATION

VISIT HTTPS://CCINFO.UNC.EDU/GIVE-PROXYAUTHORIZED-USERS-ACCESS-INFORMATION-2-2/ TO SETUP AUTHORIZED USERS AND/OR FINANCIAL PROXY ACCESS
Here at Carolina, we work together to create and sustain the kind of community where we all feel welcomed, respected and free to pursue our goals and dreams and to become our best and truest selves. We celebrate all forms of diversity to ensure equitable and inclusive educational and social benefits. One way UNC offers opportunities for this is through extraordinary campus department and student organizations on campus.
The mission of the University Office for Diversity and Inclusion (UODI) is to enrich the lives of UNC students, faculty, staff, alumni and extended communities. UODI develops and implements initiatives that promote inclusion, access, learning and diversity. Additionally, UODI provides University-led leadership in shaping policies, programs and services that advance diversity and enhance the quality of life for all members of the University community.

Our office offers many ways for you to get involved with diversity, equity and inclusion at Carolina:

Achieving Carolina Excellence (ACE) is a unique opportunity for new students to be introduced to Carolina at the beginning of the academic year and meet current students from underrepresented populations. This experience offers you academic support resources, breakout sessions, social activities as well as cultural and identity sessions. Special parent and family sessions are also offered.

UODI supervises the Martin Luther King Jr. Celebration Committee. Committee members help plan the annual Martin Luther King Jr. celebration, which includes the MLK University/Community Banquet, the MLK Lecture and the student Unity dinner and service projects. In all these ventures, committee members continue and promote Dr. King's legacy.

You can volunteer to be part of the Student Access and Success Committee (SASC). SASC volunteers help coordinate programs and activities hosted by UODI to increase access to higher education and support the success of current students. These include Project Uplift, Uplift PLUS, North Carolina Renaissance, Achieving Carolina Excellence, Tar Heel Talks and Beyond Carolina.

“D&I has provided me with a voice and platform to address diversity issues on our campus. Through D&I, I hope to bring a true sense of community and inclusiveness to our campus and celebrate the various differences that come with each student.”

— Jay Peterkin, Class of 2017

CAMPUS Y

The Campus Y is a collaborative space that unites students, staff, faculty, and community partners in the pursuit of social justice. It is a great place to tailor your passion into meaningful work that crystallizes who you are and what you stand for.

Join the Campus Y’s 2,000+ student members and tackle today’s most pressing social justice challenges, such as immigrant and refugee rights, educational inequity, food insecurity, community advocacy and inclusion, and more!

In addition to the Campus Y’s 32 student-run social justice committees, there are three specialized staff-led programs offered through the Campus Y:

• The Global Gap Year Fellowship provides financial support to a select group of rising first-years and juniors who defer admission to work, travel, and undertake public service abroad.

• The Bonner Leaders Program allows work-study-eligible first-years to earn money while working with local nonprofits in roles of increasing responsibility for the course of their four years at Carolina.

• Finally, CUBE, a social innovation accelerator, helps teams grow and accelerate startups that address social challenges locally and internationally.
CAROLINA WOMEN’S CENTER

The Carolina Women’s Center’s (CWC) mission is to ensure that gender is not a barrier to success, and achievements towards gender equity are celebrated. We sponsor educational programming throughout the academic year, including film screenings, discussions, and performances. The center’s Gender Violence Services Coordinators provide confidential support, resources, and referrals to people who have been affected by sexual violence, relationship violence, stalking, or harassment.

Additionally, you can apply to be a Moxie Scholar! Moxie Scholars complete a spring semester course about women’s leadership and activism, followed by an eight-week summer internship with women’s organizations, nonprofits, and municipalities in the Triangle area.

The CWC is open to all and we hope that you will make our center a part of your Carolina experience!

LGBTQ CENTER

The Lesbian, Gay, Bisexual, Transgender, and Queer (LGBTQ) Center works to foster a welcoming and inclusive environment for UNC-Chapel Hill community members of all sexual orientations, gender identities and gender expressions.

The LGBTQ Center provides resources, educational programs, community-building events, and support services to accomplish our mission. Our efforts are guided by an intersectional social justice framework: recognizing that people experience the world in different ways, depending on the constellation of identities they hold and the ways that those identities are privileged and/or marginalized by the existing institutional structures and societal norms.

You are welcome to stop by the LGBTQ Center on the third floor of Student Academic Services Building (SASB) South to check out library books, access resources, study, or hang out with friends.

LGBTQ Center Programs include:

• Safe Zone LGBTQIA+ Allyship Training
• Queer FallFest to get acquainted with LGBTQIA+ focused student orgs and resources
• Center Ambassadors: student volunteer opportunity to help plan and host Center programs
• Monthly socials: movies, crafts, and gaming hosted by Center Ambassadors
• Pride Week: a full week of campus-wide LGBTQ-focused events in Spring semester
• Lavender Graduation: commencement and Awards ceremony for LGBTQIA+ and allied students to close Spring semester
CAROLINA LATINX CENTER

At the Carolina Latinx Center (CLC) we are committed to creating a more inclusive and culturally aware Carolina community for all faculty, staff and students. Located in Abernethy Hall, the CLC achieves this goal of supporting all our Latinx communities through engagement, scholarship, cultural awareness, and public service. The CLC also serves as a resource to provide information, consultation, connections, and promotion of Latinx endeavors on the campus of UNC and beyond.

**CLC programs include:**
- CLC Open House during the Week of Welcome
- Latinx Heritage Month Kick Off
- Exitos: Graduation Ceremony
- LHM Keynote Speaker
- LíDER: Leadership Institute
- Pulso Scholars Program
- La Conferencia
- Latinx Leadership Alliance

**Our Office Values:**
- Diversity
- Empowerment
- Familia
- Innovation
- Orgullo

AMERICAN INDIAN CENTER

The American Indian Center is a campus-wide center that advances the University’s overall mission of research, teaching, and service by creating an environment in which quality scholarship and engagement related to American Indians is strengthened, nurtured, and coordinated. They facilitate the inclusion of the American Indian peoples, with their unique and rich cultures, traditions, beliefs, and histories, by creating a learning environment that enriches the entire Carolina community. The Center supports and promotes Native identity and community on campus by partnering with student organizations.

**At the Center, you can find some of the following:**
- Welcome Extravaganza
- New Native Student Orientation
- Elder in Residence
- Michael D. Green Lecture in American Indian Studies
- November’s American Indian Heritage Month Events
- Student Ambassador Positions
- Student Internship Programs
- Native Pathways to Professional Development Series

CAMPUS FAITH, RELIGIOUS & SPIRITUAL LIFE

**FAITH. SERVICE. FELLOWSHIP.**

If you are seeking communities where you can grow spiritually, serve others, and enjoy fellowship, there are many faith-based communities across a spectrum of denominations and worldviews on campus. These communities often partner to provide opportunities for students to learn from one another through interfaith dialogue, work cooperatively together for the common good through service, and grow friendships both within and across denominational and faith boundaries. To check out the specifics of each campus organization, search for them by category or name on heellife.unc.edu.
STUDY ABROAD

Many Tar Heels study abroad, and you can, too! We offer programs around the world for students in all majors to earn credit towards their UNC degree while living and studying in a different country for a few weeks in the summer, during the fall or spring semester, or for a full year. Financial aid and scholarships help make study abroad a reality. You can also complete an internship or join a research project abroad. Plan ahead by letting your academic advisor know that you are interested in study abroad now!

UNC GLOBAL

At Carolina, we’ve seen how students from all disciplines and career paths benefit from a global education. They gain valuable career skills, become more confident in their abilities and perform better as students. Because all students should have these benefits, we make a global education part of your Carolina education. This is Carolina’s Global Guarantee — our commitment to help students fulfill their potential to become the next generation of global leaders, with the global knowledge, skills, and mindset to address the world’s greatest challenges. The Global Guarantee means that we offer YOU the best menu of global education opportunities possible. The FedEx Global Education Center is Carolina’s hub for global programs, lectures, music, and films, where you can connect with people from all over the world and learn about languages, cultures, and regions. The FedEx GEC houses UNC Global, comprised of these campus units: Office of the Vice Provost for Global Affairs, International Student and Scholar Services, Study Abroad Office, area studies centers, and the Curriculum in Global Studies. Learn more at global.unc.edu.

INTERNATIONAL STUDENT & SCHOLAR SERVICES

International Student and Scholar Services (ISSS) promotes global exchange by providing immigration services and cross-cultural programming to international students, scholars, faculty and their families in support of the University’s educational and research missions. ISSS serves approximately 3,700 international students, faculty and researchers from over 80 countries.

Immigration advising services for international students includes assistance in understanding complex U.S. immigration regulations such as visa applications and maintenance of immigration status. Individual and group advising is offered to assist students and scholars in adjusting to the U.S. and the U.S. system of education. Networking and referrals to other campus departments are common.

Programs offered by ISSS are designed to assist international students with adjusting to life in the U.S. and Chapel Hill. These include International Student Orientation programs and regular informational sessions on a variety of topics. Additionally, the International Friendship Program pairs international students with local families for friendship and cross-cultural sharing. Learn more at our website and social media sites.
We believe that the arts and sciences are essential tools for learning and community engagement. Carolina is a laboratory for academic innovation where imaginative thinkers, creators, and community leaders come together to make a global impact. From investing in sustained creative practice to encouraging students to explore their passions through the arts and sciences, our goal is to be a leader in transforming liberal arts education in the 21st century.
Arts Everywhere is a comprehensive initiative at UNC-Chapel Hill that strives to make the arts a fundamental part of the University culture. Through campus and community partnerships, Arts Everywhere embeds the arts into daily life at Carolina through innovative programs which promote artistic expression, live arts experiences, and learning through the arts.

The arts at UNC have a lot to offer. From events at Carolina Performing Arts and PlayMakers Repertory Company to art exhibits at the Ackland Art Museum, Carolina Union, Stone Center, and SAMple Gallery, to pop-up performances and shows on campus and on Franklin Street, there’s always an art experience around the corner!

Want to pursue a degree in the arts? Check out the various arts-related academic offerings in the Departments of Art & Art History, Communication, Dramatic Art, English & Comparative Literature, and Music.

Love the arts but not sure about doing a degree? Get involved by joining one of the many arts-focused student organizations through Heel Life. Or just paint your stress away at our completely free and fully-supplied art studio in Morrison Residence Hall.

Ready to learn more? Sign up for our newsletter, follow us on social media, or reach out to us via email!

The Ackland Art Museum, located on S. Columbia St. near Franklin St., is UNC-Chapel Hill’s local museum with a global outlook. We empower you to get close to art — the familiar, the unexpected, the challenging — and connect with the beauty and complexity of the wider world. Admission to the Ackland is always free!

Over 10,000 university students across 30 disciplines experience the Ackland each year as part of their coursework. It’s likely you will have a class at the Ackland during your time at Carolina!

The Ackland offers a vibrant year-round schedule of art exhibitions as well as free and low-cost programs featuring live music and dance, film, fitness classes, hands-on art making, gallery tours, lunchtime talks, and evening and weekend activities. The Ackland’s ART& community space is food and beverage friendly and makes a great study spot.

The Ackland offers a variety of opportunities for students to engage with the Museum, including the Ackland Student Guide program, internships, fellowships, and work-study opportunities. In addition, student memberships to the Museum are free for UNC undergraduate and graduate students and offer benefits including 10% off at the Museum Store.

To stay connected, follow the Ackland on social media and sign up for the e-news!
CAROLINA PERFORMING ARTS

Carolina Performing Arts (CPA) is UNC-Chapel Hill’s official performing arts presenter. CPA’s mission is to spark curiosity, inspiring all members of our community to discover and more fully engage with the world. For you, this means $10 tickets to many of our season performances, masterclasses with renowned musicians and dancers from across the globe, free events, collaborations with our artists in residence, student employment opportunities, and much more.

Artists who have performed at CPA recently include Tierra Whack, Emmylou Harris, Alvin Ailey American Dance Theater, Martha Graham Dance Company, Neko Case, Dorrance Dance, and Steep Canyon Rangers. Our venues include Memorial Hall, Moeser Auditorium in Hill Hall, and CURRENT ArtSpace + Studio, located in Carolina Square off Franklin Street. Want a virtual experience instead? Check out CPA [at] Home, our online destination for digital performances and exclusive artist content.

UNC DEPARTMENT OF MUSIC

With hundreds of course offerings and multiple degree options, the UNC Department of Music offers a wealth of musical resources for students looking to incorporate music into their educational careers. The department offers a welcoming environment for students from all musical backgrounds.

There are also opportunities for non-majors to participate in ensembles, lessons, and classes. The department offers an attractive curriculum with two flexible undergraduate majors and a minor and provides support for double majors to combine music with any additional area of study.

The department maintains a state-of-the-art performance auditorium in Hill Hall and a world-class music library. Finally, there are opportunities to collaborate with an internationally recognized faculty of performers’ composers, educators, and scholars!
PLAYMAKERS REPERTORY COMPANY

PlayMakers Repertory Company is the professional theatre in residence at UNC-Chapel Hill and has been part of a 100-year tradition of theatre at Carolina. At PlayMakers, one of the last resident acting companies in the nation combines with graduate students across three disciplines and guest artists from around the world to bring you a full season of award-winning plays and musicals every school year. As a student, you are able to experience each Broadway-quality show for just $12, all year long.

Whether you like a comedy, a tragedy, or something in between, PlayMakers’ commitment to produce both contemporary shows and re-imagined classics with a diverse company of actors and designers has made it a local favorite here at UNC. For the curious, the Company even offers a peek behind the scenes with events like Vision Series and opportunities to work backstage for academic credit.

UNC BANDS

Visit uncbands.org for enrollment and membership information for the Marching Tar Heels, Basketball Bands, Wind Ensemble, Symphony Band and University Band.

Music majors and minors, and non-Music majors are welcome and encouraged to get involved.

The UNC Bands provide musical outlets for all Carolina students, cultural enrichment for the University community, ceremonial music for University observances and entertainment at athletic events. Academic excellence is encouraged and enabled with rehearsal and performance schedules that are compatible with the academic requirements of UNC students. Membership in the UNC Bands is open to all Carolina students, regardless of major, and provides an inclusive environment that is free of hazing.
The Academic Advising Program looks forward to working with you throughout your time at Carolina. From orientation to graduation, we are here to guide undergraduates in the College of Arts & Sciences and the General College on their academic path. We serve current and returning students including all first-year and sophomore students as well as juniors and seniors with majors in the College of Arts & Sciences.

Our mission is to create a supportive environment in which we partner with undergraduates as they explore personal goals, develop educational plans, and thrive at Carolina.
ACADEMIC PLANNING, OPPORTUNITIES, & SUPPORT

CENTER FOR STUDENT SUCCESS

ACADEMIC SUPPORT RESOURCES

The Center For Student Success

The Center for Student Success (CFSS) has a simple mission, which is connecting with you to promote your academic and personal growth. Its constituent offices and programs (The Learning Center, The Writing Center, Peer Mentoring, Summer Bridge, First-Generation College Students, and Transfer Students) support you in developing the skills and strategies needed to excel at UNC and beyond.

CSSAC.UNC.EDU | CFSS@UNC.EDU

The Learning Center

The Learning Center helps you meet your academic goals at Carolina by capitalizing on your existing strengths and developing new ones. Make an appointment with an academic coach and join the thousands of other students who use coaching to develop personalized strategies for managing time, studying effectively, and more. The Learning Center also offers other free programs and resources such as peer tutoring, science, technology, engineering and math (STEM) tutoring, Attention Deficit Hyper Activity Disorder (ADHD) support, Learning Disability (LD) support, and graduate school admission test preparation.

LEARNINGCENTER.UNC.EDU | LEARNING.CENTER@UNC.EDU

The Writing Center

At the Writing Center, you can meet one-on-one with a writing coach to enhance your writing skills, develop writing strategies, and receive feedback at all stages of the writing process. You can make appointments to consult with a writing coach in person, or you can submit a draft for feedback online. They also offer resources for students writing theses and dissertations and English language resources for multilingual students. The Writing Center’s website also includes more than 100 tip sheets and videos on topics such as writing thesis statements, transitioning to college writing, proofreading, and writing in the sciences.

WRITINGCENTER.UNC.EDU | WRITING.CENTER@UNC.EDU

Peer Mentoring

Peer Mentoring assists in the academic, social, and personal development and adjustment of racial/ethnic minority students, students from low-income backgrounds, and transfer students in their first year at UNC. Incoming students can request peer mentors who are academically successful and socially involved members of the Carolina community.

PEERMENTORING.WEB.UNC.EDU
**Summer Bridge**

Summer Bridge is a six-week transition program that helps incoming first-year students adjust to Carolina by providing academic enrichment, community building, and co-curricular and experiential learning activities. Any student who has been admitted to UNC-Chapel Hill and is a North Carolina resident is eligible to apply.

**First-Generation College Students**

Nearly 20% of all undergraduates at UNC-Chapel Hill are the first in their family to attend college. At Carolina, we proudly call our first-generation college students Carolina Firsts. The Center for Student Success is comprised of several programs designed to encourage students to engage, experience, and excel through their Carolina journey. Students can visit [studentsuccess.unc.edu/carolina-firsts](studentsuccess.unc.edu/carolina-firsts) for more information.

**Transfer Students**

The University offers distinct programs and opportunities designed specifically for transfer students to acclimate to the Carolina community. The Transfer Student Coordinator serves as the primary contact for transfer students at UNC and provides support to encourage the success, persistence, and graduation of transfer students. Contact Transfer Student Coordinator Luke Fayard at [fayardl@email.unc.edu](mailto:fayardl@email.unc.edu) for additional information.

---

**THE UNIVERSITY LIBRARIES**

**Your Place...**

*To talk to research experts:* [library.unc.edu/house/105help](library.unc.edu/house/105help)

From finding a topic to citing your sources, we have experts in all aspects of research. Drop in and visit or set up an appointment.

*To do research:* [library.unc.edu/find](library.unc.edu/find)

Books, articles, films, stats, archives, and more we’ve got it all. Find all the best resources to power your projects.

*To recharge:* [library.unc.edu/services/leisure](library.unc.edu/services/leisure)

When you need a break from classwork, come get lost in a new book, download an audio book and take a walk, or stream a movie with friends. We’ve got free e-books, films, and newspaper subscriptions.

*To get things done:* [library.unc.edu/hours](library.unc.edu/hours)

Need a space to get focused? We have ten libraries across campus. Try them all to discover your favorite spot to work!

*To study:* [library.unc.edu/places/study](library.unc.edu/places/study)

Sometimes you need solitude; sometimes you need your buddies. Use our space finder to identify your ideal study spot.

*To connect:* [library.unc.edu/social](library.unc.edu/social)

Connect with all of our libraries on a variety of social media platforms.
ACCESSIBILITY RESOURCES AND SERVICE

Through Accessibility Resources and Service (ARS), UNC-Chapel Hill seeks to meet the individual needs of students or applicants with disabilities, chronic medical conditions, a temporary disability, or pregnancy complications resulting in barriers to fully accessing University courses, programs and activities.

Accommodations are determined individually based on the impacts you are experiencing and in accordance with applicable federal and state laws. Whether you had an IEP or 504 plan in high school, an accommodation plan at your prior community college or University, or never utilized accommodations, we invite you to contact us for additional information.

ARS.UNC.EDU | ARS@UNC.EDU

HONORS CAROLINA

Honors Carolina is a four-year academic program geared toward the top 10 percent of undergraduates at UNC, and is comprised of a remarkable collection of courses, study abroad programs, special events, career development programming, and other learning opportunities. Our mission is to provide high-achieving, intellectually curious students with a guided journey toward a successful career and a purposeful life.

Each year, roughly 400 students are invited to join Honors Carolina at the time of their admission to the University. In addition, current UNC students may apply to join the program after their first semester or first year on campus. Transfer students may also apply in the fall of their first year. Honors Carolina courses and study abroad programs are open on a space-available basis to all students with a 3.0 or better GPA.

Registration Priority

Members of Honors Carolina are first in their class to register for courses each semester — and receive extended registration priority for honors courses.

Hands-on Learning

With over 200 options available each year, students enjoy a variety of honors seminars designed as small, collaborative learning environments led by award-winning faculty. These courses rely on research and hands-on learning to explore the sciences, humanities, fine arts, and professional programs. In addition, more than 90% of Honors Carolina students get involved in undergraduate research projects through summer fellowships and by completing a Senior Honors Thesis. Engaging in original inquiry and investigation allows students to develop new skills and experience the thrill of discovery.

A Tight-Knit Community

From the moment they step foot on campus, students join a diverse and exceptional community of scholars and friends through dedicated Honors Carolina housing, social events, and networking opportunities.

Experienced Career Coaches

Industry professionals help students explore career pathways and possibilities, prepare for post-graduate success, and connect with alumni around the world. The Go Anywhere Platform — our online networking and resource hub — powers those connections through meaningful and carefully-curated mentoring, research, employment, and internship opportunities. Visit goanywhere.unc.edu to learn more.
Global Opportunities

Honors Carolina students are immersed in new cultures and adventures through more than a dozen study abroad programs, internships, fellowships, and research opportunities around the globe.

Laureate Distinction

The prestigious Honors Carolina Laureate, awarded upon completion of program requirements, signifies a commitment to excellence and outstanding achievement in baccalaureate studies. Employers and admissions directors report more favorable attitudes and are more likely to select UNC alumni who have an Honors Carolina Laureate.

SUMMER SCHOOL

As you plan your academic schedule this year and in the semesters beyond, remember that Summer School is an option. Summer School offers a three-week Maymester session and two five-week summer sessions. Schedules allow time for internships, work, or other activities. More than 550 courses are offered, some including travel within the United States. Summer tuition compares favorably with tuition during the academic year and realizes savings for out-of-state students. Check with the Office of Scholarships and Student Aid (page 30) about available assistance.

Through summer courses, you can:

- Graduate in four years
- Complete a second major or minor
- Make up course deficiencies
- Build your GPA

Have smaller classes and focused learning Course listings can be found at summer.unc.edu.
CAROLINA SLS

Carolina Student Legal Services, Inc. (SLS) is a non-profit law firm on campus. SLS is staffed by three attorneys who provide legal advice and assistance in a wide range of legal matters including landlord/tenant concerns, expunging criminal records, consumer-related matters, domestic violence cases (which do not involve another student as an adverse party), and many other areas. All visits to the office are strictly confidential.

SLS cannot advise or represent you against another student, the University, or another state agency. Advice may be provided in criminal and traffic cases involving state agencies.

The basic eligibility requirement to use SLS is the payment of the SLS fee, which is already included in your student fees. Recent graduates are also eligible for this service as long as you contact SLS within three months of graduation and the problem arose while you were an enrolled, fee-paying student.

Appointments can be made by phone or via email.

UNIVERSITY CAREER SERVICES

“CAREER PLANNING AT CAROLINA”

University Career Services (UCS) is committed to helping you navigate the career planning process as you work to identify and achieve your career goals. They encourage you to use their office soon after you arrive on campus so that they can help you explore your interests and map out a plan for your future.

What Should You be Doing Now?

Explore major/career interests and options

UCS offers the Focus 2 Academic and Career Planning Tool to help you assess and clarify your interests as they relate to occupations and subject areas. Meet with them to explore your strengths and interests to make the best decisions you can make.

Consider enrolling in EDUC 111

Career Exploration (EDUC 111) is designed to expose new students to the practical application of career development theories, while providing a framework for exploring and discovering their interests and skills. Course learning offers tools and resources for making both academic and career decisions that incorporate their individual needs.

Start building your experience

Be it an internship, campus leadership role, or volunteer position, employers expect you to have experiences and be successful outside of the classroom. It is never too soon to begin cultivating these experiences, as they will help develop your resume and ultimately, shape your career interests.

Meet with a Career Counselor

Schedule an appointment with any member of our professional counseling staff to discuss and plan for your career goals.
Take advantage of drop-in hours
Visit UCS on the second floor of Hanes Hall, Monday–Friday from 1:00–4:00pm, to meet with an undergraduate Peer Career Counselor to receive basic tips on resume and cover letter writing.

Use Handshake
Handshake is their comprehensive, online career-management tool that allows you to post resumes, search for jobs and internships, research employers, and view and register for upcoming UCS career events. Visit careers.unc.edu/students/resources/handshake to learn more.

Connect with UCS through
• Career panels and networking programs
• Part-time / Full-time Job and Internship Fairs
• Graduate / Professional School Information Fairs
• Workshops and seminars
• Alumni database

FERPA Law
The University adheres to the Family Rights and Privacy Act (FERPA). This is a federal law passed in 1974 that limits the type of information the University releases about a student.

Under FERPA, the University may only release items defined as “Directory Information” without a student’s prior written consent.

Please visit the registrar’s website at registrar.unc.edu/academicsservices/uncferpa for additional information on directory information, the FERPA Privacy Flag and disclosure of student records.

New FERPA PIN Policy
For anyone that needs to request information about you from the University, will need to provide a PIN to allow the sharing of information. To set up a PIN for yourself, go to ConnectCarolina, click the Personal Information tile, and choose Student PIN from the left menu.

You may also set up a PIN to allow someone else to access your information. Go to ConnectCarolina at connectcarolina.unc.edu and click the Share My Student Information link in the Student Links tile. Then, on the Share My Student Information page, click the Authorize University Offices to Communicate with Individuals link and follow the instructions on the screen.

If you have any questions about setting these up, give the ITS Service Desk a call at (919) 962-HELP or submit a help ticket at help.unc.edu.
So, New Student Orientation is over, and you are likely looking at the time between now and Move-In Weekend. This section will share a few resources and tips for staying up-to-date and ready for your start in Chapel Hill.
After you have completed Orientation, it’s likely you have returned to this Guide for some support while registering for classes. With a Fall schedule coming together, the beginning of the academic year is just on the horizon. Here are a few things to think about as you plan for your start...

**Check Your UNC-Chapel Hill Email**

Throughout the summer new first-year and transfer students will receive lots of emails with important action steps. You will also receive required online education components that must be completed before starting in August. Don’t get left behind — check your UNC email often!

**Create a Profile on Heel Life**

Go to heellife.unc.edu and create your profile to search over 800 student organizations and find out how to get connected at Carolina.

**Learn the Alma Mater: Hark the Sound**

Find below the lyrics to our alma mater as sung at University programs, sporting events, and much more. For the complete music and lyrics, and to listen and sing along with other UNC School songs, visit library.unc.edu/music/uncsongs.

Hark the sound of Tar Heel voices
Ringing clear and True
Singing Carolina’s praises
Shouting N.C.U.
Hail to the brightest Star of all
Clear its radiance shine
Carolina priceless gem,
Receive all praises thine.
I’m a Tar Heel born I’m a Tar Heel bred
And when I die I’m a Tar Heel dead.
So it’s Rah, Rah, Car’lina ‘lina
Rah, Rah, Car’lina ‘lina
Rah, Rah, Car’lina
RAH! RAH! RAH!
WEEKS OF WELCOME

Welcome Home to Carolina!

Start your school year with UNC WOW (Weeks of Welcome), a series of events designed to kick off your Carolina journey. UNC WOW will take place during the first two weeks following Move-In. With a variety of events, sponsors, and opportunities, there’s something for everyone to do during WOW.

That’s Neat. What Can I Do at WOW?

There are so many event types, and overall, it’s simple! Think, “Make. Learn. Feel.”

You’ll make friends with other students, connections to UNC, and memories to last a lifetime.
You’ll learn campus resources, opportunities for involvement, and Carolina traditions.
You’ll feel enthusiastically welcomed, belonged to a community, and at home as you start the new semester.

Great! And How Do I Keep Track of All This Info?

To help with your transition to UNC, we will have The WOW Planner at your residence hall and at our WOW Tents. The Planner will have tips and information about coming to Carolina and a blank calendar to help you plan out your semester and year. Be sure to ask your Orientation Leader about WOW and what events they’re excited for!

Watch out for the WOW schedule by visiting go.unc.edu/wow for new events and programs being added.

Once WOW is over, join us for our series of fall events, designed to help students feel belonged to even more of UNC throughout the semesters.

You can also find more information at nsfp.unc.edu/wow and nsfp.unc.edu/wowboard

Scan this code with your smart device to get Your WOW Schedule

Scan this code with your smart device to learn more about WOW

go.unc.edu/wow
nsfp.unc.edu/wow
ACADEMIC CALENDAR

When you begin classes, you will likely receive syllabi in advance or on the first day of your class meetings. These are essentially your go-to documents for planning your entire semester! Your professor will expect that you regularly refer to these for readings, assignments, grading and attendance policies and more!

In addition, you will want to regularly refer to the Academic Calendar (or Chancellor’s Calendar) for important dates throughout the academic year. These can include holidays, add/drop dates, registration, and more. Dates rarely change once set, but in the event they do we prefer to just share with you the link. Bookmark this on your devices and stay-in-the-know.

Visit here to always find the Academic Calendar:
registrar.unc.edu/academic-calendar

CAMPUS MAP

You are coming to a new place! It’s exciting, and can also be intimidating learning how to get around and finding where things are located. On the last page of this New Student Guide you will find a static campus map. You can also download and print one from Print Stop.

Additionally, many students reference the interactive maps online or use their smart device’s GPS to better acquaint themselves with campus.

Print Stop’s Calendar and Map Downloads:
aux-services.unc.edu/printing/calendars-and-maps

Interactive Campus Maps:
maps.unc.edu
COMMON CONTACTS FOR NEW STUDENTS
(T:711 NC RELAY)
There is a lot of information in this guide and throughout Orientation. This list represents typical contacts for new students as you get prepared and settled into your first year at Carolina. Refer to the campus map in the next page to find the coordinates indicated beside each contact.

Academic Advising and the General College (J6)
Steele Building
advising.unc.edu
919-966-5116

Accessibility Resources & Service (J13)
SASB North, Suite 2126
accessibility.unc.edu
919-962-8300

Admissions (M7)
Jackson Hall
admissions.unc.edu
919-966-3621

Campus Health (H11)
James A. Taylor Building
campushealth.unc.edu
919-966-2281

Carolina Dining Services (J7)
36 Lenoir Hall
dining.unc.edu
1-800-UNC-MEAL

Carolina Housing (J13)
SASB North, Suite 1213
housing.unc.edu
919-962-5401

Office of the University Cashier (J13)
SASB North, Suite 2215
cashier.unc.edu
919-962-1368

Center for Student Success
SASB North, Suite 2203
cssac.unc.edu
919-966-2143

The Dean of Students (J13)
SASB North, Suite 1106
odos.unc.edu
919-966-4042

First Year Seminars (J6)
3010 Steele Building
fys.unc.edu
919-843-7773

New Student & Family Programs* (J13)
SASB South, Suite 3318
nsfp.unc.edu
919-962-8304
*This is our office! If you remember nothing else, call us and we will help get you what the info you need!

One Card Office (J8)
Student Stores, 3rd Floor (Daniels Building)
onecard.unc.edu
919-962-8024

UNC Police (I13)
Public Safety Building
police.unc.edu
919-962-8100 (non-business hours) 919-962-3951 (general information)

Office of the University Registrar (J13)
SASB North, Suite 3100
registrar.unc.edu
919-962-3954

Office of Scholarships and Student Aid (I4)
111 Pettigrew Hall
studentaid.unc.edu
919-962-8396

Student Affairs (J6)
Carr Building
studentaffairs.unc.edu
919-966-4045

Student Stores (J8)
Daniels Building
store.unc.edu
919-962-5066

Student Wellness (J13)
SASB South, Suite 1310
studentwellness.unc.edu
919-962-9355