2019 FIRST-YEAR STUDENT ORIENTATION SCHEDULE DAY ONE

Please note that participation in all Orientation activities is expected and required in order for students to register for courses after Orientation. Additionally, the assigned time of Orientation activities, including Academic Advising and Laptop Distribution & Configuration are not able to be requested, adjusted, or switched.

Students should plan to be on campus until 4:00pm on Orientation Day Two. This includes spending the night in Cobb Residence Hall.

*Note: Sessions marked with an asterisk (*) will be attended by both students and family members/guests.*

**8:15–9:45AM**

**HOUSING CHECK-IN** | Cobb Residence Hall
All students must check-in to their Orientation residence hall during this time.

**8:30–10:00AM**

**ORIENTATION CHECK-IN** | West Lounge, FPG Student Union
Receive your Orientation materials and, if needed, your CCI laptop pick-up time.

**8:30–10:50AM***

**UNC ONE CARD** | Student Stores
All students must pick up their One Card during this time in order to eat New Student Orientation meals.

**CCI LAPTOP DISTRIBUTION & CONFIGURATION, PART 1** | Room 2510, FPG Student Union
Students who purchase computers through the Carolina Computing Initiative will pick up their laptop from UNC Student Stores staff and will have their computer set up for campus network use by ITS Service Desk personnel.

**NON-CCI LAPTOP CONFIGURATION** | Room 2424, FPG Student Union
Students who brought a laptop from home will have their computer set up for campus network use by ITS Service Desk personnel.

**STUDENT STORES OPEN HOUSE**
Take a few minutes to get to know your official University Bookstore, home to Bull’s Head Bookshop, the Tech Shop, the Pit Stop, Student Stores’ Pharmacy, and more.

**8:30–10:50AM***

**STUDENT & ACADEMIC SERVICES INFORMATION FAIR** | Student Stores
Connect with campus representatives to learn about offices and departments that are here to support you through your Carolina career.

**11:00–11:35AM***

**THRIVE @ CAROLINA** | Great Hall, FPG Student Union
Join other new students and families to learn what to expect from your Orientation and how to best prepare to thrive at Carolina. In addition, you will be introduced to your Orientation Leaders (OLs).

**11:40–12:30PM**

**SMALL GROUP 1** | Follow your OL
Meet with your fellow classmates and learn about your Carolina community.

**12:40–1:30PM**

**LUNCH** | Top of Lenoir Dining Hall
Enjoy lunch with your small group and your OL.

**1:40–2:30PM***

**MORE THAN JUST A MAJOR** | FPG Student Union or Hamilton Hall
Come learn about how your academic journey at Carolina is “more than just a major.” Faculty, academic advisors, and Orientation Leaders will share their insights in these sessions which will include first-year expectations for your area of interest, co-curricular activities, academic resources, and more.
Business Interest  | Room 3408, FPG Student Union

At this session, you will learn about the required prerequisite courses to apply to the Kenan-Flagler School of Business. Information about the application process and co-curricular activities will also be presented. You will also learn about other majors that can lead to careers in the business field.

Fine Arts and Humanities Interest  | Room 2420, FPG Student Union

Whether you are studying Music or English, explore opportunities that can complement and enhance your major coursework, and help you prepare for a career or graduate studies. Related majors: American Studies, Art History, Classics, Communication Studies, Comparative Literature, Dramatic Art, English, Germanic & Slavic Languages & Literatures, Linguistics, Media & Journalism, Music, Philosophy, Religious Studies, Romance Languages, Studio Art, Women's & Gender Studies.

Pre-Health Interest  | Great Hall, FPG Student Union

Interested in being a healthcare professional? Here you will learn about health-related majors, required and suggested courses, co-curricular opportunities, and resources to assist you with the application process. Related graduate school paths: Medicine, Dentistry, Nursing, Pharmacy, Physician’s Assistant, Physical Therapy, Radiologic Science, and other health-related professions.

Science, Not Pre-Health Interest  | Hamilton 100

In this session, science majors who do not intend to enter a profession in a health-related field will learn about academic opportunities, resources, and suggested coursework for their first year. Related majors: Biology, Biomedical Engineering, Biostatistics, Chemistry, Clinical Lab Science, Computer Science, Pre-Dental Hygiene, Environmental Studies & Sciences, Exercise & Sport Science, Geological Sciences, Health Policy & Management, Mathematics, Mathematical Decision Sciences, Neuroscience, Nutrition, Physics & Astronomy, Psychology.

Social & Behavioral Sciences Interest  | Room 3411, FPG Student Union


Undecided Interest  | Room 2422, FPG Student Union

Being undecided about your major may seem stressful. However, in this session, you will learn that it does not have to be. Explore the many campus resources available to help you identify the right choice for you. The journey to your major can be one of self-exploration and growth. No matter which major you choose, you will learn valuable information in this session.

2:45–3:15PM*  PROFESSOR’S PERSPECTIVE  | Great Hall, FPG Student Union

A Carolina faculty member will discuss faculty expectations for the Carolina classroom and strategies to facilitate student success.

3:15–3:45PM  BREAK
3:50–4:20PM  **REGISTRAR 101 | Hamilton 100**  
In this workshop, the Registrar’s Office will introduce you to the basic terminology of Registration and provide an in-depth understanding of FERPA and your rights under FERPA. This workshop is a preparatory session for the Day 2 Academic Workshop with both the Office of the Registrar and Academic Advising.

4:20–4:40PM  **HONOR @ CAROLINA | Hamilton 100**  
This session will address the pertinent policies that set the expectations for behavior as a member of the University community. The following policies will be discussed: The Instrument of Student Judicial Governance (Honor Code) and the Alcohol Policy. An overview of each policy will be provided, as well important information about reporting and prevention.

4:40–5:00PM  **HEELS UNITED: OUR CAROLINA COMMUNITY | Hamilton 100**  
This session will address Carolina’s community expectations as provided in the University’s Policy on Prohibited Discrimination, Harassment and Related Misconduct, which includes sexual and gender-based harassment, sexual violence, interpersonal violence, and stalking. The session will focus on Carolina’s definition of consent and the role we all play in cultivating a culture of respect, inclusion, and safety, including prevention skills and opportunities for student leadership in the area of violence prevention. The session will also highlight important information about support resources and reporting options.

5:00–5:20PM  **HEALTHY HEELS | Hamilton 100**  
How will you stay healthy and well as a Carolina student? This session will encourage reflection on your plan for self-care in college and where to go and what services are offered when you need health and mental health care.

5:20–5:30PM  **EAT LIKE A TAR HEEL | Hamilton 100**  
UNC Chapel Hill is rated as one of the “Top 75 Best Colleges for Food in America” by the Daily Meal (2017). Learn about Meal Swipes, Plus Swipes, Dining Flex, and how we will keep you well fed on campus!

5:30–6:30PM*  **DINNER | Top of Lenoir Dining Hall**  
Eat dinner with your Class of 2023 classmates, Carolina families, and OL staff.

6:45–7:30PM  **THE HEEL WORLD | Follow your OL**  
Relax with the OLs while they show you a humorous glimpse into “The Heel World.”

7:30–8:30PM  **SMALL GROUP 2 | Follow your OL**  
What will your Carolina experience look like? Take some time to reflect on the evening’s activities and prepare for tomorrow with your OL and small group.

8:45-10:00PM  **LATE NIGHT CAROLINA | Great Hall, FPG Student Union**  
Kick off your first night on campus experiencing a taste of what the Carolina Union has in store for you this fall! Dancing, food, games, and more; we will have a bit of everything. Learn more and participate in the Rise Against Hunger initiative and enjoy a fun night with your new Carolina family in the Great Hall.
The following are descriptions of sessions occurring on Day Two of Orientation. Your Day Two schedule is based on your group number (1–20). It is very important that you follow your schedule to ensure that you attend your Registration & Advising Workshop, Exploring Our Stories session, and Lunch at your assigned times.

Note: Sessions marked with an asterisk (*) will be attended by both students and family members/guests.

7:00–8:30AM  RESIDENCE HALL CHECK-OUT  | Cobb Residence Hall
You must check out of Cobb Residence Hall between 7:00 and 8:30am or you will incur an improper check-out fee. This fee covers the cost of rekeying your room due to the quick turnaround of the room so that it is ready for the next Orientation student. Please discard all trash and return your key and flex pass to the Cobb lobby. Upon check out, staff will show you where to store your luggage for the rest of the day.

7:30–8:20AM*  BREAKFAST  | Top of Lenoir Dining Hall

8:00–10:00AM  LAPTOP DISTRIBUTION & CONFIGURATION, PART 2  | Room 2510, FPG Student Union
Pick up your laptop and configure it for use on the Carolina campus.

8:25–8:50AM*  Groups 1–13: INTEREST SESSION 1  | All Interest Sessions are located in the FPG Student Union
See pages 6–7 for Interest Session descriptions.

Groups 14–20: CAMPUS LIFE & FAMILY PARTICIPATION OPPORTUNITIES INFORMATION FAIR
Student Stores
Meet campus representatives to learn more about opportunities to maximize your Carolina experience.

8:55–9:20AM*  Groups 1–7, 14–20: INTEREST SESSION 2  | All Interest Sessions are located in the FPG Student Union
See pages 6–7 for Interest Session descriptions.

Groups 8–13: CAMPUS LIFE & FAMILY PARTICIPATION OPPORTUNITIES INFORMATION FAIR
Student Stores
Meet campus representatives to learn more about opportunities to maximize your Carolina experience.

9:25–9:50AM*  Groups 8–20: INTEREST SESSION 3  | All Interest Sessions are located in the FPG Student Union
See pages 6–7 for Interest Session descriptions.

Groups 1–7: CAMPUS LIFE & FAMILY PARTICIPATION OPPORTUNITIES INFORMATION FAIR
Student Stores
Meet campus representatives to learn more about opportunities to maximize your Carolina experience.

10:00–10:25AM  FINDING YOUR HEEL PRINT: INVOLVEMENT AT UNC  | Hamilton 100, FPG Student Union
Feeling overwhelmed about finding involvement opportunities to join at UNC? We are here to help! This session will focus on guiding you to get connected to student organizations, leadership development opportunities, and much more. You will get the opportunity to hear from current students about how they navigated the first-year experience at UNC, and they will offer advice on how to leave your Heel Print at Carolina.

10:35–11:05AM*  CAROLINAREADY: CAMPUS PREPAREDNESS AND SAFETY AT UNC-CHAPEL HILL
Great Hall, FPG Student Union
Campus education and awareness is a critical element of promoting campus safety and the implementation of the University’s crisis and emergency response plans. The Office of the Dean of
Students and leaders from Risk Management and Campus Safety departments will share valuable information, including overviews of Alert Carolina, safe transportation, methods for reporting concerns, safety tips, and valuable resources for new students.

11:15–1:15PM  **Groups 1–10: READY SET REGISTER: ADVISING & REGISTRATION WORKSHOP**  |  Follow your OL
In this hands-on workshop, Academic advising will provide step-by-step instruction to help you determine your placements, identify courses that satisfy general education requirements, and choose courses related to your field of interest so that you can plan your fall schedule. You will watch a step by step guide of how to register for courses presented by the Registrar’s Office. In this video, you will learn more about navigation, tips, and tricks on how to use the ConnectCarolina online course registration system. Advisors and the Registrar’s Office will also provide important tips to make the home registration process go smoothly. You will leave this workshop with a list of potential courses in your enrollment shopping cart and an understanding of how to navigate ConnectCarolina.

11:15–12:25PM  **Groups 11–20: EXPLORING OUR STORIES**  |  Follow your OL
Exploring Our Stories will be an interactive workshop facilitated by Orientation Leaders and professional staff where you will engage in reflection and discussion about your identities and your stories, and how they are an integral part of the Carolina community.

12:30–1:15PM  **Groups 11–20: LUNCH**  |  Top of Lenoir Dining Hall

1:25–2:10PM  **Groups 1–10: LUNCH**  |  Top of Lenoir Dining Hall

2:15–3:25PM  **Groups 1–10: EXPLORING OUR STORIES**  |  Follow your OL
Exploring Our Stories will be an interactive workshop facilitated by Orientation Leaders and professional staff where you will engage in reflection and discussion about your identities and your stories, and how they are an integral part of the Carolina community.

1:25–3:25PM  **Groups 11–20: READY SET REGISTER: ADVISING & REGISTRATION WORKSHOP**  |  Follow your OL
In this hands-on workshop, Academic advising will provide step-by-step instruction to help you determine your placements, identify courses that satisfy general education requirements, and choose courses related to your field of interest so that you can plan your fall schedule. You will watch a step by step guide of how to register for courses presented by the Registrar’s Office. In this video, you will learn more about navigation, tips, and tricks on how to use the ConnectCarolina online course registration system. Advisors and the Registrar’s Office will also provide important tips to make the home registration process go smoothly. You will leave this workshop with a list of potential courses in your enrollment shopping cart and an understanding of how to navigate ConnectCarolina.

3:35–4:00PM*  **HARK THE SOUND CLOSING CEREMONY**  |  Great Hall, FPG Student Union
Lux, Libertas. You are now part of the light and liberty that is Carolina. Join us as we celebrate the completion of your first step as an official member of the Carolina community.

4:00–4:45PM*  **OPTIONAL CAMPUS TOUR**  |  Meet by the Orientation Help Desk in the FPG Student Union
Learn more about campus, including a visit to the Carolina Housing Model Room, through this informative tour led by current students.
FIRST-YEAR STUDENT ORIENTATION INTEREST SESSIONS

THE ARTS AT CAROLINA  |  Room 2424
Learn about all the ways to connect with the Arts at Carolina. Whether you participate in the art making process or just enjoy art as an audience member, UNC has much to offer. Come to the session and learn how you can become involved with the Arts at Carolina.

CAMPUS RECREATION  |  Room 3411
UNC Campus Rec is your one-stop-shop for all things recreation! In this session, you’ll learn about the variety and vastness of our offerings, including: Fitness Programs, Intramural Sports, Aquatic Programs, Carolina Adventures (outdoor adventures), and Sport Clubs. You’ll hear testimonies from current student employees about the ways that staying active with Campus Recreation can enhance your mental, physical, and social wellbeing throughout your time at Carolina.

CAROLINA COVENANT SCHOLARS  |  Room 3201
This session is designed specifically for Carolina Covenant Scholars and their families to gain more insight on the Covenant Scholarship Package. It features information related to the financial aid award process, student billing, work-study opportunities, and programming activities and services that are unique to Covenant Scholars.

CAROLINA, THE NCAA, AND THE VARSITY STUDENT-ATHLETE  |  Room 3203
Carolina varsity student-athletes must attend this session to learn valuable academic information.
*This session will span over Interest Session Blocks 1, 2, and 3

EARLY COLLEGE*  |  Room 2423
Early College Students are defined as students who were dually enrolled in high school and college. UNC Academic Advising will offer insight and strategies on how to maximize the Early College experience for a more effective transition to the academic expectations at Carolina. The session will include information about how course equivalencies can fulfill general education and major requirements, as well as provide suggestions to increase academic success by appropriately balancing the first-year academic course load.
*This session will span over Interest Session Blocks 1 and 2

FRATERNITY & SORORITY LIFE  |  Room 3408
Come learn about what Fraternity and Sorority Life has to offer here at UNC! Come learn about our organizations, what we stand for, and the process for joining one of our organizations.

HONORS CAROLINA*  |  Room 3407
Honors Carolina students and their families are encouraged to attend this session to meet Honors Carolina staff, learn about Honors Carolina course offerings and registration procedures, and get an inside look at how to maximize all that Honors Carolina offers.
Note: This session is only for members of Honors Carolina and their families.
*Only offered in Interest Session Blocks 1 and 2

INTEREST SESSION TIMES AND LOCATIONS

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Sessions are located in the FPG Student Union on Day Two from 8:25–9:50am.
PUBLIC SERVICE | Room 2420
Discover ways to connect your academic interests with public service and community engagement across North Carolina and throughout the world. The Carolina Center for Public Service offers opportunities through the APPLES Service-Learning and Buckley Public Service Scholar programs. Alternative breaks, service-learning courses, paid internships with course credit, project-based fellowships and other opportunities connect students with the community, strengthening Carolina’s tradition of service and engagement.

STUDENT BILLING | Room 3209
The Office of the University Cashier will provide basic information about student billing procedures, deferments, refunds, and payments.

UNC STUDY ABROAD | 3206AB
Study Abroad is an exciting opportunity to expand your campus while at UNC. You can increase your foreign language proficiency, experience a different culture, and travel to interesting countries. Come learn about the different program types, scholarship/funding options, and various international programs. You can become one of the many Global Tar Heels.

UNDERGRADUATE RESEARCH | Room 2422
Have you ever wanted to research art history in Spain, study ecology in the South Pacific, or even help find cures for cancer right here in Chapel Hill? The Office for Undergraduate Research can help students achieve these goals. Students at UNC can conduct research in humanities, social sciences, and natural sciences beginning their first year. Speak with an office representative about how to get started.

UNIVERSITY CAREER SERVICES | Room 3409
Begin your Carolina journey by exploring aspects of your personality, values, and skills and how they can support your major and career decision making. Allow University Career Services (UCS) to assist in aligning your interests and strengths to campus involvement, internships, and other work experiences that will prepare you to become career-ready.