

your

BEST HEEL FORWARD



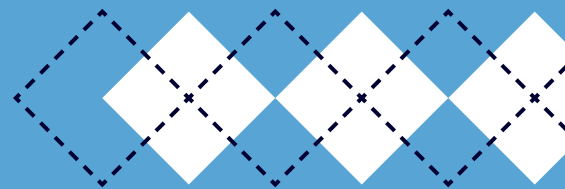
The University
of North Carolina
at Chapel Hill

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**WELCOME TO
THE TAR HEEL
FAMILY!**



A WELCOME FROM

NEW STUDENT & FAMILY PROGRAMS

Welcome to your new home!

We are excited to support you in your transition as a Tar Heel and look forward to showing you what makes Carolina special.

As you make your way through Orientation and course registration, we have no doubt that your excitement will increase. Orientation is FULL of great information, and it can be a lot in a short amount of time. And with that, we expect you to have questions as you get closer to August and beyond. Let us be a resource to help you in this transition — It's what we do!

The Best Heel Forward was created to help you transition to Carolina's campus beginning at Orientation and as you navigate course planning and registration later in the summer. On the flip side, you'll find the Insider's Guide, which is full of resources to make the most of your first semester on campus! Use it and in no time, you will know plenty to make your transition a smooth one.

Find our office contact information below. Reach out!

Go Heels!

New Student & Family Programs

 nsfp.unc.edu



WELCOME TO

NEW STUDENT ORIENTATION

New Student Orientation provides an opportunity for all incoming Tar Heels to:

- Become more familiar with our campus community
- Learn about campus resources
- Meet with Academic Advising and learn about course registration
- Connect with faculty, staff, and current students, including Orientation Leaders (OLs)
- Learn what it means to be a Tar Heel

In the remainder of this section, we have provided information that you will need during your Orientation Session. Please let us know if you have any questions. We are here to assist you!

Scan for the most reliable student & family orientation schedules, below!



FIRST YEAR SCHEDULE



TRANSFER SCHEDULE

ORIENTATION HELP DESK

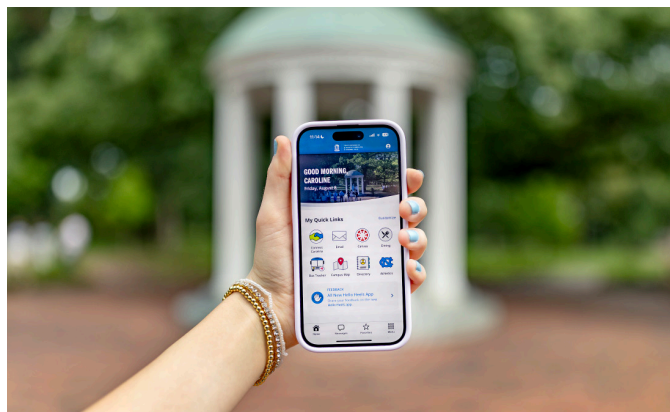
New Student & Family Programs will staff an Orientation Help Desk located in the FPG Student Union nearby the main orientation presentation space during the following hours:

FIRST YEAR ORIENTATION DAY 1: 8:30AM – 4:30PM

TRANSFER ORIENTATION: 8:30AM – 4:30PM

ATTENDANCE

Please note that New Student Orientation is mandatory for incoming students. This includes attending all session programming and spending the night in the residence hall. Absence during programming will result in your fall course registration date being postponed.



HELLO HEELS

Download the Hello Heels App from any Android or Apple device for digital Orientation schedules, maps and program updates at your fingertips.

NAMETAGS

All Orientation participants receive a nametag at check-in. Please wear your nametag to all session programming and meals. Any person without a nametag may be excluded from Orientation events. Damaged or lost nametags can be replaced at the Orientation Help Desk.

INTERNET ACCESS

To configure a mobile device, please visit wifi.unc.edu. Please note that there is no printing access at the terminals or on-campus for campus guests, visitors, and students not enrolled in summer school.

LOST AND FOUND

For items left in the FPG Student Union, stop by the FPG Student Union Information Desk or call the desk at **919.962.2286**. For items left elsewhere on campus, contact the UNC Police Department at **919.962.8100**.

WELCOME TO NEW STUDENT ORIENTATION

YOUR ORIENTATION LEADER

Throughout your session, you will be led by another student, called an Orientation Leader. Orientation Leaders (OLs) are a diverse group of student leaders who have the primary responsibility of helping first-year and transfer students make a smooth transition to UNC by serving as resources and role models for you, the newest members of our Carolina community. You can learn more about the team, and your specific Orientation Leader by visiting go.unc.edu/OLstaff2026



CAROLINA JARGON AND TRADITIONS

For familiarizing yourself as you begin your journey at UNC. We try not to use all this jargon at Orientation, but you'll definitely hear it as you get to campus. Start here with some common Tar Heel Terms

B-SCHOOL — Established in 1919 as the Department of Commerce of UNC-Chapel Hill's College of Arts, the School was renamed the Kenan-Flagler Business School in 1991.

The DTH — The Daily Tar Heel is the University's award-winning student newspaper. The publication, along with its website, keeps students up-to-date on the latest news while offering outlets for opinionated expression.

E-HAUS AND HOJO — Common nicknames for Ehringhaus and Hinton James Residence Halls.

FDOC — A popular acronym that stands for the first day of class.

#GDTBATH — A popular hashtag used by UNC students. It stands for it's a Great Day to be a Tar Heel!

HARK THE SOUND — The alma mater (song) of UNC-Chapel Hill sung at the end of athletic events and other university gatherings.

LDOC — A popular acronym that stands for the last day of class.

MJ-SCHOOL (OR J-SCHOOL) — The Hussman School of Media and Journalism, located in Carroll Hall and home to one of the nation's most competitive and critically acclaimed journalism programs.

OLD WELL — For many years, the Old Well served as the sole water supply for Old East and Old West Residence Halls. Students can bring good luck with a drink from the Old Well on the first day of classes.

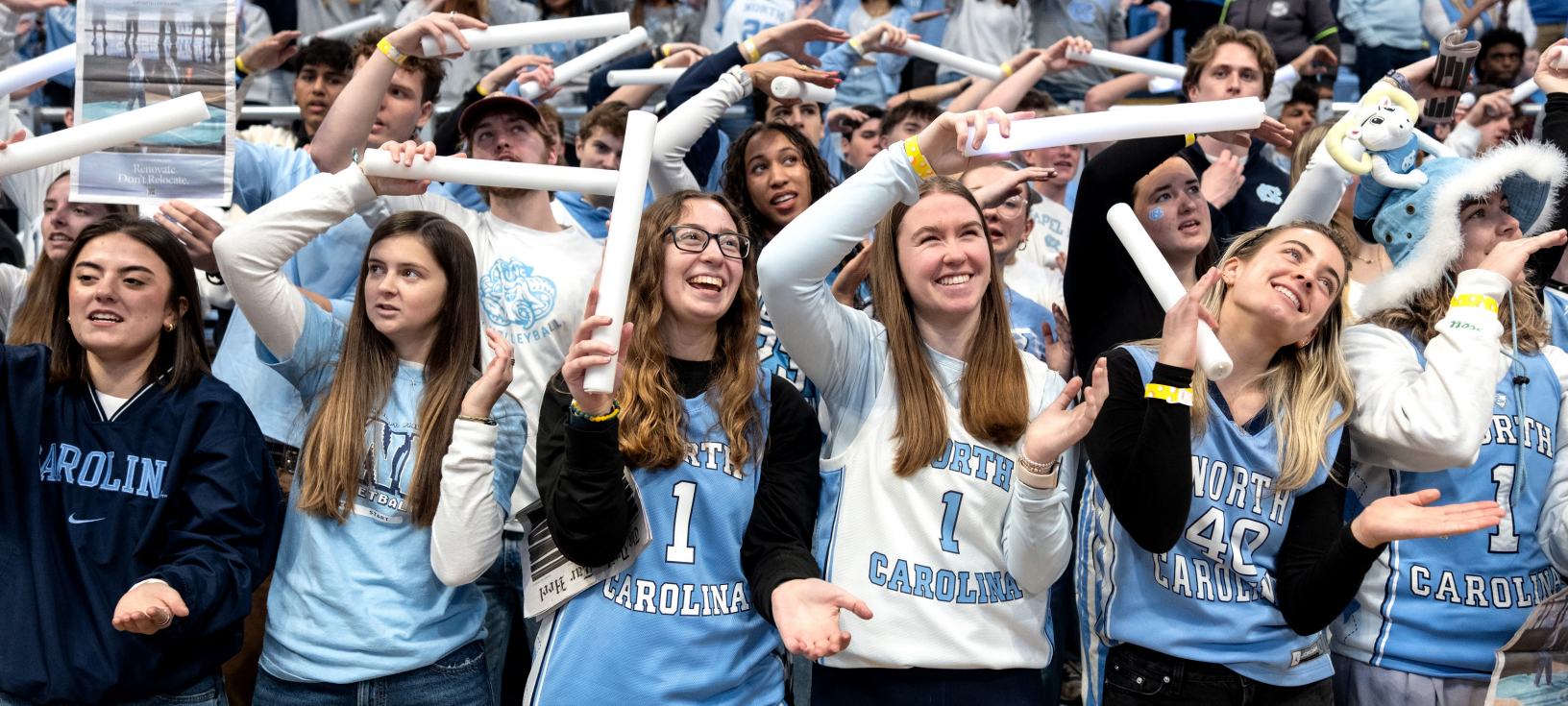
ONE CARD — This identification card serves as students' key to campus events, concerts, recreational games, and fitness classes. It also functions as a library card for expense accounts, and digitally maintains the balance on meal plans.

ONYEN — An acronym for The Only Name You'll Ever Need, ONYEN (pronounced like "onion") is the personal log-in for students' various resources on campus such as UNC email, ConnectCarolina, and computer lab printers.

P2P — This late-night bus, known as the Point-to-Point shuttle, runs across campus to residence halls, campus libraries, Franklin Street, and Fraternity Court. For After-Dark Service, 7:00 pm– 6:00 am, students can call 919.962.7867 for areas not served by the P2P.

PID — This personal ID number is essential for registering for classes, accessing course information online, as well as for a number of other business validations on campus.

THE PIT — The central meeting place for events, performances, and all other gatherings, located in the middle of campus. Bordered by the Carolina Union, Daniels Student Stores, Lenoir Dining Hall, and the House Undergraduate Library, the brick-lined area derived its name from the pit-like indentation that it makes in the ground.



POLK PLACE (THE QUAD) — Another popular meeting place, located in the middle of campus in front of Wilson Library. The grassy area is known for student demonstrations, outdoor concerts, and speeches, as well as the casual afternoon game of ultimate frisbee.

RA — Also commonly known as a Resident Advisor, these undergraduate peers serve through Carolina Housing as live-in, supportive leaders of the residence hall communities. RAs serve as a point person for University information and general questions or concerns and work to foster a sense of community among residents.

SASB — Short for Student & Academic Services Building, SASB North and SASB South are located at the corner of Manning and Ridge Road. New Student & Family Programs is located in suite 3318 of SASB South, come visit us any time!

SRC — The Student Recreation Center, located in the middle of campus, is a hub for health and wellness, offering fitness classes like power yoga, cycling, and dance lessons.

TOP-OF-LENOIR (TOL) — The upper section of Lenoir Dining Hall. It is the swipe-accessed all-you-care-to-eat space.

BOTTOM-OF-LENOIR (BOL) — The lower section of Lenoir Dining Hall. It is where various fast-casual restaurant options exist. In this section, you will find open-eating and hangout spaces.

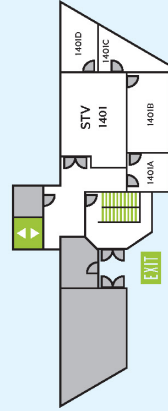
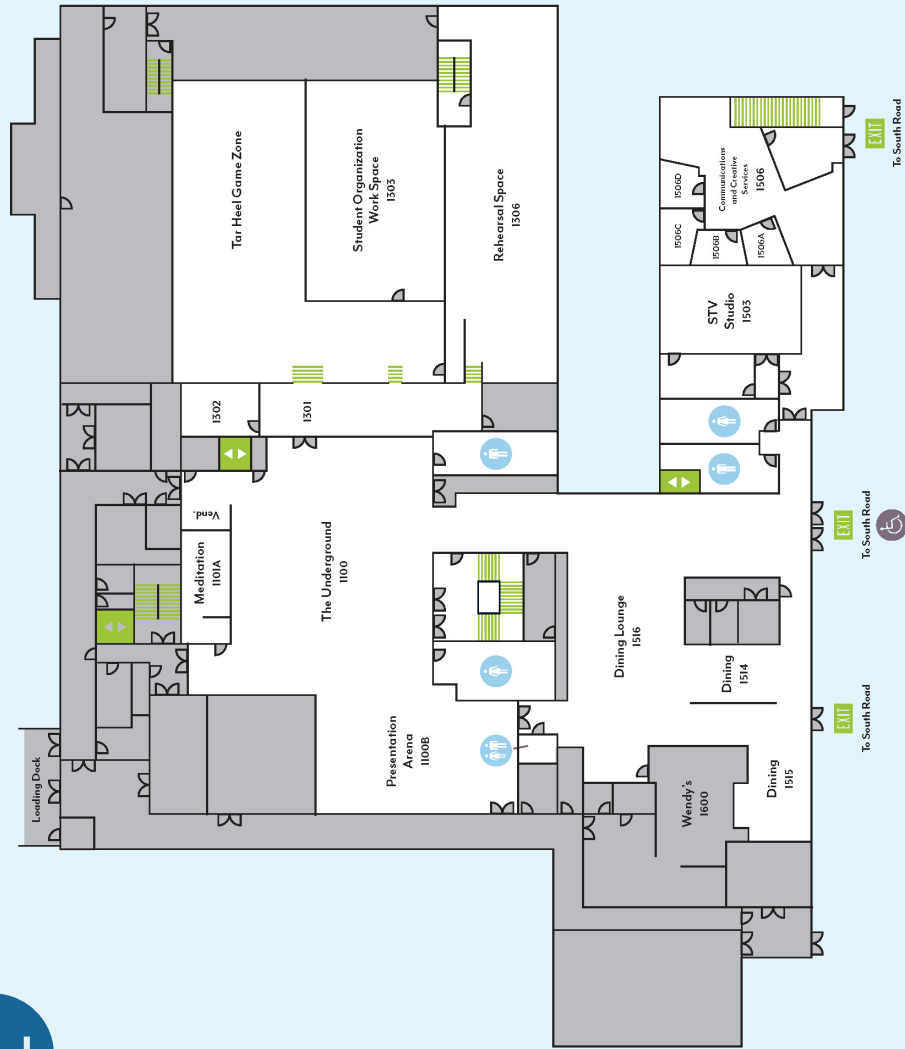
THE U, RU, AND NU — The three main bus routes that serve UNC's campus. The U, RU, and NU each make stops on north and south campus, while the NU makes extended stops beyond campus.

THE UL — A common name for the Robert B. House Undergraduate Library. The renovated facility is open 24 hours a day and houses a computer lab, reading resource rooms, study lounges, and the Media Resource Center.

WOW — Weeks of Welcome is an annual celebration that takes place at the beginning of the fall and spring semesters to welcome new students to UNC.

FPG STUDENT UNION FLOOR PLANS

FLOOR 1

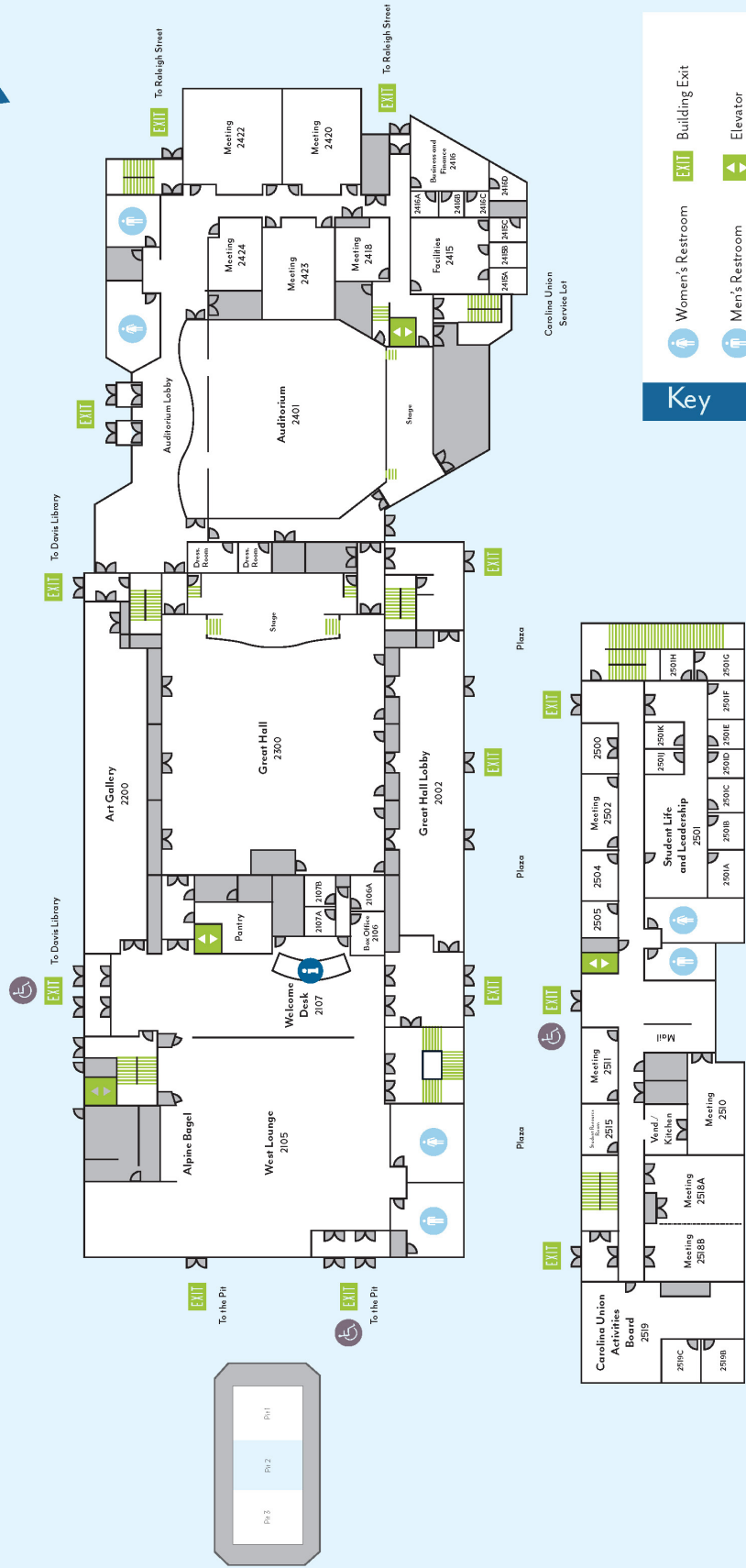


Key

- Women's Restroom
- Men's Restroom
- Welcome Desk
- Accessible Entrance
- EXIT
- Building Exit
- Elevator
- Stairs

FPG STUDENT UNION FLOOR PLANS

FLOOR
2



Key

- Women's Restroom
- Men's Restroom
- Welcome Desk
- Accessible Entrance
- Building Exit
- Elevator
- Stairs

FPG STUDENT UNION FLOOR PLANS

FLOOR 3



Key

- Women's Restroom
- Men's Restroom
- Welcome Desk
- Accessible Entrance
- EXIT
- Building Exit
- Elevator
- Stairs



ACADEMIC ESSENTIALS

This section covers the academic essentials such as first-year foundations courses, academic planning, and course registration to get you started off on the right foot at Carolina.

UNC Advising looks forward to working with you throughout your time at Carolina. From Orientation to graduation, we are here to guide undergraduates in the College of Arts & Sciences and the General College on their academic path. We serve current and returning students, including all first-year and sophomore students as well as juniors and seniors with majors in the College of Arts & Sciences.

Our mission is to create a supportive environment in which we partner with undergraduates as they explore personal goals, develop educational plans and thrive at Carolina.



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IDEAs in Action gives you a road map, but you choose your own path. Enjoy the journey!



IDEAS IN ACTION:

THE GENERAL EDUCATION CURRICULUM

AN OVERVIEW

To graduate, all students must complete a minimum of 120 academic hours within eight (8) semesters. These requirements are met by taking classes in three (3) main academic areas:

1. General Education Requirements (~45–60 credit hours)
2. Major Requirements (~24–54 credit hours depending on major)
3. Electives, Second Major, Minor(s) (number of credits will vary; ~12–15 credit hours for a minor)

The IDEAs in Action Curriculum will strengthen your ability to think critically, work collaboratively and communicate persuasively. Your learning will be experiential and hands-on, and you will have multiple opportunities for practice and reflection.

*IDEAs in Action gives you a road map, but you choose your own path.
Enjoy the journey!*

THE IDEAs APPROACH

PREPARING GRADUATES TO BECOME LIFELONG LEARNERS

IDENTIFY

pressing questions, problems, and issues.

DISCOVER

ideas, evidence, and methods that inform these questions.

EVALUATE

these ideas, evidence, and methods, coming to sound judgements even under uncertainty.

ACT

appropriately based on that evaluation and judgement.



IDEAs in Action

IDEAS IN ACTION: THE GENERAL EDUCATION CURRICULUM






First Year Foundations (8 credits) — Start Strong!

A set of special courses and experiences in the first year designed to help students navigate their transition to the college environment, get them ready to take ownership of their education, and make the most of the opportunities at Carolina.





REQUIREMENT	DESCRIPTION
First-Year Seminar/First-Year Launch (3) FY-Seminar/FY-Launch	Small classes focused on in-depth study of a specialized topic or introductory course led by a full-time faculty member that teaches students the importance of personal connections as part of college learning.
College Thriving (1) FY-Thrive	An introduction to the research, resources, and practical skills that facilitate thriving in college and beyond.
Writing at the Research University (3) FY-Writing	ENGL 105 emphasizes research-based writing in disciplines across the University preparing students for future courses and academic experiences. Some sections focus on a specific discipline for students who want to begin learning essential writing skills for their field of study. Options include: natural sciences, social sciences, humanities, law, business, or health and medicine.
Data Literacy (1) FY-DATA	This course teaches students the basics of working with data: how to acquire it, store it, analyze it, visualize it, disseminate and interpret information about it, and how to do all of this in a responsible and ethical way.
Global Language (0–12 hours) GLBL-LANG	Studying global language (through level 3), students consider the nature and structure of their native language and reflect upon their own cultural norms while gaining functional linguistic proficiency in the language of study, as well as an appreciation of the cultures and worldviews represented. Students are strongly encouraged to begin Global Language during their first year. If you have experience with a language that UNC offers, be sure to research the placement process for that course. All placement information can be found here: https://languageplacement.unc.edu .

Focus Capacities (28 credits) — Design Your Course of Study!

Students take one course in each of nine Focus Capacity courses (3 credits each) plus a one-credit Empirical Investigation Lab. FCs introduce and reinforce a broad set of capacities for identifying, discovering, evaluating, and acting upon ideas, knowledge, evidence, and argument. These courses also provide students with opportunities for writing, collaboration with peers, and presenting material in a variety of settings and methods.

REQUIREMENT	DESCRIPTION
 Aesthetic & Interpretive Analysis (3) FC-AESTH	Students develop the ability to analyze literature and/or other artistic works, to understand how they relate to the historical circumstances of their creation, and to think critically about the past, present, and future contributions of these works to a shared world.
 Creative Expression, Practice, & Production (3) FC-CREATE	Students engage in individual and collaborative creative exploration, expression, or communication, through performance, composition, design, technology, or visual art. They engage with tools, techniques, methods, design processes, technologies, and materials for creating works that express, innovate, or create solutions to problems.
 Engagement with the Human Past (3) FC- PAST	Students acquire knowledge through evidence about human experience in one or more eras of the human past and learn to evaluate, synthesize, and communicate that evidence, applying it to their lives in the present.
 Ethical & Civic Values (3) FC-VALUES	Students develop their capacity to recognize different ethical perspectives and to think carefully and critically about how to make and justify private and public decisions.
 Global Understanding & Engagement (3) FC-GLOBAL	Students study differing worldviews and global processes shaping the world and its peoples, including those beyond the North Atlantic region (Canada, United States, and Western Europe). They develop deep knowledge of how diverse historical, social, economic, and political actions effect global systems.

IDEAS IN ACTION: THE GENERAL EDUCATION CURRICULUM

REQUIREMENT	DESCRIPTION
 Natural Scientific Investigation (3) FC- NATSCI	Students learn how to make and interpret scientific descriptions and explanations of the natural world, practice the skills of scientific inquiry, evaluate scientific evidence within the contexts of scientific communities and society and defend their conclusions.
 Power & Society (3) FC-POWER	Students engage with the histories, perspectives, politics, intellectual traditions, and/or expressive cultures of populations and communities that have been disempowered, and the structural and historical processes by which that disempowerment has endured and changed.
 Quantitative Reasoning (3) FC-QUANT	Students learn to comprehend and apply mathematical concepts in authentic contexts, developing tools for reasoning with data, logic, and quantitative methods.
 Ways of Knowing (3) FC- KNOWING	Students develop intellectual humility, learn to question assumptions, categories, and norms that structure their worldview and to understand the sources and effects of biases. They learn, use, and distinguish strengths and weaknesses of one or more approach(es) to knowledge of the unfamiliar world, becoming more aware of their personal beliefs.
Empirical Investigation Lab (1) FC-LAB	Students participate in measurement, data collection and analysis, and hypothesis testing connected to the course content.

Reflection & Integration (credits vary based on courses selected)

– Put Your Learning into Action!

As students move through the curriculum, IDEAs in Action calls for them to put their capacities into practice through concrete experiences. These opportunities help students reflect upon, deepen, and connect knowledge and capacities.

REQUIREMENT	DESCRIPTION
Research & Discovery (1-3) RESEARCH	Students immerse themselves in a research project that incorporates reflection and revision involved in producing and disseminating original scholarship or creative works.
High-Impact Experience (1-3) Multiple subcategories of High-Impact (HI)	Students apply and deepen their academic study by engaging in at least one high-impact experience, from multiple subcategories that include active research involvement, community service, study abroad, internship, participation in the creation or production of a performance, being an undergraduate learning assistant or other teaching experiences and Collaborative Online International Learning (COIL). Students can fulfill this requirement by taking a second Research & Discovery course.
Communication Beyond Carolina (3) COMMBEYOND	Students build capacities for producing and listening to oral communication across a range of contexts. They learn to persuasively convey knowledge, ideas, and information to multiple audiences and to listen to knowledge, ideas, and information from others.
Interdisciplinary (3) INTERDISC.	Courses that blend concepts from multiple fields of study provide an interdisciplinary approach that fosters critical thinking, creativity, and problem-solving skills. Interdisciplinary courses encourage adaptability and collaboration, helping you develop a well-rounded skill set that is highly valued in today's ever-changing job market.
Lifetime Fitness (1 hour) LIFE-FIT	Classes combine instruction in and practice of a sport or physical activity along with instruction in health and physical well-being (exercise and fitness) to promote lifelong fitness.
Campus Life Experience (CLE)	Students experience the artistic, intellectual, and political life of the UNC campus and connect these experiences with their academic work. Attendance is expected at two or more on-campus organized activities each semester they are enrolled full time.

IDEAS IN ACTION: THE GENERAL EDUCATION CURRICULUM

Additional Requirements

As students move through the curriculum, IDEAs in Action calls for them to put their capacities into practice through concrete experiences. These opportunities help students reflect upon, deepen, and connect knowledge and capacities.

REQUIREMENT	DESCRIPTION
Foundations of American Democracy (3)	Students identify and analyze the political, historical, and cultural impact of founding documents on governance and democracy in America, as well as key milestones in American history on the evolution of democratic republicanism in America.
Supplemental General Education (B.A. degrees only)	The intent of this requirement is to broaden a student's perspective on the major by examining its relationship to work in at least one other field. Students may fulfill the requirement in three ways: <ol style="list-style-type: none">1. By completing a second major2. By completing a minor3. By completing three courses (nine hours) above 199 that are offered outside the home department or curriculum of the first major.
Disciplinary Distribution	Students take at least one general education course (Focus Capacity, FY-Seminar/FY-Launch, High-Impact Experience, Research and Discovery, or Communication Beyond Carolina) in each of the three major divisions of the College of Arts and Sciences.

🔗 Visit ideasinaction.unc.edu/first-year-foundations/first-year-seminars-launches for more information, including FAQs.



There is no required timeframe with the exception of your First-Year Foundation courses to complete your general education requirements. Although, UNC Advising strongly recommends that you take your Global Language Placement Exam(s) (<https://languageplacement.unc.edu>) as soon as possible and enroll in any remaining needed language coursework early in your academic career. Carolina offers an ongoing experience to help you build the skills and capacities you will need for your life and career, personalized to your interests, strengths, and potential. It begins on your first day at Carolina and extends through all four years, giving you multiple opportunities for practice, reflection, and growth.

UNC-Chapel Hill offers the following baccalaureate degrees: Bachelor of Arts (BA), Bachelor of Science (BS), Bachelor of Fine Arts (BFA), Bachelor of Music (BMUS); or you may pursue a dual Bachelor's- graduate degree in a few disciplines. On **pages 18–23**, all majors are listed in alphabetical order, along with suggested exploratory and beginning courses to consider taking during your first semester.

IMPORTANT NOTES AND REMINDERS

See the **2026–2027 Undergraduate Catalog** and **ConnectCarolina** for the latest and most accurate information.

- Consult the Undergraduate Catalog (catalog.unc.edu) for brief course descriptions.
- The Catalog includes information about prerequisites needed for each course. It is your responsibility to enroll only in courses for which you have completed the prerequisites.
- When a course is listed under two (or more) departments (i.e., “cross-listed”), you may enroll in any of the given course departments and numbers.
- For a complete list of **IDEAs in Action** courses offered at Carolina, please visit: catalog.unc.edu.

FIRST-YEAR FOUNDATIONS

📍 For a complete list of courses, please visit: ideasinaction.unc.edu/first-year-foundations

COURSE REQUIREMENTS

COLLEGE THRIVING (IDST 101, 1 CREDIT HOUR)

College Thriving empowers all students to participate fully in the opportunities of a research university and find resources to support them in a rigorous academic setting. The course enhances and provides new tools to support students' ability to study systematically, learn deeply, and monitor and foster their own well-being.

FIRST-YEAR SEMINARS & LAUNCHES

First-Year Seminars and First-Year Launches are designed for incoming first-year students with no prior college experience. Students may take either a First-Year Seminar or a First-Year Launch (**but not both**) to fulfill this First-Year Foundations Requirement.

Choose one (3-4 credit hours):

FIRST-YEAR SEMINARS

These small classes introduce you to the intellectual life of the University. You will make personal connections with distinguished faculty members who are active scholars and accomplished teachers. This small setting gives you the opportunity to engage with your peers and your instructor as you learn how scholars pose problems, discover truths, resolve controversies and evaluate knowledge, while exploring specific questions or issues in depth. First-Year Seminars go beyond the traditional lecture and discussion format. They invite you to explore new and old ideas, engage with complex issues and become an active learner through inquiry, analysis, discovery and action!

FIRST-YEAR LAUNCHES

These classes are taught by faculty members who are accomplished teachers in their department. Additionally, the small class size allows students more introduction to the topic and to engage more with their instructor and peers. While First-Year Launch courses can satisfy major requirements for certain degree programs, this does not necessarily mean they always will. However, they are great way to explore a field of study, connect with faculty, and learn a new topic, and still complete a First-Year Foundation requirement.

📍 Visit ideasinaction.unc.edu to view a complete list of First-Year Seminars and Launches.

WRITING AT THE RESEARCH UNIVERSITY (ENGL 105, 3 CREDITS)

ENGL 105 introduces students to academic writing across the disciplines of natural sciences, social sciences or business, and humanities. The course develops advanced writing skills that focus on identifying how genres, styles of writing, arguments and forms of evidence differ across disciplines, audiences and purposes. Studying and practicing the conventions of writing in different disciplines will help you to become a more versatile writer, which in turn will help you in other college courses.

Some sections of **ENGL 105** focus on a specific discipline for students who want to begin learning essential writing skills for their field of study. Options include, but are not limited to: natural sciences, social sciences, humanities, law, business, or health and medicine.

ENGL 100: Required for incoming students with SAT Evidence-Based Reading and Writing or ACT scores below a threshold set by the department. Please visit the department website for the most updated scores. The course focuses on academic writing in a variety of contexts. Workshop format involves frequent writing and revision. Students will need to take **ENGL 105** after taking **ENGL 100**.

FIRST-YEAR FOUNDATIONS

DATA LITERACY (IDST 111L, 1 CREDIT HOUR)

This course introduces students to the ways in which professional data analysts think about and manage data, as well as the techniques and considerations that are involved in transforming data into information to support a claim, perspective, or proposition. This hybrid class will include several in-person class sessions as well as online, asynchronous activities.

GLOBAL LANGUAGE

In studying global language, through level 3, students consider the nature and structure of their native language and reflect upon their own cultural norms while gaining functional linguistic proficiency in the language of study, as well as an appreciation of the cultures and worldviews represented.

Students are strongly encouraged to begin Global Language during their first year. The University currently offers courses, through level 3, in more than 20 languages! Students can continue taking courses in the language they studied in high school or begin a new language. Please note that not all language courses are offered every semester or every year.

The Language Placement website (languageplacement.unc.edu) offers additional information about courses offered, placement testing and registration.



SUGGESTED COURSES TO START WITH AT CAROLINA (BY MAJOR)

These courses are recommended introductory courses to help you get started with your major at Carolina. The following course offerings are accurate as of March 2026 and are subject to change. See catalog.unc.edu for the most up-to-date list of courses and course descriptions.

MAJOR	CONCENTRATIONS	SUGGESTED BEGINNING COURSES	MATH 110 REQUIRED?
African, African-American & Diaspora Studies	African Studies	Any AAAD FY-Seminar, AAAD 101, 130, and any other 100- and 200-level courses. Recommend fulfilling the global language requirement by studying an African language (Swahili: SWAH 401, Yoruba: YORU 401, or Wolof: WOLO 401)	No
	African American & Diaspora Studies	Any AAAD FY-Seminar, AAAD 101, 130, and any other 100- and 200-level courses	
American Studies		AMST 101, AMST 102, AMST/HIST 110	No
Anthropology		Any ANTH FY-Seminar; ANTH 100-level; ANTH 217, ANTH 237, ANTH 270	No
Applied Sciences		APPL 110, MATH 231 or 232, CHEM 101/101L, PHYS 118	Yes
Archaeology		ANTH 123, 145, 149, 252; CLAR 120, 242, 247, 270; RELI 110. Any CLAR or ARCH-related first year seminar	No
Art History		Any course from ARTH 100-200 or an ARTH FYS	No
Studio Art (BA or BFA)		Any course from ARTS 102-106, 115, 202, 208, 213; or an ARTS FY-Seminar	No
Asian & Middle Eastern Studies	Arab Cultures	Begin/continue Arabic language study	No
	Chinese	Begin/continue Chinese language study	
	Interdisciplinary Asian Studies	Interdisciplinary: ASIA 150; continue Asian or Middle Eastern language study	
	Korean	Begin/continue Korean language study	
	Japanese	JAPN 160; begin/continue Japanese language study	
South Asian Studies	Begin/continue study of Hindi-Urdu language study		
Biology	Biology	BA: MATH 130, STOR 120 or 151 or 155, COMP 110 or 116; BIOL 101/101L, BIOL 103, BIOL 104; BIOL 105L; BIOL 221/L, CHEM 101/101L or 102/102L	Yes
		BS: Add MATH 231	
	Quantitative	MATH 231, COMP 116, STOR 120 or 151 or 155, BIOL 101/101L, BIOL 103, BIOL 104; BIOL 105L; BIOL 221/L, CHEM 101/101L or 102/102L	
Biomedical Engineering		CHEM 101 + CHEM 101L; MATH 231, 232, or 233; PHYS 118; BIOL 101 + BIOL 101L or 102L; *Students should prioritize Chemistry, Calculus 1 and 2, and Physics. Please see information regarding the application for admission and prerequisite courses here: https://bme.unc.edu/undergraduate/undergraduate-admissions/	Yes

SUGGESTED COURSES TO START WITH AT CAROLINA (BY MAJOR)

MAJOR	CONCENTRATIONS	SUGGESTED BEGINNING COURSES	MATH 110 REQUIRED?
Chemistry	Chemistry	All concentrations: CHEM 101/101L and 102/102L**; MATH 231 and 232 (No more than two quantitative courses in first semester)	Yes
	Biochemistry		
	Polymer Chemistry		
Classics	Classical Archaeology	Begin or continue Greek and/or Latin language courses; CLAR 115, 120, 242, 245, 247, 270; CLAS 121, 126, 131, 239, 253, 263, 271, 380	No
	Classical Civilization		
	Greek, Latin, Combined Greek/Latin		
Communication Studies	Communication and Everyday Life	Any course from COMM 100, 113, 120, 130, 140, 160, 171, or any COMM FY-Seminar	No
	Media Art, Performance, and Critical Practice	Any course from COMM 100, 130, 140, 150, 160, or any COMM FY-Seminar	
	Media Technologies and Public Culture	Any course from COMM 100, 130, 140, 142, 150, or any COMM FY-Seminar	
	Organizing and Work Cultures	Any course from COMM 100, 113, 120, 130, 140, 170, or any COMM FY-Seminar	
	Rhetoric, Activism, and Advocacy	Any course from COMM 100, 113, 130, 140, 170, 142, 171, or any COMM FY-Seminar	
Computer Science		BS/BA: COMP 110 or COMP 210, COMP 283 or MATH 381, MATH 231 or 232	Yes
		BA only: STOR 155	
		Note: All students intending to major in Computer Science must apply for admission to the major. Students are eligible to apply in the semester that COMP 210 is taken or later. See here for more information: cs.unc.edu/undergraduate/cs-admissions	
Contemporary European Studies	Theme 1: Integration and Enlargement	EURO 159, EURO 239 The EURO major requires five (5) semesters of a single European language, or fifth semester proficiency documented through university placement tests. Through the advanced level, UNC currently offers: Arabic, Bosnian-Croatian-Serbian, Czech, Dutch, French, German, Italian, Polish, Portuguese, Russian, Spanish, Turkish	No
	Theme 2: Histories and Cultures		
Data Science	Data Science BA	DATA 110, 120, 130, 140, 150	Yes
	Data Science BS	DATA 110, 120, 150; MATH 231, 232; STOR 120 or COMP 110 or 116	
Dramatic Art		DRAM 120, DRAM 277	No

SUGGESTED COURSES TO START WITH AT CAROLINA (BY MAJOR)

MAJOR	CONCENTRATIONS	SUGGESTED BEGINNING COURSES	MATH 110 REQUIRED?
Earth, Marine, and Environmental Sciences	Earth Science (BA)	EMES FY Seminar, EMES 200, 201; CHEM 101/101L; MATH 130	Yes
	Earth and Marine Sciences, Geoscience (BS)	EMES FY Seminar, EMES 200, 201, 203; CHEM 101/101L, MATH 231, PHYS 114/118	
	Earth and Marine Sciences, Hydrology (BS)	EMES FY Seminar, EMES 200, 201, 203, 401, 103/103L, CHEM 101/101L, MATH 231, PHYS 114/118	
	Earth and Marine Sciences, Marine Biology and Ecology (BS)	EMES FY Seminar, EMES 103/103L, 401, 203, 204; BIOL 250, 260, CHEM 101/101L, MATH 231, PHYS 114/118	
Economics	Economics BA	ECON 101; one of STOR 113, MATH 152, or MATH 231	Yes
	Economics BS	ECON 101; MATH 231, 232, 233, or 235	
English and Comparative Literature	British and American Literature	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 120, 121, 122, 129, 151, 152 are especially recommended choices for fulfilling the core requirements in this concentration.	
	Comparative & World Literature	Any 106-or above ENGL or CMPL course or FYS will count for the major; CMPL 120-124 and 130-134 are especially recommended choices for fulfilling the core survey requirements in this concentration.	
	Creative Writing	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 130, 131 and 138 are the intro level CRWR courses for the major; ENGL 116, 117, 120, 121, 122, 124, 129, 151, 152 and CMPL 120-124, 130-134, 142 count toward core requirements.	
	Film Studies	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 142 and CMPL 142, 143 and 150 will count toward core requirements. ENGL 142 and CMPL 143 are especially recommended for the first year.	
	No Concentration	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 116, 117, 120, 121, 122, 124, 129, 151, 152 and CMPL 120-124, 130-134, 142 count toward core requirements.	
	Science, Medicine, and Literature	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 163 is especially recommended; ENGL 116, 117, 120, 121, 122, 124, 129, 151, 152 and CMPL 120-124, 130-134, 142 count toward core requirements.	
	Social Justice and Literature	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 129 is an especially recommended choice for fulfilling the core requirements in this concentration; ENGL 116, 117, 120, 121, 122, 124, 151, 152 and CMPL 120-124, 130-134 and 142 also count toward core requirements.	
	Writing, Editing, and Digital Publishing	Any 106-or above ENGL or CMPL course or FYS will count for the major; ENGL 116, 117, 120, 121, 122, 124, 129, 151, 152 and CMPL 120-124, 130-134, 142 count toward core requirements.	
Environment, Ecology, and Energy	Environmental Science	BIOL 101/101L, CHEM 101/101L, CHEM 102/102L, MATH 231, MATH 232, ENEC 201	Yes
	Environmental Studies	BIOL 101/101L, MATH 231, ENEC 201, ECON 101	
Exercise & Sports Science	General (BA & BS)	BIOL 101/101L and EXSS 155	Yes
	Fitness Professional	BIOL 101/101L, EXSS 155; CHEM 101/101L or BIOC 107	
	Sport Administration	ECON 101 (MATH 110 recommended); One of: STOR 151, 155, or PSYC 210; EXSS 221	
Geography		Any 100-level course: 110, 111, 115, 120, 121, 123, 124, 125, 130, and 141	No

SUGGESTED COURSES TO START WITH AT CAROLINA (BY MAJOR)

MAJOR	CONCENTRATIONS	SUGGESTED BEGINNING COURSES	MATH 110 REQUIRED?
Germanic & Slavic Languages & Literatures	German Studies	Begin/continue language courses in German; enroll in eligible 200-level courses as recommended in UNC Catalog	No
	Russian Language and Culture	Begin/continue language courses in Russian; enroll in eligible 200-level courses as recommended in UNC Catalog	
	Slavic and East European Studies	Begin/continue language courses in Bosnian/Croatian/Serbian, Ukrainian, Czech, Polish, or Russian; enroll in eligible 200-level courses as recommended in UNC Catalog	
Global Studies	Themes: Global Economics, Trade Development; Global Health & Environment; International Politics, Nation States & Social Movements; Transnational Cultures, Identities, Arts	GLBL 210; Any 100-level course from list of core courses (see Undergraduate Catalog)	No
	Areas: Africa; Asia; Eastern Europe; Latin America, Middle East, Western Europe	Global Studies requires six (6) levels of a modern foreign language or four levels of one language and two of another. The primary language must be relevant to the declared world area concentration. It is important to begin or continue the study of your foreign language at UNC early.	
History		Any 100 or 200-level HIST or any HIST FY-Seminar; HIST 126, 127, 128, 129, 140	No
Latin American Studies		LTAM 52, 89, 101, 291	No
Linguistics		LING 101	No
Management & Society		ECON 101, SOCI 101 or SOCI 100, SOCI/MNGT 131, SOCI/MNGT 112, COMM/MNGT 120, PHIL 164, EDUC 309.	Yes
Mathematics	Mathematics	BA: MATH 231 or 232 or 233 BS: COMP 110 or COMP 116; MATH 231 or 232 or 233	Yes
	Applied Mathematics	COMP 110 or COMP 116; MATH 231 or 232 or 233	
Medical Anthropology		ANTH 56, ANTH 104, ANTH 147, ANTH 148, ANTH 151, ANTH 270	No
Music		MUSC 120; MUSC 128	No
		BM only: Appropriate lessons and core ensemble; BMus students should sign up to take the Keyboard Skills proficiency test at the beginning of the semester. If you don't pass, you should enroll in MUSC 136 in your first semester.	
Neuroscience		CHEM 101/L; BIOL 101/L; PSYC 101; MATH 231; COMP 110 or 116	Yes
		NSCI 175, any 100-level course from the list of courses (see Undergraduate Catalog)	

SUGGESTED COURSES TO START WITH AT CAROLINA (BY MAJOR)

MAJOR	CONCENTRATIONS	SUGGESTED BEGINNING COURSES	MATH 110 REQUIRED?
Peace War & Defense	Culture of Peace and War	Begin or continue the study of a modern foreign language; STOR 151 or STOR 155 PWAD: PWAD 89 (First Year Seminar). POLI 150/PWAD 150, PWAD 250, PWAD/HIST 266, POLI/PWAD 272	No
	International Security & Intelligence		
	Evolution of Warfare		
Philosophy		Any PHIL FY-Seminar or FY-Launch; Any 100 or 200-Level PHIL course	No
Physics & Astronomy	All tracks (Math courses):	MATH 231, 232 (co-req for PHYS 118), 233 (co-req for PHYS 119)	Yes
	All tracks (Physics courses):	PHYS 118 and PHYS 119 PHYS Majors should add PHYS 118 and PHYS 119 during their first year (if credit is not already received).	
	Astronomy BA	ASTR 100 or 101 or 102 or 103; ASTR 100L or 111L	
	Astrophysics BS	See All tracks above	
	Computational	COMP 110, COMP 210	
	Energy	See All tracks above	
	Quantitative Finance	ECON 101; One of: BUSI 102 or 107	
	Engineering Physics	See All tracks above	
Medical and Biological Physics	See All tracks above, BIOL 101, CHEM 101/L		
Political Science		POLI 100, 130, 150	No
Psychology		PSYC 101, BIOL 101/101L, PSYC 210 and/or any PSYC/NSCI 200-level course One of: MATH 130, 152, 231, COMP 101, 110 or 116 OR any non-Psychology and Neuroscience Department course that comes from the Allied Science list.	Yes
Public Policy		PLCY 101, PLCY 110, or any PLCY FY-Seminar Transfer students should start with 210, 220 or 340 instead.	No
Religious Studies	Jewish Studies	JWST 100/RELI 124; begin or continue language courses in Biblical or Modern Hebrew	No
	Religious Studies	Any 100-level RELI	
Romance Languages	French & Francophone Studies	Begin or continue courses based on placement in French	No
	Hispanic Linguistics	Begin or continue courses based on placement in Spanish	
	Hispanic Studies		
	Italian	Begin or continue courses based on placement in Italian	
Portuguese	Begin or continue courses based on placement in Portuguese		
Sociology		SOCI 101 or 100; SOCI FY-Seminar, any other 100-level SOCI courses, SOCI 273 or 274	No
Statistics and Analytics		Any Natural Scientific Investigation (FC-NATSCI); STOR 120 or 155; COMP 116 or 110; MATH 231/232	Yes
Women's & Gender Studies		WGST 101, 111 and 231 (other than FY seminars)	No

SUGGESTED COURSES TO START WITH AT CAROLINA (BY MAJOR)

PRE-PROFESSIONAL SCHOOLS

SCHOOL	MAJOR/CONCENTRATION	SUGGESTED BEGINNING COURSES
Business		ECON 101, BUSI 100
		Calculus: MATH 152 or MATH 231 or STOR 113
		Statistics: STOR 120 or STOR 155 or DATA 110
Dentistry	Dental Hygiene	One or two of the following: BIOC 107 or 108; BIOL 252/252L; CHEM 101/101L or 102/102L; MCRO 251; EXSS 256; PSYC 101; COMM 100, 113, or 120; SOCI 101 or 111
Education	Elementary Education	Any EDUC course
	Human Development and Family Science	EDUC 140, 181, 240
	Human and Organizational Leadership Development	EDUC 240, 257, 309
Information & Library Science	Information Services	INLS 151, 161, or 201
Medicine	Clinical Laboratory Science	One or two of the following: CHEM 101/101L or 102/102L; MATH 130, 231, or STOR 151; BIOL 101/101L
	Radiologic Science	One or two of the following: CHEM 101/101L or BIOC 107; BIOL 101/101L; MATH 130, 231, or 232, PSYC 101
Media & Journalism	Journalism	One of POLI 100, 130, 150, 202, 203, or 205; MEJO 101, 121, 137, 153; Ethics (choose one); MEJO 141, PHIL 160, 163, 170, 272 NOTE: MEJO 137 is required for AD/PR students only. MEJO 101 is recommended for students exploring a major in media and journalism.
	Advertising/Public Relations	
Nursing		One or two of the following: BIOC 107 or 108, or CHEM 101/101L or 102/102L; BIOL 101/101L; STOR 151 or 155 plus PSYC 101
Pharmacy	Pharmacy (degree: PharmD)	One or two of the following: CHEM 101/101L or 102/102L; MATH 231; BIOL 101/101L; STOR 151 or 155
Public Health	Biostatistics	One or two of the following: BIOL 101/101L; CHEM 101; COMP 110 or 116; MATH 231/232/233
	Community and Global Health	BIOL 101/101L; MATH 130 or MATH 152 or MATH 231; One of the following: PSYC 101 or SOCI 101 or ANTH 102
	Environmental Health Sciences	Math 231 or 232 and one class from the following groups: CHEM 101 or 102; PHYS 114 or 118; BIO 101 or 104 or 103; COMP 110 or 116
	Health Policy & Management	One or two of the following: BIOL 101/101L; ECON 101; STOR 120 or STOR 155; MATH 130, 152, 231, 232 or 233 or STOR 113; SPHG 101; SPHG 190; HPM 101
	Nutrition	One or two of the following: BIOL 101/101L; CHEM 101/101L; 102/102L; MATH 130, 231; NUTR 240

MINORS AVAILABLE AT CAROLINA

Please see the Undergraduate Catalog (catalog.unc.edu/undergraduate/programs-study) for an up-to-date list of Minors offered at Carolina.

ACADEMIC PLANNING

REGISTRATION TIPS FOR YOUR FIRST SEMESTER:

DO	DON'T
<ul style="list-style-type: none">• Enroll in 15-17 hours• Strive for balance in your week with 3 courses on MWF and 2 courses on TTh.• Aim for a variety of courses such as a two First-Year Foundations courses, global language, major exploration course, and/or elective course of interest.• Remember you are not required to take a major course in your first semester.	<ul style="list-style-type: none">• Take more than two analytical courses (science, math, ECON 101) in first semester.• Take more than one lab if taking a science course.• Enroll in more than one First-Year Seminar or Launch.

If you graduated from a North Carolina Early College (also known as a Cooperative Innovative High School) with an associate degree and applied to Carolina as a first-year student, there are a few elements of the IDEAs in Action curriculum that will be different for you.

You are exempt from All IDEAs in Action requirements, except:

- Global Language
- Research and Discovery
- Lifetime Fitness
- Communication Beyond Carolina
- Campus Life Experience (for the semesters at UNC)

Although not required, you may elect to enroll in these First-Year Foundation courses:

- College Thriving
- First-Year Seminar or First-Year Launch
- Data Literacy

ACADEMIC PLANNING

UNC-CHAPEL HILL COURSE NUMBERING SYSTEM

Familiarize yourself with Carolina's course numbering system below.


COURSE NUMBERING SYSTEM

0 – 99	First-Year Seminars and courses reserved for special purposes.	<ul style="list-style-type: none">• We recommend that first-year students register for introductory level courses (100–299).• Transfer students should consider prerequisites and ensure you have prior knowledge of the subject before enrolling in higher-level courses.• Courses are one semester in length.
100 – 199	Introductory level undergraduate courses. Appropriate for first-year students.	
200 – 399	High introductory level to intermediate level.	
400 – 699	Advanced level. Appropriate for advanced undergraduates, i.e., juniors and seniors. Some graduate students may be taking these courses.	
700 and up	Graduate-level courses. Advanced undergraduate students may enroll with permission from the academic department.	

PREPARING FOR COURSE REGISTRATION

The courses that students choose in their first semester and beyond will be different for each student depending upon AP/IB credit, transfer credit, and choice of major(s) and/or minor(s).

SEMESTER COURSE LOAD & PLANNING

- You are expected to complete your degree in eight (8) semesters; an additional semester is by application only and is not guaranteed to be approved. All students are allowed an unlimited number of summer sessions. To meet the minimum graduation requirement of 120 academic hours in eight semesters, you should average 15 credit hours per semester and/or take summer courses.
 - To be considered a full-time student, you must be enrolled in at least 12 academic hours. Enrollment in fewer than 12 hours might have potential consequences for campus housing, academic eligibility, future registration, health insurance, and financial aid. We recommend that you register for 15–17 hours during your first semester, which gives you the option of dropping a course, should it become necessary.
 - You may register for up to 17 credit hours during your enrollment appointment in July/August. Starting **August 3, 2026**, the maximum credit load will increase to 18 hours.
-  For information about test and placement credit, see admissions.unc.edu/transfer-credit.

ADJUSTING YOUR COURSE SCHEDULE

For the most up-to-date information about Registration Policies and course drop/add procedures, please see: <https://registrar.unc.edu/registration-guidelines> or consult your Academic Advisor.

PREPARING FOR COURSE REGISTRATION

COURSE INFORMATION

ACADEMIC CREDIT HOURS

- Most courses award three hours of academic credit, but there are some common exceptions (such as LFIT, IDST 101, IDST 111L, and labs).
- Levels 1 and 2 of some foreign languages, most natural science courses with built-in labs, and a few math courses (such as MATH 231, 232, 233) award four (4) hours of academic credit.
- PHYA (Physical Activity) courses are listed as one-hour courses that count toward the 12-hour minimum enrollment per semester but do not count toward graduation.

RECITATIONS

- Some large lecture courses have a required small-group discussion section called a recitation.
- If a recitation is required, this will be noted in the Class Details in ConnectCarolina
- A recitation is not “extra” work, but an integral part of a course, and you should not hesitate to take a course with a recitation.
- Recitations give no additional hours of academic credit.
- If a course you are taking requires a recitation, you will be prompted to register for your recitation section when you register for the course. You cannot register for a recitation without registering for the course.

COURSE SECTIONS

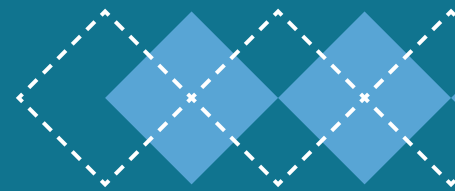
- Any course section number with a F in it indicates a First Year Launch section of a course (e.g. PSYC 101-01F)
- There may be more than one section of the same course taught in a semester.
- The section number identifies the instructor, the time, and the location of the course. For example, ENGL 105 will have multiple sections as follows: ENGL 105-001, ENGL 105-002, etc., each taught at a different time, by a different instructor, and in a different classroom.
- Sections numbered in the 400s are usually laboratory courses.
- Course sections in the 600s are typically recitation sections.
- Sections numbered 851–853, 900–994, 950–959 and 988 are offered through the Digital and Lifelong Learning and have restrictions; you will not be able to register for these sections during your summer registration window.

WAITLISTS

- Not all courses offer waitlists.
- During Open Enrollment you have the opportunity to place your name on the waitlist for up to twelve (12) credit hours of courses (typically four classes, as most classes are three credits hours).
- Being on the waitlist does not guarantee that you will receive a seat in the class.
- Waitlisted courses do not count toward the maximum number of hours in which you may register.
- You will receive a confirmation email specific to the class into which you have been successfully auto enrolled from the waitlist. You can also see if you have been successfully enrolled from a waitlist by checking your waitlist tile in ConnectCarolina.
- Be sure you begin the semester enrolled in at least 12 academic hours (not including waitlisted hours). Enrollment in at least 15 hours is recommended.
- For more information about waitlists, please visit: <https://registrar.unc.edu/waitlist-faq>



TRANSFER STUDENT ADVISING GUIDE



Being a transfer student at Carolina is both exciting and challenging. While you are not new to college, you are new to UNC-Chapel Hill and will need to learn how this university differs from your previous institution. Academic advisors are here to partner with you to assist in navigating this new terrain — we are here to help you succeed. We want you to understand the IDEAs in Action curriculum in order to make decisions about classes. There are a few elements of the IDEAs in Action curriculum that will be different for you, as well as the curriculum of your specific major(s) and/or possible minor(s).



AN OVERVIEW OF ADVISING AT CAROLINA

Throughout your time at UNC-Chapel Hill, you will find that there are many people who serve as academic advisors. We have three distinct groups of advisors in the College of Arts and Sciences: advisors in the UNC Advising, departmental faculty advisors, and pre-professional advisors.

1) UNC ADVISING IN THE COLLEGE OF ARTS AND SCIENCES | advising.unc.edu

- All students are assigned an advisor during their time at UNC-Chapel Hill. Advisors are here to help you with long-term course planning, major/minor changes, review of the Tar Heel Tracker (THT), and connect you to resources.

2) DEPARTMENTAL FACULTY ADVISORS | catalog.unc.edu

- Departmental advisors in academic department offices across campus generally serve juniors and seniors. These faculty members
 - a) guide students in selecting courses within the major
 - b) discuss career and educational opportunities in the field
 - c) ensure that you understand what to expect from the department and that you are familiar with departmental procedures, such as receiving approval for registration and special opportunities available to students throughout the department.You are encouraged to contact your major department and seek out a departmental faculty advisor.
- Junior Transfers — Over the summer, some departments schedule advising meetings, which you are expected to attend during the first week of classes. Even if you receive departmental advising, you are still encouraged to meet with an advisor in UNC Advising at least once per year to check your overall graduation progress.

3) PRE-PROFESSIONAL & PRE-GRADUATION ADVISING

- The Health Professions Advising Office serves all current undergraduate students and alumni of UNC who are interested in pursuing careers within the health professions. Visit hpa.unc.edu.
- UNC Career Center, located in Hanes Hall, serves all current undergraduate and graduate students. They can help you with career planning & coaching, career & major exploration, part-time job & internship searches during your time at Carolina, post-graduate job searches, graduate & law school applications, resume and interview prep, and opportunities to engage and network with employers and alumni. Visit careers.unc.edu to begin exploring your career path.

ADVISORS IN UNDERGRADUATE PROFESSIONAL SCHOOLS

Carolina offers undergraduate degrees in the following professional schools:

- Business
- Data Science (BS) BS* By Application only (students interested in the Data Science BA may declare this with their assigned Thrive Advisor in the College of Arts and Sciences) **Note:** Students interested in the Data Science BA can declare this major with their assigned Thrive Advisor in the College of Arts and Sciences
- Dental Hygiene
- Education
- Information and Library Science
- Media and Journalism
- Medicine (Clinical Laboratory Science and Radiologic Science)
- Nursing
- Pharmacy (Pharm D.)
- Public Health

In addition to the majors listed above, the Computer Science BA and BS both require application process to their program. Acceptance into all professional schools is competitive and requires an additional application, generally submitted during the sophomore year. Since admission is not guaranteed, all students are expected to consider an alternative plan and junior transfers must declare their alternative Arts and Sciences major.

Most professional schools require completion of a specific set of required courses — with grade requirements set by each school — before admission to the program. Unless admitted directly to one of these programs, junior transfer students should carefully review the professional school websites and then consult with their academic advisor about applying to the desired professional school. If a student is accepted into a professional school, or is transferring directly into one of them, they will have an assigned advisor from that particular professional school, as opposed to an assigned advisor in the College of Arts and Sciences.

SEMESTERS OF ELIGIBILITY

While all UNC undergraduate students are limited to eight semesters of full-time enrollment, the University recognizes the unique challenges some transfer students face to complete all their major/minor and general education requirements in that timeframe.

Transfer students who bring in 30+ hours of transfer credit earned post high school are allowed a ninth and tenth semester of enrollment — no special permission is required for transfer students to enroll in a ninth or tenth semester. Every 15 credit hours post high school count as one semester. If you bring in 30+ hours, you are granted the additional 2 semesters.

Important: the number of semesters you are regarded as having transferred in is calculated based on the number of transfer credit hours awarded by UNC-Chapel Hill, not on the number of semesters in which you were enrolled at other colleges.

Example: Every 15 credit hours of post-high school credit counts as one semester in residence at UNC. For example, if you transfer in 45 hours of college credit, you would already have 3 semesters in residence at UNC ($45/15=3$), but you would also be entitled to 10 total semesters in residence because you transferred in more than 30 credit hours.

TRANSFERRING CREDITS TO CAROLINA

The Office of Undergraduate Admissions is responsible for evaluating and awarding transfer credit for enrolling transfer students. In general, credit is awarded for an academic course with a grade of C or better from an accredited institution if Carolina offers an equivalent course. Please note that college algebra, engineering, architecture, agriculture, art appreciation and other technical courses do not transfer. Professional school courses such as business, journalism, education, and nursing also rarely transfer.

TRANSFER-CREDIT LIMITS

- You may transfer a maximum of 75 total credit hours passed with C or higher. This does not include any credit earned by-examination (such as AP/IB). For more information see admissions.unc.edu/transfer-credit/credit-rules
- You must earn a minimum of 45 credit hours at UNC Chapel Hill in order to graduate.

TRANSFER CREDIT REMINDERS

- Send final official transcripts from every college or university previously attended to the Office of Undergraduate Admissions (admissions.unc.edu).
- View the charts on the UNC Admissions website (admissions.unc.edu/credit-type/test-credit) if you have earned any credit from the AP, IB or SAT Subject exams. Be sure that the official score reports are sent from the College Board to the Admissions office. Keep a copy of your scores for your own records.

NORTH CAROLINA COMMON CURRICULUM (NCCC)

If you earned the North Carolina Common Curriculum (NCCC), as outlined by the NC Community Colleges, or earned an Associate of Arts (AA) or Associate of Science (AS) degree from a NC Community College:

- Be sure to have an official transcript indicating the conferral of that degree sent to the Office of Undergraduate Admissions.

NCCC earned will be noted in your transfer report as TREQ 714 with 60 hours of transfer credit. Assuming all transfer hours were taken after high school, you will be regarded as having completed four semesters at UNC- Chapel Hill.

- Talk with an academic advisor about how this fits your academic plan.
- Review the Office of Undergraduate Curricula website for details related to earned General Education Requirements at curricula.unc.edu/curriculum/ideas-in-action-curriculum

TRANSFER CREDIT RE-EVALUATION

If you are missing a requirement that you believe should be fulfilled by a course completed at another institution, you can submit a transfer credit re-evaluation. The transfer credit re-evaluation process gives you the opportunity to have transfer credit re-evaluated for UNC course credit (General Education credit or credit towards your major and/or minor) by a faculty member in a department/unit at Carolina.

Before pursuing re-evaluation, first review your transfer credit and Tar Heel Tracker reports to determine what requirements you still need to complete. Please note that course re-evaluations are handled by the Office of Undergraduate Admissions exclusively, but advisors can help clarify questions that you have. Some departments

COURSE REGISTRATION INFORMATION

Register for courses in ConnectCarolina at connectcarolina.unc.edu. We encourage you to meet with UNC Advising prior to registration to help understand your Tar Heel Tracker and Degree Requirements.

While registering for courses, if a class you wish to take is closed:

- Keep closed courses in your shopping cart and monitor ConnectCarolina. Students modify their schedules throughout the summer, and although it can be challenging when your preferred courses are full, course registration is a fluid process. Students commonly change their schedules throughout the first two weeks of classes so be persistent.
- If a restricted course requires permission for enrollment, contact the instructor and/or the department offering the course. Academic advisors cannot add you to classes, override any course restrictions, or provide permission numbers.
- Be flexible and look broadly for backup and alternative courses.
- Full-time status is 12 hours, but we encourage you to register for 15-17 hours in order to have a drop option.

COMMUNICATION

Your UNC email is the official form of communication from any department at the University. Please be sure to check it regularly, at least once a day if not more. Be sure to read all e-mails sent to you. If you email an advisor, do send it from your UNC email address and include your PID.

Another way to get the latest updates on academic related news is to follow **Academic Advising** on X and Instagram at **@UNCAdvising**.





CONNECT CAROLINA

Quick Reference for Registration

The University Registrar's Office provides enrollment support during new student registration and contact information can be found at registrar.unc.edu/contact-us



LOGGING IN TO CONNECTCAROLINA

Go to **connectcarolina.unc.edu**

1. Click on the Login to ConnectCarolina button.
2. Log in with your ONYEN and password.*

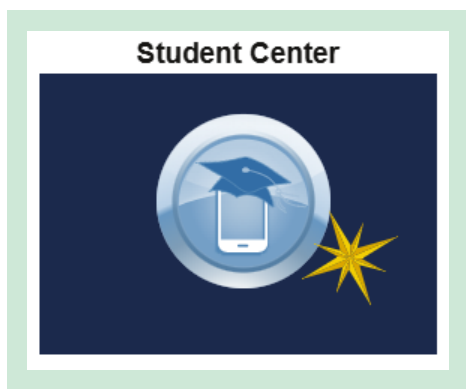
Note: ConnectCarolina is also available on mobile devices. Go to **m.unc.edu** for more information on Hello Heels. For the best first-time registration experience, the desktop version of ConnectCarolina is recommended.

What is your ONYEN: The onyen is your UNC username for accessing student resources such as ConnectCarolina, Heelmail, and Canvas.

*If this does not work, or if you've forgotten your password, you can go to its **unc.edu/onyen-services** and click on the "Change or Reset Password" link under ONYEN Password Management.

STUDENT CENTER

Once you've successfully logged into ConnectCarolina, navigate to your Student Center tile for all of your class registration needs.



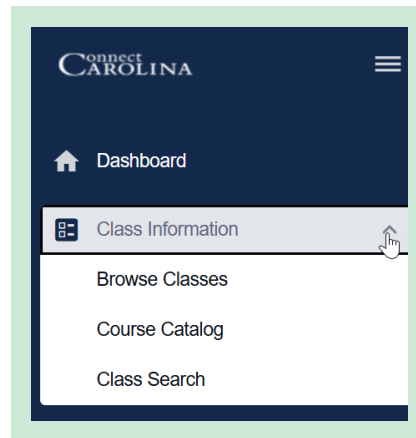
SEARCHING FOR CLASSES

In your Student Center, you'll find three options in the Class Information drop-down menu.

Browse Classes — the list of classes offered during a particular semester. The listing includes date, time, and location information for each section.

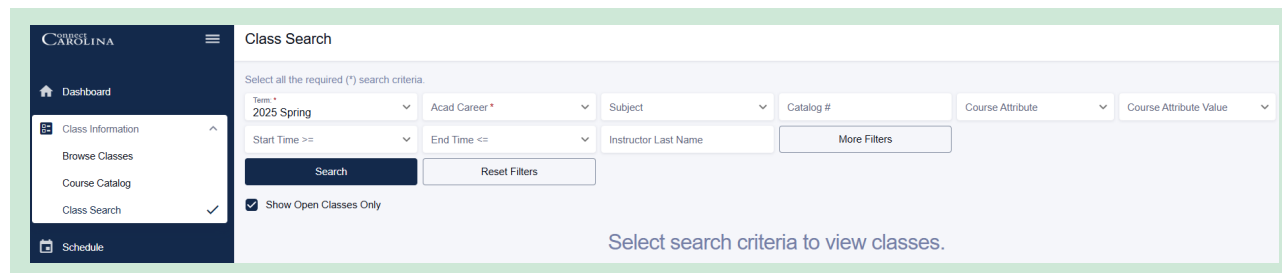
Course Catalog — a comprehensive list of all active courses, not all of which are offered in any given term.

Class Search *Most Used* — tool allowing students to search for available courses by term, subject and time, among other criteria.

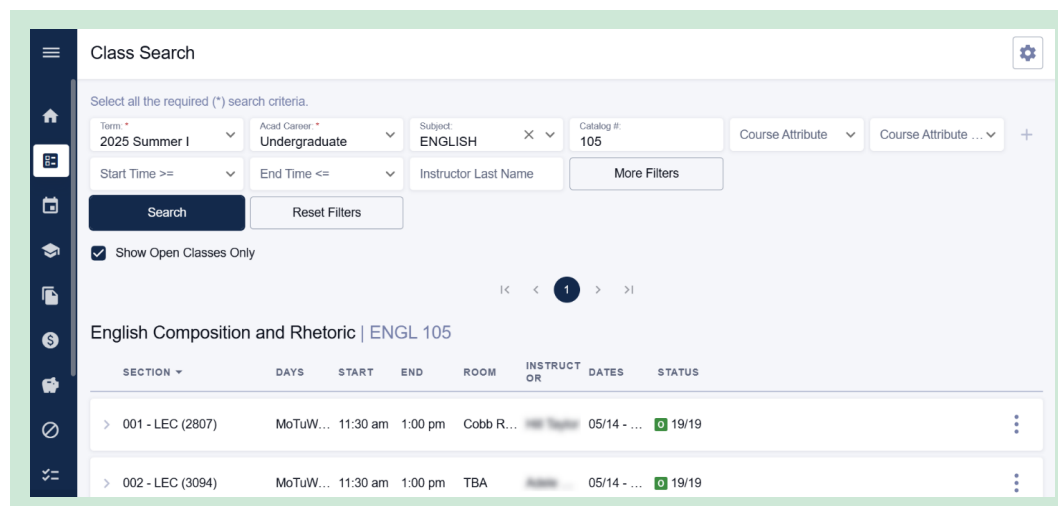


The Class Search engine allows you to add classes to your cart once your Shopping Cart Appointment is available. Complete the search criteria fields to find courses that match in the selected term.

Tip: click “More Filters” to narrow down your search further if needed!



All classes matching the criteria you entered will appear in the results with brief section information such as the meeting dates/times, location, and instructor.



SEARCHING FOR CLASSES

Click a section to learn about the details, such as the description, units, attributes, and more!

English Composition and Rhetoric | ENGL 105

SECTION	DAYS	START	END	ROOM	INSTRUCTOR	DATES	STATUS
001 - LEC (2807)	MoTuWe...	11:30 am	1:00 pm	Cobb Re...	[Redacted]	05/14 - 0...	19/19

INFORMATION

Class Number: 2807
 Career: Undergraduate
 Session: Summer Session 1
 Units: 3 units
 Grading: Undergrad - graded
 Description: This college-level course focuses on written and oral argumentation, composition, research, information literacy, and rhetorical analysis. The course introduces students to the specific disciplinary contexts for written work and oral presentations required in college courses. Students may not receive credit for both ENGL 102 and ENGL 102I, 105, or 105I.
 Class Attributes: CR- English Composition and Rhetoric
 IDEA - FY - Writing at the Research University

TEXTBOOKS/COURSE MATERIALS
 Textbooks to be determined


DETAILS

Instructor: [Redacted]
 Dates: 05/14/2025 - 06/21/2025
 Meets: MoTuWeThFr 11:30AM - 1:00PM
 Instruction Mode: In Person On Campus Learners
 Room: Cobb Res Hall-Rm 0021
 Campus: UNC Chapel Hill
 Location: UNC Chapel Hill
 Components: Lecture Required

AVAILABILITY

Status: Open
 Seats Open: 19/19
 Wait List Open: 999/999

Note: some classes reserve seats for specific student groups. A gray triangle with an exclamation mark indicates reserved seats; check the Availability section for details on the student group. In the below example, seats are reserved for Exercise and Sports Science Majors.

SECTION	DAYS	START	END	ROOM	INSTRUCTOR	DATES	STATUS
> 001 - LEC (2163)	TuTh	12:30 pm	1:45 pm	Woolle...	[Redacted]	01/08 - ...	5/35 


AVAILABILITY

Status: Open Unreserved Seats Open: 1

Seats Open: 2/43

Wait List Open: 999/999

Reserved seats information:
 Seats in this class have been reserved for students for the specified programs, majors or groups listed below. Reserved seats are subject to change without notice.

 UG EXSS Majors
 Reserved Seats Open: 1/30

View Deadlines Add To Planner Add To Cart **Enroll**

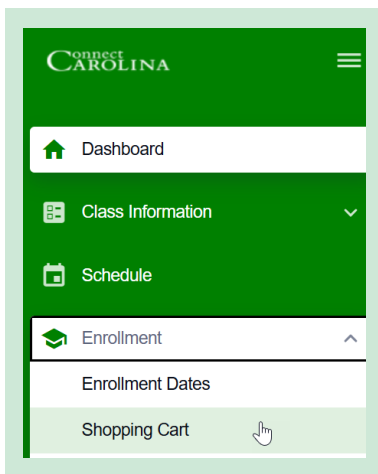
SHOPPING CART APPOINTMENTS

Shopping Cart Appointments allow you to validate certain aspects of one or more classes in your shopping cart to help you plan your schedule.

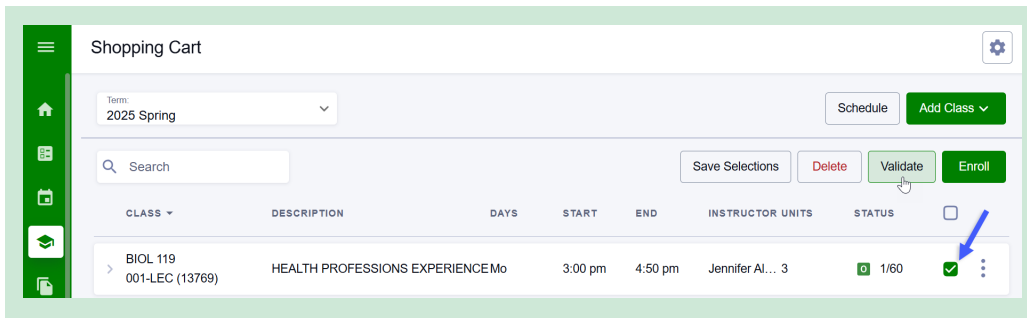
This validation feature will help check for potential problems with registration such as:

- Time conflicts
- Pre-requisites and co-requisites
- Department or instructor permission

In the Enrollment drop-down menu, select Shopping Cart to view all the classes you have added to your cart.



Select a class and click the Validate button to check for any potential errors preventing registration.



After you enroll, we recommend running your Tar Heel Tracker from the Academics drop-down menu. Please refer to the next section titled Tar Heel Tracker for more information.

For additional information on your ConnectCarolina Student Center and course registration, visit the University Registrar's website at <https://registrar.unc.edu/first-year-student-registration-guide>.

TAR HEEL TRACKER

WHAT IS THE TAR HEEL TRACKER?

- Provides a real-time look at degree, General Education, major, and minor requirements.
- Enables students to search courses by requirement, view detailed descriptions by section, and add desired classes to their shopping cart.
- Is the official record of students' completion of graduation requirements.

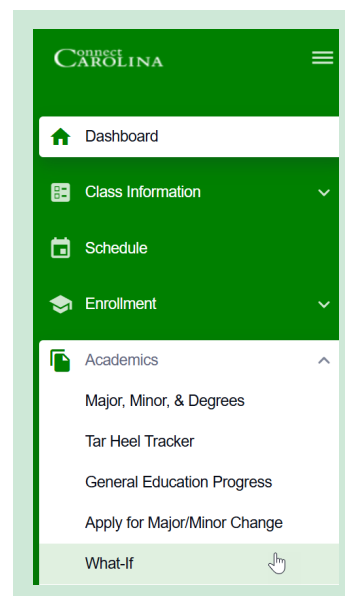
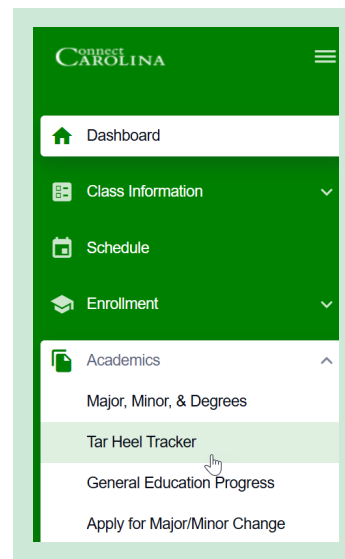
TYPES OF REPORTS

Tar Heel Tracker:

A report that tracks your progress toward your degree. This report allows you to see what courses fulfill your requirements, pick the section of the course you want, and add it directly to your shopping cart.

WHAT-IF:

Allows you to run a What-If tracker report to show what your courses and requirements would look like if you changed your major, added a second major or minor, or if you just wanted to see where a course would fall if you enrolled in it.



TAR HEEL TRACKER

PLAN BY MY REQUIREMENTS

Your Tar Heel Tracker is your go-to guide to understanding your completed and remaining degree requirements, but you can also use it to load up your shopping cart with classes too!

When viewing your tracker, locate any requirements labeled “Not Satisfied”.

Tip: you can hide the completed categories to view only requirements marked as Not Satisfied by checking off the Hide Satisfied Requirements box.

The screenshot shows the Tar Heel Tracker interface. On the left is a dark blue navigation menu with options: Dashboard, Schedule, Enrollment, Academics (expanded), Major, Minor, & Degrees, Tar Heel Tracker (checked), What-If, Course List, Transfer Credit, Student Milestones, Grades, and Advisor Information. The main content area is titled 'Tar Heel Tracker' and features a 'Careers' dropdown menu set to 'Undergraduate', 'Get All Courses' and 'View PDF' buttons, and a status '23 of 39 Requirements Satisfied'. A pie chart shows 'Complete 81%' with a green segment and a red segment. Below the chart, the text '*Progress based on Units' is followed by a checkbox labeled 'Hide Satisfied Requirements' which is currently unchecked. A blue arrow points to this checkbox. At the bottom, there is a 'View All' button with a right-pointing arrow.

Click the arrow to learn more about which requirements for your degree plan are remaining.

This close-up screenshot shows a requirement card for 'Major: Political Science'. The text 'Major: Political Science' is followed by a red pill-shaped button containing the text 'NOT SATISFIED'. To the right of this button is a hand cursor icon pointing to a right-pointing arrow. Below this, the text '(RG1015) Students must complete the following requirements for the major in Political Science.' is displayed.

TAR HEEL TRACKER

Major: Political Science Expand Lines Expand All

Courses
4 courses needed

5/9

- > Requirement Term: Fall 2023 (Open for link to the 2023-2024 Catalog).
- > Required Major Courses Fulfilling General Education Requirements
- > Major Courses **NOT SATISFIED**
- > University Requirements for Majors **SATISFIED**

Once you have found the specific sub-category of remaining requirements, click **View Courses** to be directed to a list of eligible course options.

> **Research Methods** View Courses

NOT SATISFIED
(RQ03053:LN0050)

TAR HEEL TRACKER

Courses listed with **View Sections** have class sections available for registration in an active term.

Tar Heel Tracker > ... > Research Methods

COURSE	DESCRIPTION	TERM	UNITS	GRADE	STATUS
> ECON 400	DATA SCIENCE AND ECONOMETRICS	-	4.00	-	View Sections
> EURO 285	APPLIED EXPERIMENTAL RESEARCH	-	3.00	-	
> GEOG 391	QUANTITA METHODS	-	3.00	-	
> GEOG 392	RESEARCH METHODS IN GEOG	-	3.00	-	View Sections
> PHIL 140	KNOWLEDGE AND SOCIETY	-	3.00	-	View Sections

If you find a class section of interest, you can add it to your shopping cart for the designated term or enroll if your registration is already open!

Tar Heel Tracker > ... > PHIL 140

Term: 2025 Spring

KNOWLEDGE AND SOCIETY | PHIL 140

SECTION	SESSION	DAYS	START	END	ROOM	INSTRUCTOR	STATUS
> 001 - LEC (8787)	A	MoWeFr	9:05 am	9:55 am	Caldwell H..	...	2/40

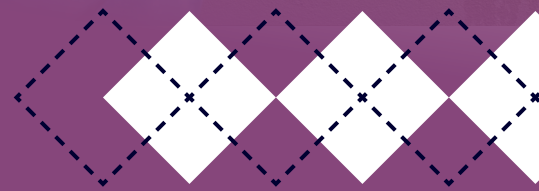
Enroll
Add to Cart
Add to Planner



Carolina
Alumni®



WHAT'S NEXT?





Attention new Tar Heels: Check out these resources for a smooth start to your first semester at Carolina!

CHECK YOUR UNC-CHAPEL HILL EMAIL

Throughout the summer new first-year and transfer students will receive lots of emails with important action steps. You will also receive required online education components that must be completed before starting in August. Don't get left behind — check your UNC email often!

CREATE A PROFILE ON HEEL LIFE

Go to hellife.unc.edu and create your profile to search over 800 student organizations and find out how to get connected at Carolina.

LEARN THE ALMA MATER: HARK THE SOUND

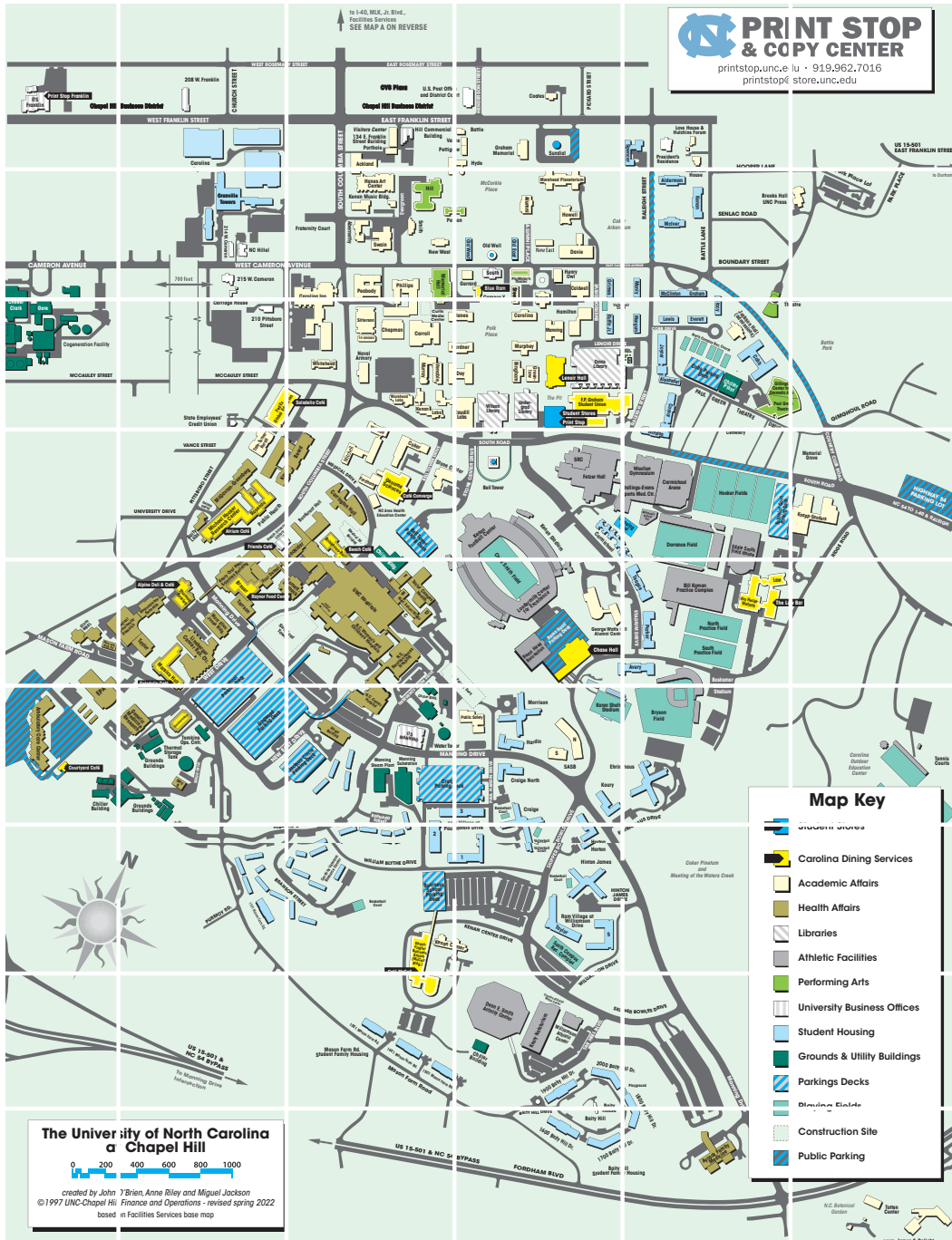
Find below the lyrics to our alma mater as sung at University programs, sporting events, and much more. For the complete music and lyrics, and to listen and sing along with other UNC School songs, visit library.unc.edu/music/uncsongs.

Hark the sound of Tar Heel voices
Ringing clear and True
Singing Carolina's praises
Shouting N.C.U.
Hail to the brightest Star of all
Clear its radiance shine
Carolina priceless gem,
Receive all praises thine.
I'm a Tar Heel born I'm a Tar Heel bred
And when I die I'm a Tar Heel dead.
So it's Rah, Rah, Car'lina 'lina
Rah, Rah, Car'lina 'lina
Rah, Rah, Car'lina
RAH! RAH! RAH!

READ THE INSIDER'S GUIDE TO YOUR FIRST SEMESTER AT CAROLINA

As you turn the page and begin your journey at Carolina, we've created the Insider's Guide to help you navigate your first semester. Located in the back of this booklet, you'll find a move-in guide, UNC WOW (Weeks of Welcome) event information, goal setting tips, weekly planner pages & (best of all) stickers!

A
B
C
D
E
F
G
H
I
1 2 3 4 5 6



HOW TO USE THE MAP

This grid map is a tool to help you navigate campus with ease. Throughout the planner, you'll find descriptors with buildings and their grid coordinates, which refer back to this map. For example, SASB Plaza (F4). Find row F on the map and move over to column 4, and you'll find the area where SASB Plaza is.

For online and pdf maps of campus, visit maps.unc.edu and maps.unc.edu/pdf. Check out the following pages for some places you have to visit while at UNC and then try to find them on this map!