FIRST YEAR STUDENT & FAMILY ORIENTATION
SUMMER 2026

AUGUST SCHEDULE

Color Key: **ALL TOGETHER** **FAMILY/GUEST** **STUDENTS**

Shape Key: ● ■ ✳

8:15 AM ●
FPG Student Union
ORIENTATION CHECK-IN
Orientation Check-in at Frank Porter Graham Student Union

9:40 AM ●
Great Hall - FPG Student Union
WELCOME TO CAROLINA
Discover how to THRIVE @ Carolina, what it means to be part of a community of care, how to be Carolina Ready everyday, and a Professor's Perspective of your academic journey ahead.

11:05 AM ■
Great Hall - FPG Student Union
PARTNERS IN TRANSITION - PART 1
Families and Guests will learn UNC's approach and expectations for supporting their student during this important transition.

11:05 AM ✳
Various Rooms - FPG Union
SMALL GROUP #1
Join your peers and meet your Orientation Leader. Learn about a Carolina experience first hand from your OL and what resources will help you along the way.

11:35 PM ■
Great Hall - FPG Student Union
BACK TO SCHOOL
Families & Guests will hear from UNC Academic Advising to learn about various Majors/Minors as well as the academic supports available to their students.

11:35 AM ✳
Lenoir Dining Hall
LUNCH FOR STUDENTS

12:35 PM ■
Lenoir Dining Hall
LUNCH FOR FAMILY & GUESTS

12:35 PM ✳
Great Hall - FPG Student Union
THE CAROLINA ADVANTAGE: STRENGTHS FIRST
Discover the CliftonStrengths Online Assessment. Learn how to tap into and hone your skills while at Carolina to position you for success on campus and beyond.

AUGUST EDITION

NEW STUDENT & FAMILY ORIENTATION SCHEDULE - AUGUST CONTINUED

1:00 PM ✳
FPG Student Union

MORE THAN ACADEMIC REGISTRATION

Students you should attend your location based on your small group.

Small Groups 1, 2 & 3 - Room 3206AB
Small Groups 4, 5 & 6 - Room 3408
Small Groups 7 - 11 - Auditorium
Small Groups 12, 13 & 14 - Room 2518AB
Small Groups 15 - 18 - Room 3411

1:50 PM ●
Great Hall or Auditorium

HEELS AT HOME

Carolina Housing will host an information session in the Great Hall while partners from Granville Towers will host in the Auditorium.

2:20 PM ●

GO YOUR HEEL WAY

Rotate through information sessions and info fair tables of your choice across three 25 minute rotations.

4:05 PM ✳
Auditorium

BEING TRUE CAROLINA BLUE

Students will learn the commitment, contributions and care expected from every Carolina community member.

4:05 PM ■
Great Hall - FPG Student Union

TAR HEEL VOICES

Families and guests will hear from Student Life Professionals about campus policies and expectations. Then hear the student perspective on the Carolina experience.

5:10 PM ✳
Lenoir Dining Hall

DINNER FOR STUDENTS

5:20 PM ■
Lenoir Dining Hall

DINNER FOR FAMILY & GUESTS

6:20 PM ■
Morehead Planetarium

UNDER THE CAROLINA SKIES - PLANETARIUM SHOW

Families and Guests are invited to a stunning show at Morehead Planetarium. FOLs will guide groups from the front of Lenoir at 6:20pm & 6:30pm. Show starts at 6:45pm with no late admittance once it begins.

6:15 PM ✳
Various Rooms - FPG Union

SMALL GROUP #2

Your OL will lead you on a deep dive about Carolina resources you need to know. They'll cover everything from academic course registration tips to the best study spots in Wilson Library.

7:20 PM ✳
Various Campus Locations

A HILL OF A TIME

Select from a variety of evening activity options and follow the OLs for a fun filled first night at Chapel Hill

GO YOUR HEEL WAY - INTEREST SESSIONS

Rotations:
2:20-2:45pm; 2:55-3:20pm; 3:30-3:55pm

ROTATION GUIDE	Rotation 1: 2:20-2:45pm	Rotation 2: 2:55-3:20pm	Rotation 3: 3:30-3:55pm
Groups 1-6	Info Fair	Interest Session	Interest Session
Groups 7-12	Interest Session	Info Fair	Interest Session
Groups 13-18	Interest Session	Interest Session	Info Fair

Info Fair: Art Gallery, West Lounge & Student Stores 2nd Floor

Visit with various campus resources and programs that support new students and families. They will share the scope of their offerings by staffing tables and answering your questions. See the Info Fair map insert for more information and guidance.

Attending Carolina: The Lost Art of Paying Attention - *Room 3409*

The best things about college all require something hard to come by these days: the ability to pay attention. We live in an environment engineered to capture our attention at every waking moment, and most of us feel a constant low-grade friction between what we want our lives to look like and what our phones, feeds, and notifications keep pulling us toward. Join us to pause and actually think about that. Hosted by EVA (Educating for the Virtues of Attention), a UNC program dedicated to helping students build and strengthen attentional habits through events spanning art, nature, performance, reading, and community.

Carolina Covenant Scholars - *Room 3205*

Designed specifically for Carolina Covenant Scholars and their supporters to gain more insight on the financial aid award process, student billing, work-study opportunities, and the programs and services that are unique to Covenant Scholars.

Campus Recreation - *Room 3408*

Find out all the ways Tar Heels stay active during their time at Carolina! Campus Rec offers facilities and services to enhance your mental, physical, and social well-being. Discover how to participate in our wide variety of programs, intramural sports, and sport clubs. On-campus, off-campus, in-person or virtually, we help you stay active!

Career Planning Equals Career Success - *Room 3203*

Did you know that employers are shifting away from GPA as a screening tool to evaluate candidates? Other factors, such as internship experience and proficiency in the career readiness competencies, play a larger role. This session will introduce the importance of career readiness in four steps to families and students. Step one starts now!



GO YOUR HEEL WAY - INTEREST SESSIONS

Rotations:
2:20-2:45pm; 2:55-3:20pm; 3:30-3:55pm

International Student and Scholar Services - *Great Hall*

International students are encouraged to attended this session to learn about pertinent information regarding immigration and other resources available to them.

Global at Carolina - *Auditorium*

Chart a global learning journey at Carolina that meets your unique academic, professional, and personal goals. This session introduces the Global Guarantee and highlights study abroad, language study, COIL (Collaborative Online International Learning) courses, and the Diplomacy Initiative, showing how global experiences on campus and abroad support academic achievement, career preparation, and personal development.

It Takes All Heels - *Room 3408*

Building a Safer Carolina Community with Violence Prevention and Advocacy Services

Get to know Violence Prevention and Advocacy Services and the confidential support available for students. Learn how to get involved in prevention, support peers and students, and contribute to a safer Carolina community through our It Takes All Heels campaign.

Undergraduate Research - *Room 3411*

Have you ever wanted to research art history in Spain, study ecology in the South Pacific, or even help find cures for cancer right here in Chapel Hill? The Office for Undergraduate Research can help students achieve these goals. Students at UNC can conduct research in humanities, social sciences, and natural sciences beginning their first year. Speak with an office representative about how to get started.

Eat Like a Tar Heel - *Room 2422*

Dining on campus for the first time can be overwhelming, but we've got you covered! Join us to learn the ins and outs of dining on campus and how to get the most out of your meal plan!

Public Service - *Room 3206*

Come learn more about how you can contribute to Carolina's tradition of service and engagement. The Carolina Center for Public Service will share opportunities to leave your Heelprint through various programs, including APPLES Service-Learning and Buckley Public Service Scholars. Students can take part in alternative breaks, service-learning courses, paid internships with course credit and other interactive and engaging opportunities, many of which meet the High-Impact Experience requirement.

Sustainability Bus Tour - *Meet at Union Bus Stop on South Road*

Join Sustainable Carolina for a tour of our beautiful campus from the comfort of a Chapel Hill Transit bus. Learn about conservation, renewable energy, water, waste and transportation efforts. Seats are limited. Reservations are encouraged during the morning Information Fair. If you need accommodations, please email Melanie Elliott at melaniee@unc.edu.

Understanding Your Financial Aid at Carolina - *Room 3209*

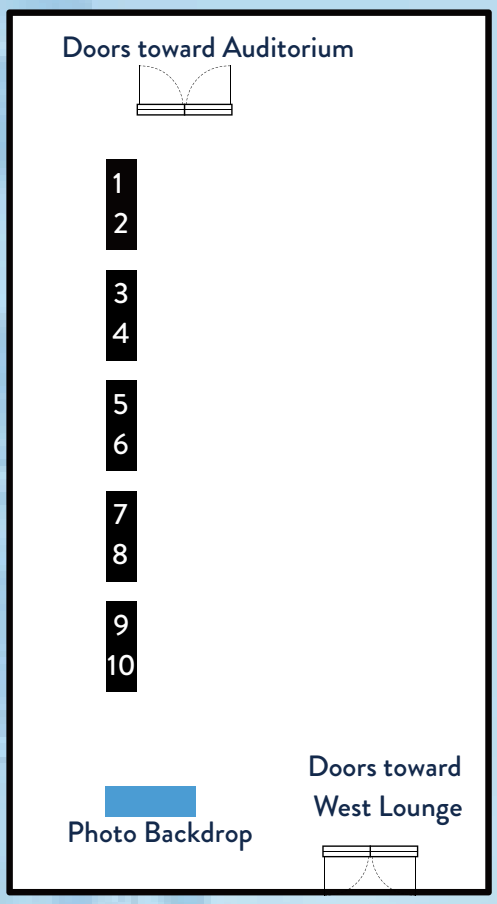
Learn how to understand your financial aid offer, budget aid effectively, and prepare for important dates and receiving funds. This session will also cover common next steps and helpful tips for receiving and applying for financial aid at Carolina.

INFO FAIR - MAP & TABLE LAYOUT GUIDE

Morning: Art Gallery - FPG Student Union 2nd Floor, 8:15-9:30am

Tables will run the length of window wall of the Art Gallery, numbered 1-10 beginning nearest the Auditorium doors with table 1.

Morning Info Fair: 8:15-9:30am (Art Gallery Only)	Table #
Campus Health and BCBS Mandatory Health Insurance	1 & 2
University Compliance Office	3
Summer School	5
UNC Sustainability	7
Office of Scholarship & Student Aid	8
One Card	9
CCI - Laptop (Ground floor of Student Stores)	NA



Afternoon: Art Gallery - 2:15-3:55pm

Afternoon Info Fair: 2:15-3:55pm	Table #
The LGBTQ Center at UNC	1
Fraternity & Sorority Life	2
Student Life and Leadership	3
Carolina Student Legal Services, Inc.	4
UNC Police	5
Office of the Dean of Students	6
Writing and Learning Center	7
Ackland Art Museum	8
Behavioral Threat Assessment	9
Transportation & Parking	10

INFO FAIR - MAP & TABLE LAYOUT GUIDE

Afternoon: Student Stores 2nd Floor, 2:15-3:55pm

Tables will run the length of the central aisle of Student Stores Second Floor beginning near the escalators and continuing along the pathway, numbered 1-12 beginning nearest the escalator with table 1.

Afternoon Info Fair: 2:15-3:55pm	Table #
The Carolina Inn	1
The Carolina Club	2
Student Stores	3
Carolina Alumni	4
Student Rams Club	5
Office of Health Professions	6
Global Languages	7
University Libraries	8
School of Information and Library	9
School of Education	10
UNC Army ROTC Program/Dept.	11
UNC Air Force ROTC Program	12
UNC Marching Band	13
Campus Recreation	14

